

2006 Van Buren County County Youth Health Survey

Coordinated by:

Van Buren County
Hometown Health Improvement

and



Center for Health Statistics

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FOR MORE INFORMATION ABOUT
THE VAN BUREN COUNTY
2006 COUNTY YOUTH HEALTH SURVEY

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■ What is the County Youth Health Survey?

The County Youth Health Survey (CYHS) is a questionnaire designed to measure and monitor health risk behaviors such as smoking, drinking and driving, sexual behaviors that lead to unintended pregnancies and sexually-transmitted diseases (STDs), and obesity among Arkansas' youth. It is based on the 87-item, multiple-choice Youth Risk Behavior Survey System (YRBSS) questionnaire developed in 1990 by the Centers for Disease Control and Prevention (CDC) in Atlanta, Georgia¹ to monitor six categories of priority health risk behaviors among youth and young adults. The YRBSS questionnaire was tested and revised several times prior to implementation to assure that results would be both accurate and useful. The survey has been used nationally, at a statewide level, and locally. It is known as the County Youth Health Survey (CYHS) at the local level.

During February, 2006, valid CYHS questionnaires were completed by 817 seventh through twelfth grade students throughout Van Buren County public schools. The information provided by those students is presented in this report.

■ Why did Van Buren County conduct the CYHS?

Van Buren County Hometown Health Improvement Initiative Coalition (HHI) is working to assess the specific health needs of Van Buren County residents. In order to collect information on the health behaviors of the community's youth, HHI coalition members asked that the County Youth Health Survey be administered to students in the seventh through twelfth grades at Van Buren County schools.

The CYHS will help Van Buren County identify students' current health and safety habits so that improvements can be made where needed. Healthy lifestyles for Van Buren County students mean longer, more productive lives for the county's young people, as well as improved learning in the classroom.

The 2006 CYHS also provides Van Buren County with measures for evaluating future trends in health habits of youth. Survey results can now serve as a valuable tool, particularly for legislators, policy makers, school administrators, and teachers as they make decisions about new disease-prevention and health

¹ The Centers for Disease Control and Prevention. Healthy youth. <http://www.cdc.gov/healthyouth/yrbs/index.htm>

promotion policies, services, programs, and educational activities. Parents and students can use these results to evaluate potential changes toward better health. Specifically, CYHS' findings form a valuable base upon which Van Buren County can strengthen its ability to:

- Establish disease prevention and health promotion policies,
- Plan and implement programs and services,
- Secure funding for programs,
- Allocate limited resources toward targeted needs and priorities,
- Conduct future research and note progress or deficiencies, and
- Enact laws to prevent injuries and unnecessary deaths.

■ How was the CYHS conducted?

During February, 2006, seventh through twelfth grade students enrolled in Van Buren County public schools completed the CYHS. All students who attended school on the day that their school administered the test to their grade were eligible to participate, but their participation was voluntary. The following Van Buren County School Districts' students participated in the survey:

- Clinton
- Shirley
- Southside

■ About This Report

This report summarizes the answers Van Buren County's students gave when asked about the following health issues:

- Behaviors that result in intentional and unintentional injuries,
- Tobacco use,
- Alcohol and other drug use,
- Sexual behaviors that result in HIV infection, other sexually-transmitted diseases (STD's), and unintentional pregnancies,
- Physical activity, and
- Unhealthy dietary behaviors.

This CYHS report also provides a brief overview of:

- The survey's process and procedures,
- Survey questions,
- Students' answers,
- Percentage of CYHS participants giving those answers, and
- Major summary findings.

■ Methodology and interpretation

Van Buren County's 2006 County Youth Health Survey is a "snapshot in time," meaning that it only provides information on those health risk behaviors reported by Van Buren students in February of 2006. Answers in this survey were only as accurate as students' reporting. Each student interpreted the words in each question of the survey according to his or her own definitions. For instance, is a pocketknife a "weapon?" What area does "on school property" include?

Answers were edited for consistency using the Center for Disease Control and Prevention's YRBSS data editing guidelines. For example, if a student reported that he or she had driven under the influence of alcohol, but reported that he or she had never had a drink of alcohol, the answers for those questions were deleted from the survey. Additionally, some students chose not to answer certain questions; meaning that not all students surveyed were represented in every response.

The percentages presented in this report were rounded to the nearest whole percent. For example, 75.5% would be reported as 76%, while 75.4% would be reported as 75%. Due to this rounding, total percentages may add up to 99% or 101%.

Sincere Appreciation To:

- The superintendents, principals, counselors, nurses, and teachers of Van Buren County schools who so graciously gave of their time and energy to see this survey through to its completion;
- The Van Buren County students who completed the CYHS questionnaires;
- The United States Centers for Disease Control and Prevention, Division of Adolescent and School Health's Surveillance Research Section, which developed the survey process and questionnaire;
- Kathleen Courtney and the Arkansas Department of Education for support and assistance with this project.

■ Key Findings

Behaviors that Contribute to Unintentional Injuries and Violence

- Ninety-four percent (94%) of the students who had **ridden a bicycle** in the year prior to the survey indicated that they had **never or rarely worn a helmet**.
- Twenty-five percent (25%) of the students surveyed said that during the previous month they had **ridden in a vehicle** driven by someone who had **been drinking alcohol**.
 - Eleven percent (11%) indicated they had **driven a vehicle** after **drinking alcohol** during the past 30 days.
- Twenty-eight percent (28%) of students had **carried a weapon** such as a gun, knife, or club in the past 30 days, and 7% had **carried a weapon on school property** during that time.

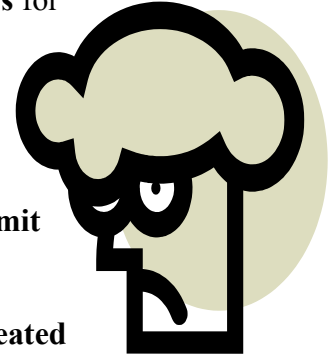


- During the 12 months preceding the survey, 38% of the students had **been in a physical fight** one or more times. Of those students who had been in a physical fight, 9% had had to be **treated for injuries** sustained while fighting.
- Eleven percent (11%) of the students surveyed reported they had **been hit, slapped, or physically hurt** on purpose **by a boyfriend or girlfriend** at least once during their lives.
- Seven percent (7%) of the students indicated they had been **forced to have sexual intercourse** when they did not want to **at least once** during their lives.

■ Key Findings (cont'd)

Depression and Suicide

- Thirty percent (30%) of students indicated they **had felt so sad or hopeless** for two weeks or longer that they had **stopped doing some of their usual** activities.
- During the 12 months before being surveyed, 17% of students had **seriously considered attempting suicide**, 14% had made **a plan about** how they **would attempt suicide**, and 9% had actually **attempted to commit suicide**.
 - Three percent (3%) of students surveyed reported they had been **treated by a doctor or nurse** for an injury, overdose, or poisoning resulting from a suicide attempt.



Tobacco Use

- Fifty-nine percent (59%) of the students surveyed said they had tried **smoking a cigarette**. Twenty-two percent (22%) reported they had **smoked cigarettes** on one or more of the **past 30 days**.
 - Of the students who had smoked during the past month, 70% said they usually **smoked two or more cigarettes** on the days they had smoked, and 13% said they usually **got their own cigarettes** by purchasing them at a store.
- Thirteen percent (13%) of the students had **used chewing tobacco or snuff** on one or more of the past 30 days, and 6% had used it on **school property**.
- Twelve percent (12%) of the students surveyed indicated they had **smoked cigars, cigarillos, or little cigars** at least once during the previous month.



■ Key Findings (cont'd)

Alcohol and Other Drug Use

- Seventy percent (70%) of the students surveyed indicated they had had at least **one drink of alcohol** other than just a few sips at least once during their lives, and 38% had taken their **first drink by the age of 13**.



- Forty percent (40%) of the students had taken at least **one drink of alcohol in the month** before the survey, and 26% had had **five or more drinks in a row**, that is, within a couple of hours, on one or more of the **past 30 days**.
- Thirty-two percent (32%) of the students said they had **used marijuana at least once** during their lives. Fifteen percent (15%) said they had **smoked marijuana at least once during the last month**.
- Twenty-two percent (22%) said they had **sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays** to get high at least once during their lives.

- Eight percent (8%) of the students surveyed had **tried methamphetamines**, 2% had tried **heroin**, and 8% had tried **cocaine** at least once during their lives. Two percent (2%) had **used a needle** to inject an **illegal drug** into their bodies at least once.
- Five percent (5%) of the students surveyed had **taken steroid pills or shots** without a doctor's prescription.

Sexual Activity

- Forty-four percent (44%) of the students who completed the survey said they had **had sexual intercourse**.

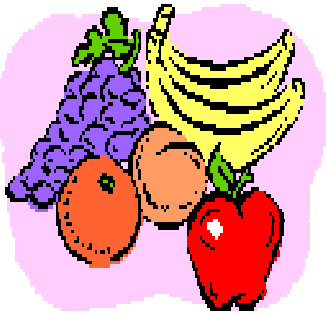


- Fourteen percent (14%) of the students reported **having had four or more sexual partners during their lifetimes**.
- Of the students who had had sexual intercourse, 25% had **used drugs or alcohol before their last sexual encounter**, and 70% had **used a condom** the last time they had sex.

■ Key Findings (cont'd)

Overweight and Weight Control

- Twenty-six percent (26%) of the students surveyed **were overweight**, as measured by body mass index. The body mass index, or BMI, is a ratio of weight to height. This allows people of different heights to be compared.



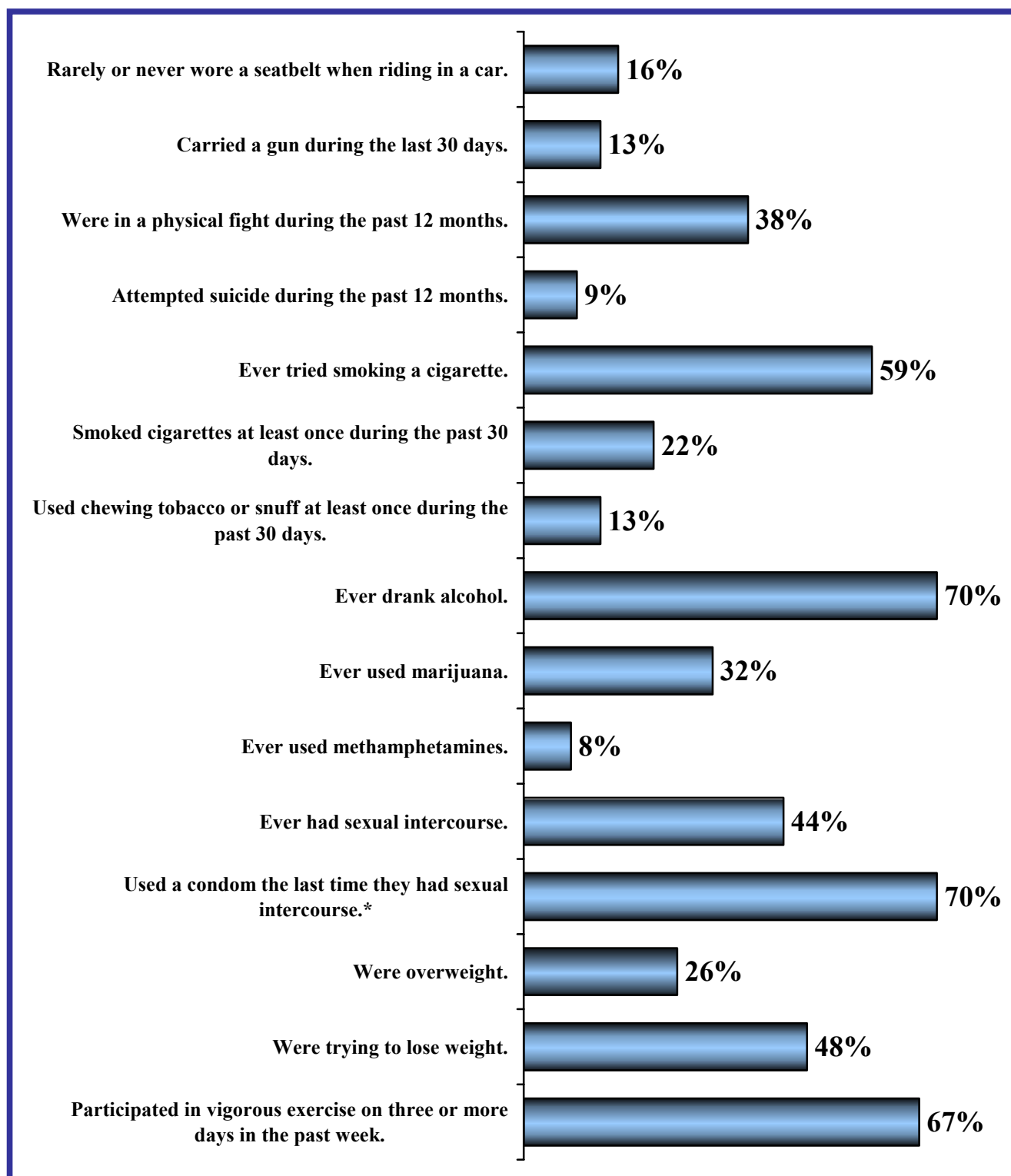
- While only 26% of the students are **considered overweight** as measured by BMI, 34% of the students **perceived themselves** as slightly to very overweight, and 48% reported that they were **trying to lose weight**.
- Thirty-nine percent (39%) of the students had eaten **less during the past 30 days** to lose or keep from gaining weight, and 63% had **exercised**, 7% had **vomited or took laxatives**, 8% had taken **diet pills**, and 15% had gone **without eating** for 24 hours or more to lose weight or keep from gaining weight.

Physical Activity

- Sixty-seven percent (67%) of the students surveyed said they had **participated in a physical activity** for at least 30 minutes that had made them sweat and breathe hard on three or more of the past 7 days.
- Forty-two percent (42%) said they had **participated in a physical activity for at least 30 minutes** on three or more days during the past week which did not make them sweat or breathe hard.
- Fifty-eight percent (58%) of the students had **attended a physical education (PE)** class at least once during an average school week, and 61% said they had played on one or more sports teams during the past year.

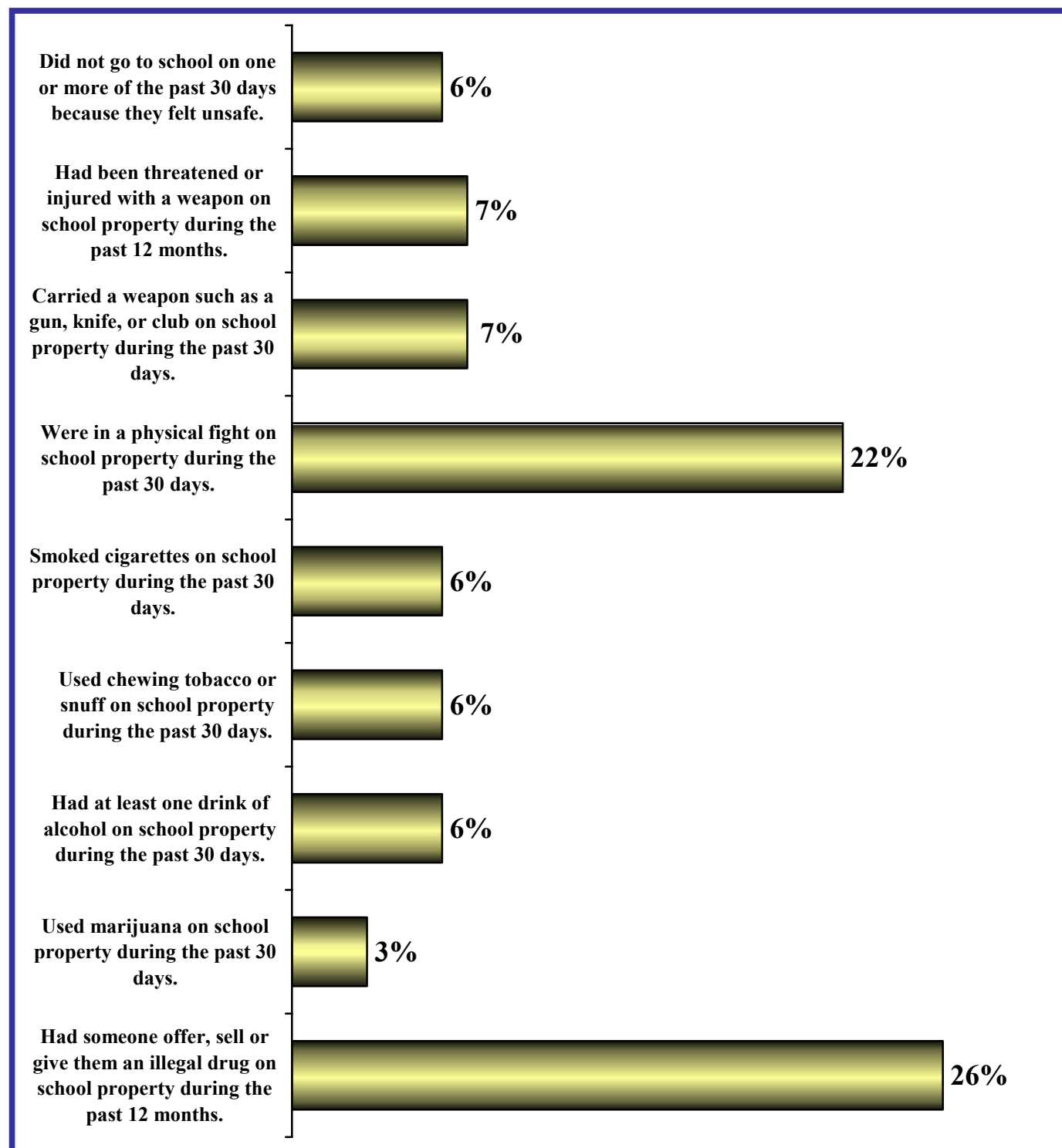


Figure 1: Summary of Van Buren County 2006 CYHS Findings



* of those who had ever had sexual intercourse

Figure 2: Summary of Behaviors on School Property



Demographics of Survey Participants

Total number of survey participants = 817

Figure 3: Gender

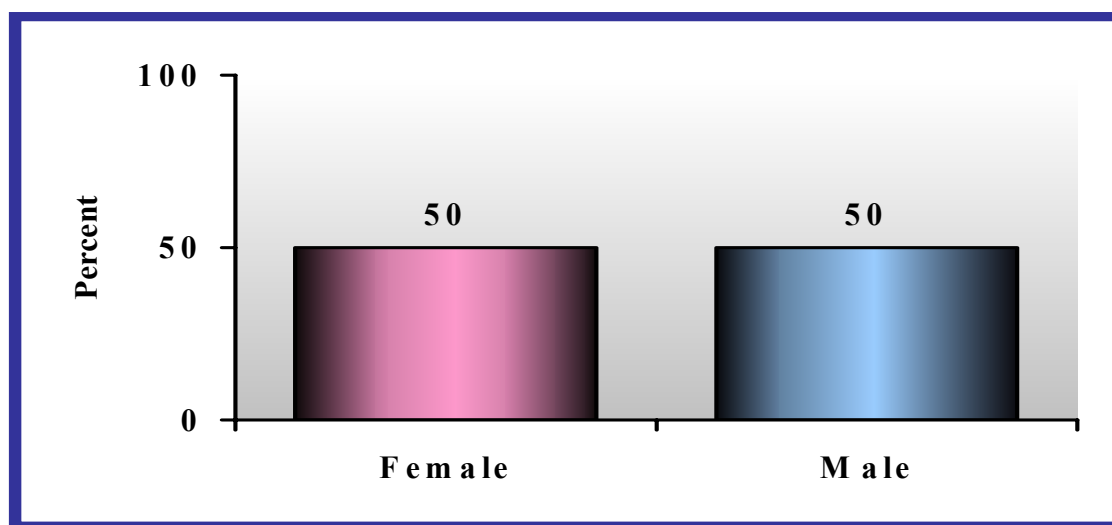
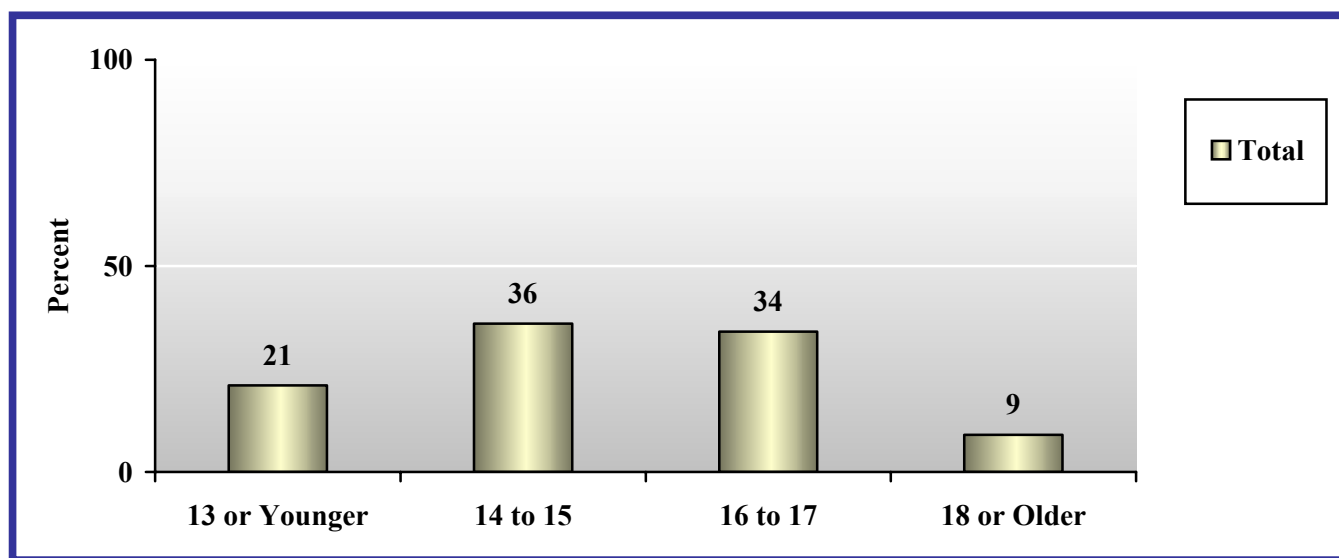


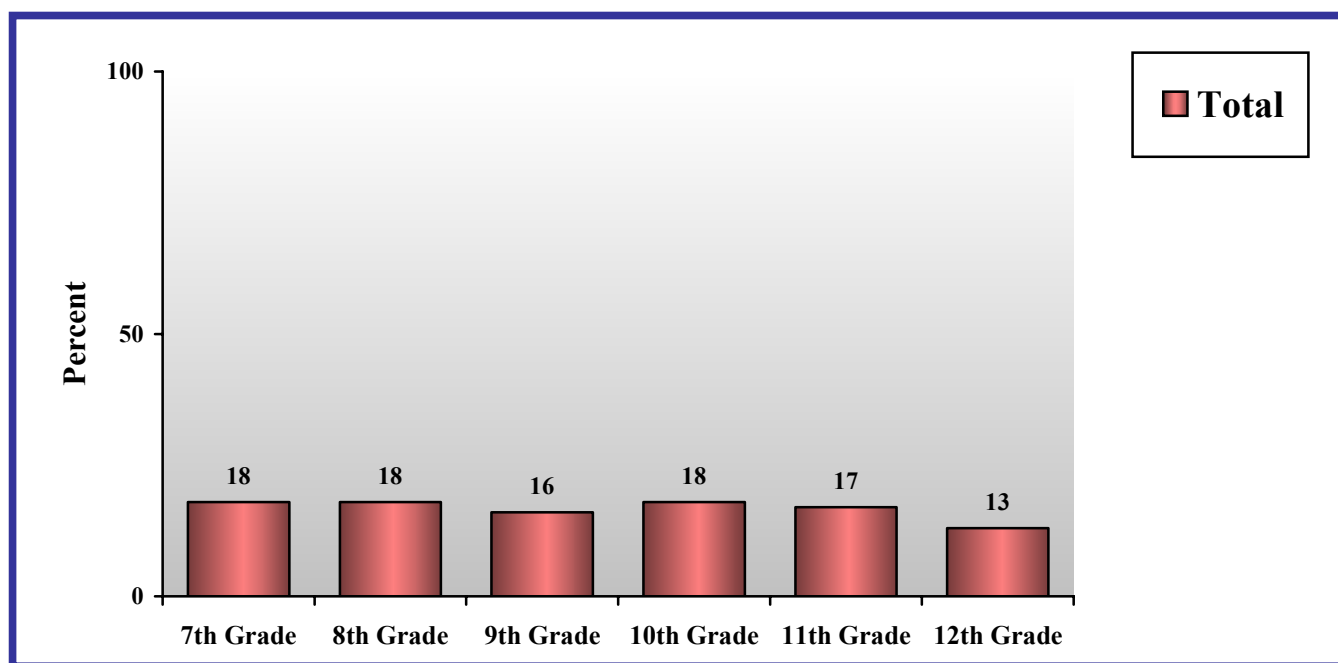
Figure 4: Age



Demographics of Survey Participants

Total number of survey participants = 817

Figure 5: Grade



Behaviors that Contribute to Unintentional Injuries

Seat Belt Use:

- The percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else.

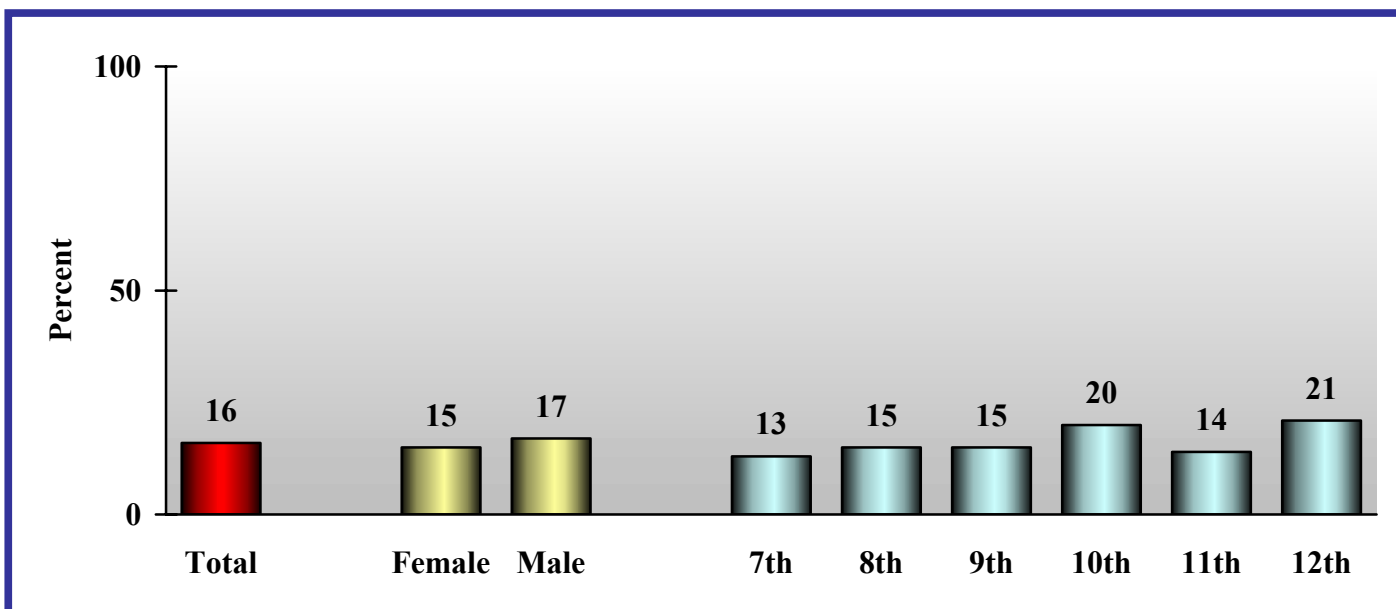
Bicycle Helmet Use:

- Of the students who rode a bicycle during the past twelve months, the percentage who never or rarely wore a bicycle helmet.

Table 1: Unintentional Injuries – Seat Belt and Bicycle Helmet Use

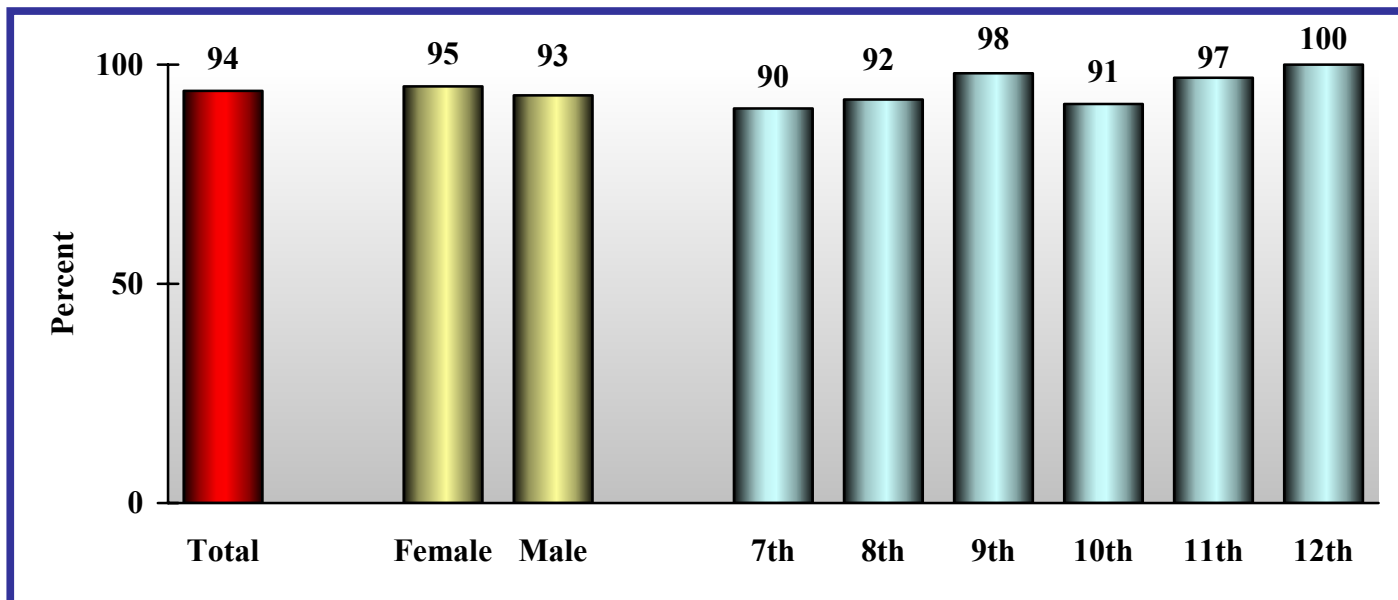
Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Never or rarely wore a seat belt	16	15	17	13	15	15	20	14	21
Never or rarely wore a bicycle helmet	94	95	93	90	92	98	91	97	100

Figure 6: Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else.



Behaviors that Contribute to Unintentional Injuries (cont'd)

Figure 7: Of students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet.



Behaviors that Contribute to Unintentional Injuries (cont'd)

Rode with a Driver who had been drinking Alcohol:

- The percentage of students who during the past thirty days rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol.

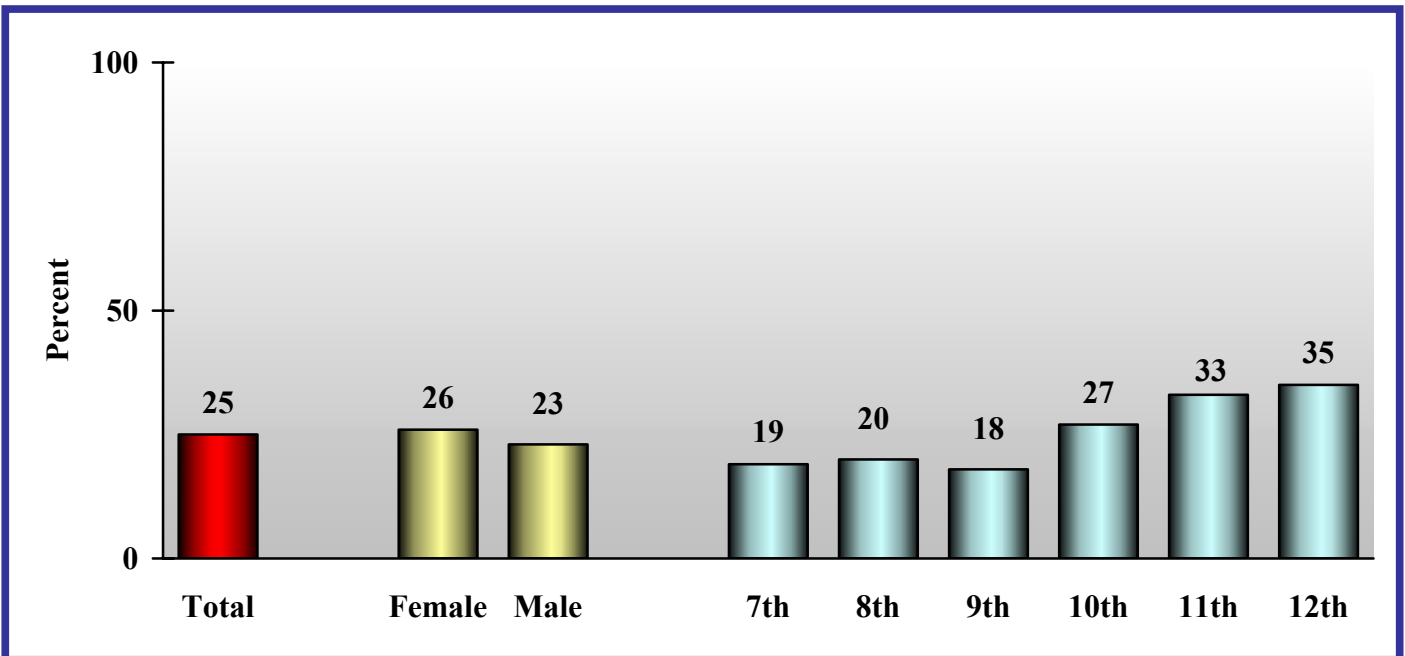
Drink and Driving:

- Percentage of students who during the past thirty days drove a car or other vehicle one or more times when they had been drinking alcohol.

Table 2: Unintentional Injuries – Drink and Driving

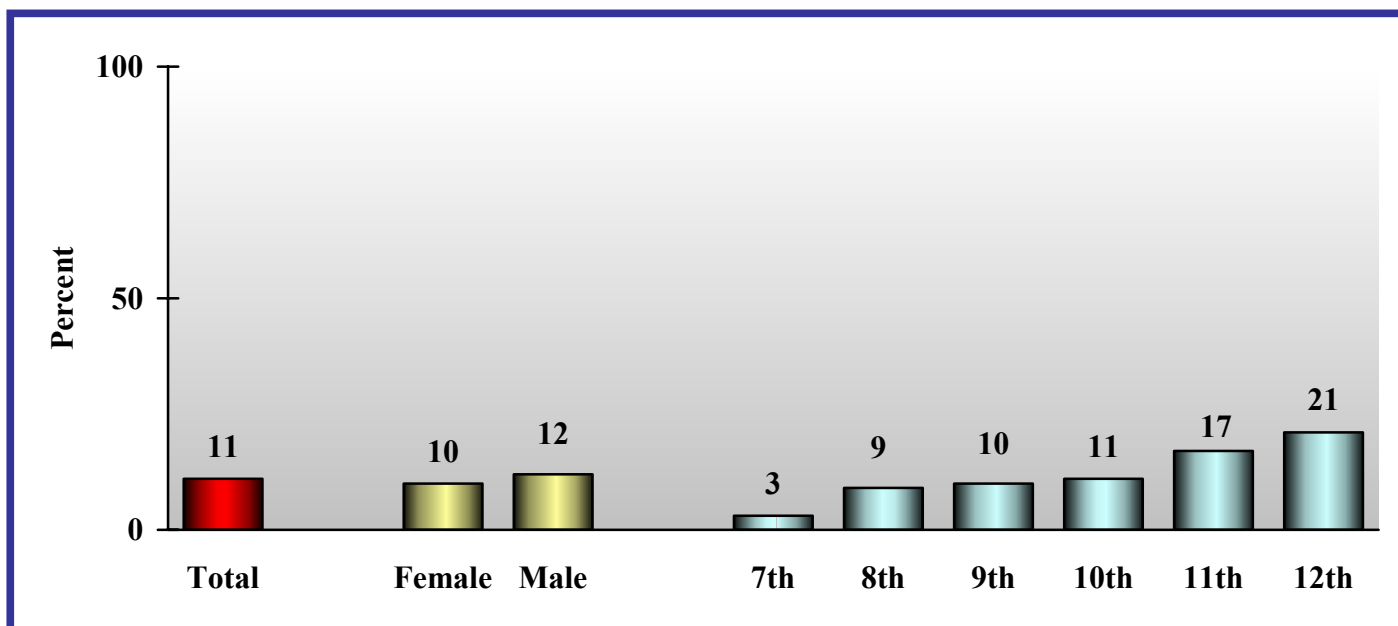
Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Rode with a driver who had been drinking alcohol	25	26	23	19	20	18	27	33	35
Drink and driving	11	10	12	3	9	10	11	17	21

Figure 8: Percentage of students who during the past thirty days rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol.



Behaviors that Contribute to Unintentional Injuries (cont'd)

Figure 9: Percentage of students who during the past thirty days drove a car or other vehicle one or more times when they had been drinking alcohol.



Behaviors that Contribute to Violence

Carried a weapon:

- The percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past thirty days.

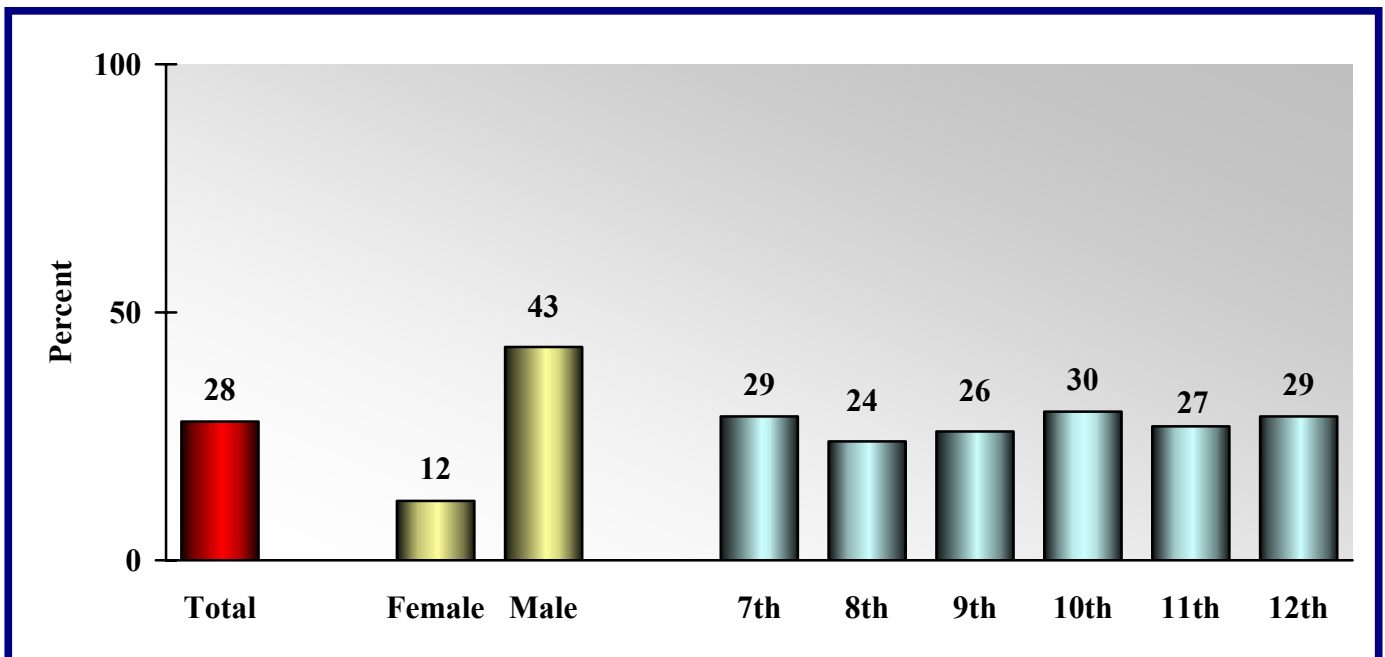
Carried a gun:

- Percentage of students who carried a gun on one or more of the past thirty days.

Table 3: Behaviors that Contribute to Violence - Carrying a Weapon or Gun

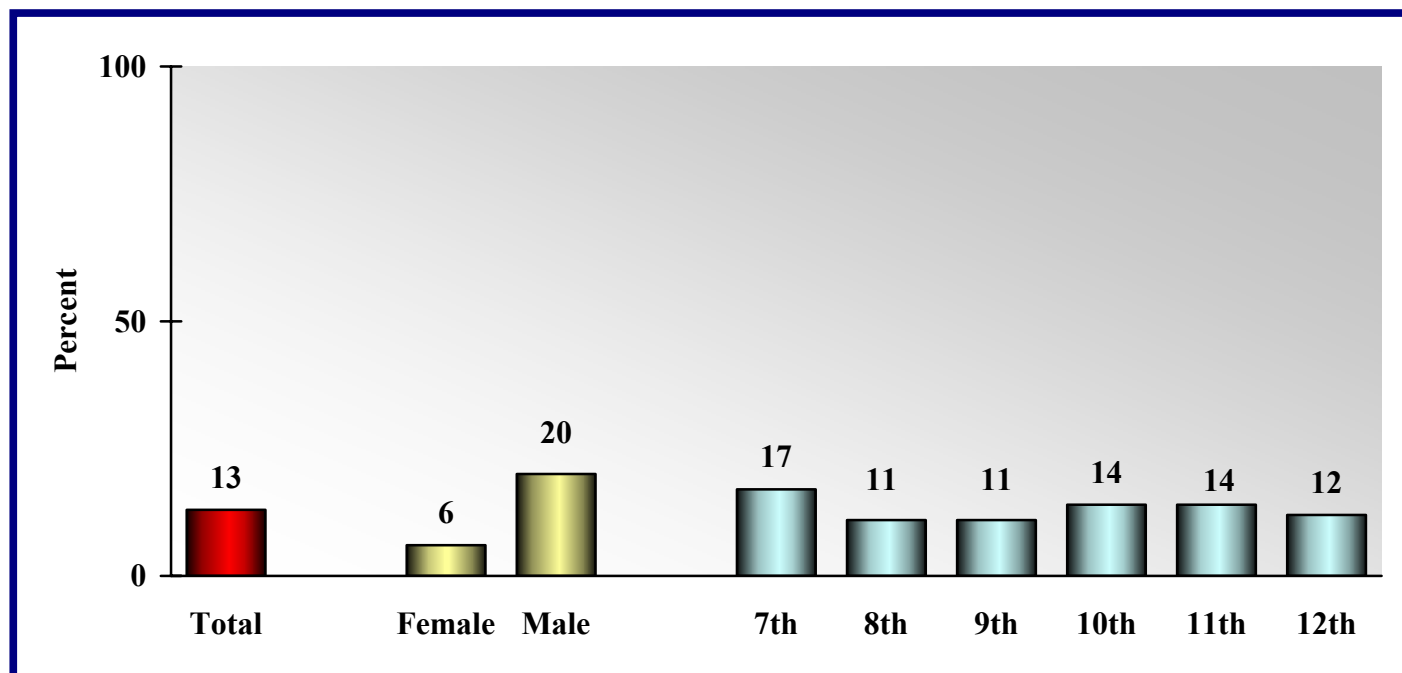
Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Carried a weapon	28	12	43	29	24	26	30	27	29
Carried a gun	13	6	20	17	11	11	14	14	12

Figure 10: Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past thirty days.



Behaviors that Contribute to Violence (cont'd)

Figure 11: Percentage of students who carried a gun on one or more of the past thirty days.



Behaviors that Contribute to Violence (cont'd)

In a Physical Fight:

- The percentage of students who were in a physical fight one or more times during the past twelve months.

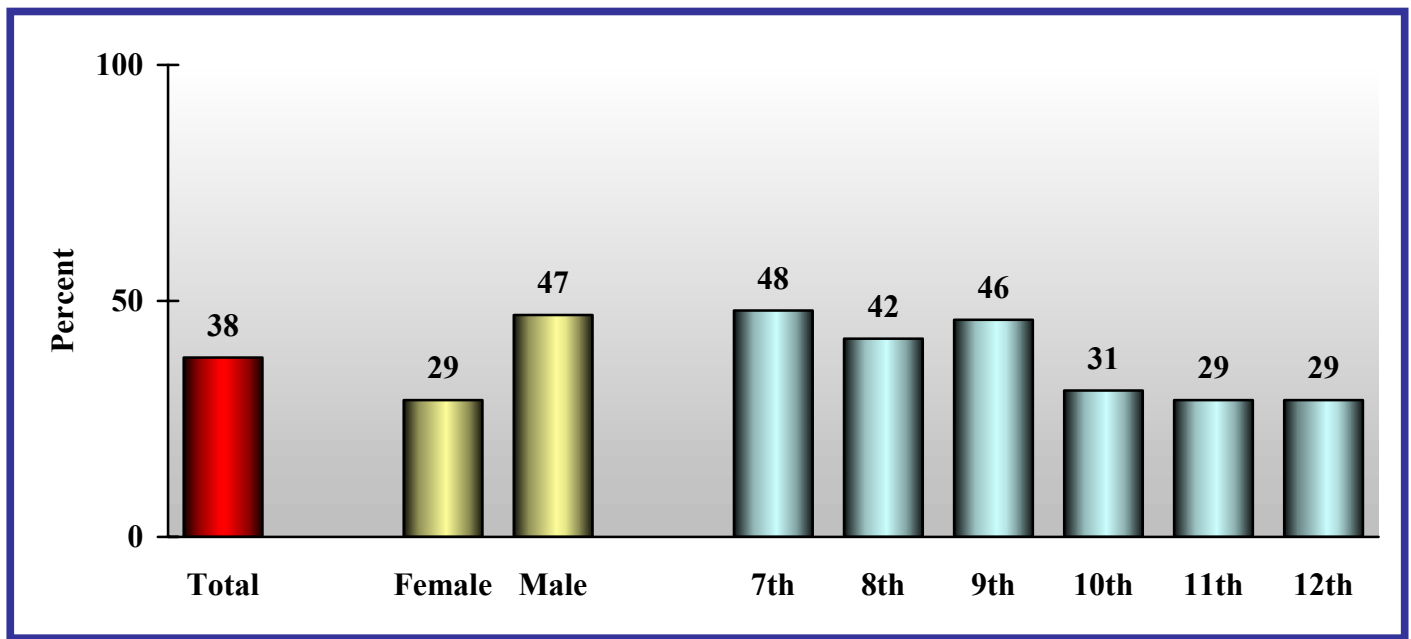
Injured in a Physical Fight:

- Of the students who had been in a physical fight in the past twelve months, the percentage who had to be treated by a doctor or nurse one or more times.

Table 4: Behaviors that Contribute to Violence – Physical Fighting

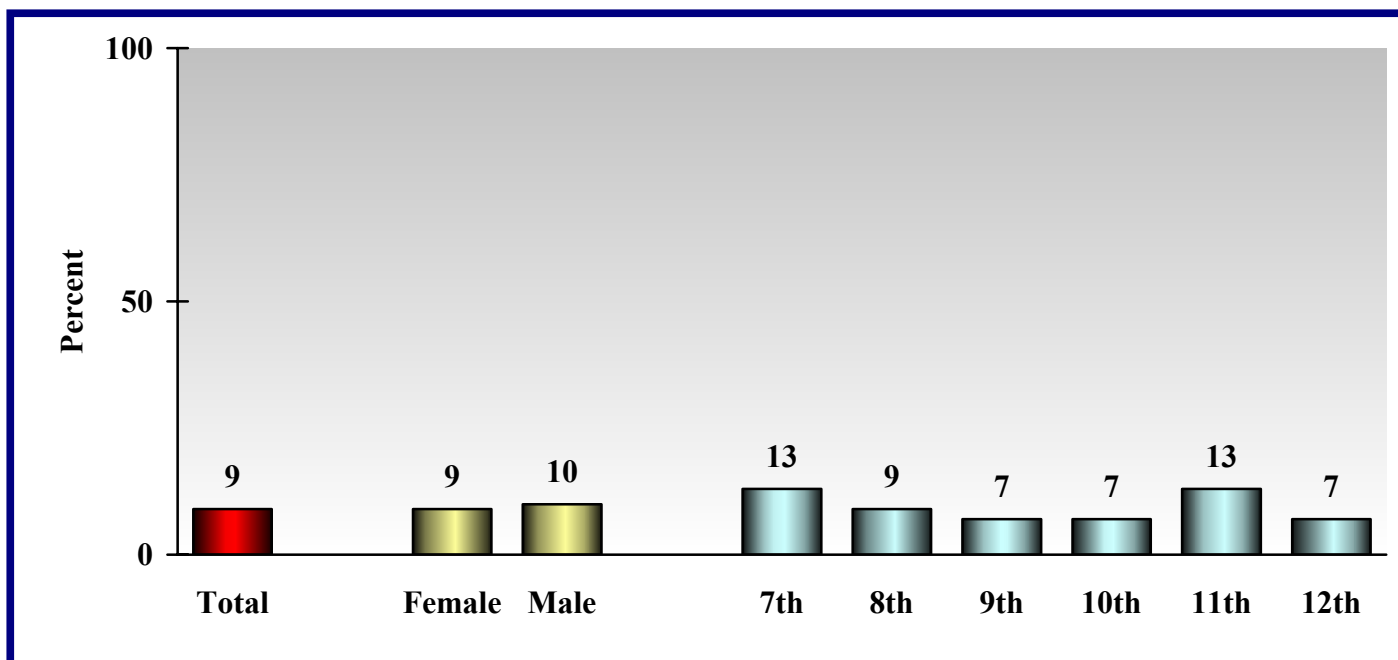
Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
In a physical fight	38	29	47	48	42	46	31	29	29
Injured in a physical fight	9	9	10	13	9	7	7	13	7

Figure 12: The percentage of students who were in a physical fight one or more times during the past twelve months.



Behaviors that Contribute to Violence (cont'd)

Figure 13: Of students who had been in a physical fight in the past twelve months, the percentage who had had to be treated by a doctor or nurse one or more times.



Behaviors that Contribute to Violence (cont'd)

Dating Violence:

- The percentage of students who were hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend.

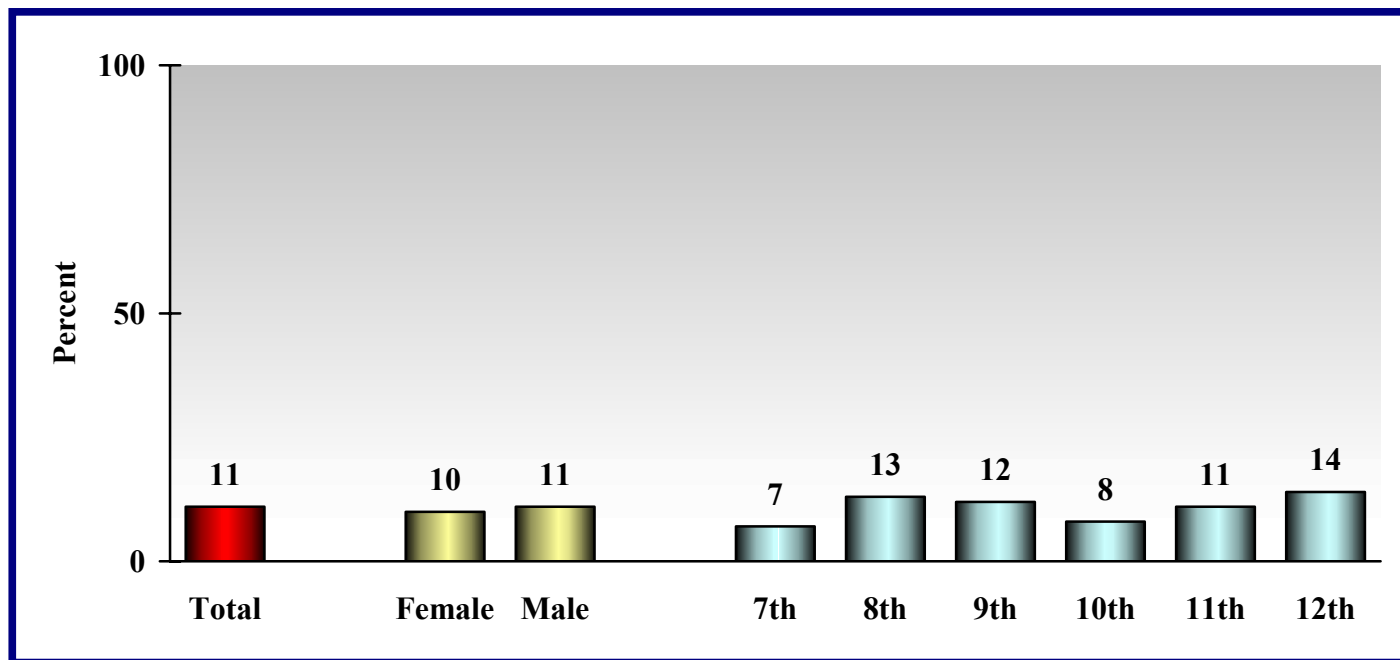
Forced to have Sexual Intercourse:

- Percentage of students who have ever been forced to have sexual intercourse when they did not want to.

Table 5: Behaviors that Contribute to Violence – Dating Violence and Forced Sexual Intercourse

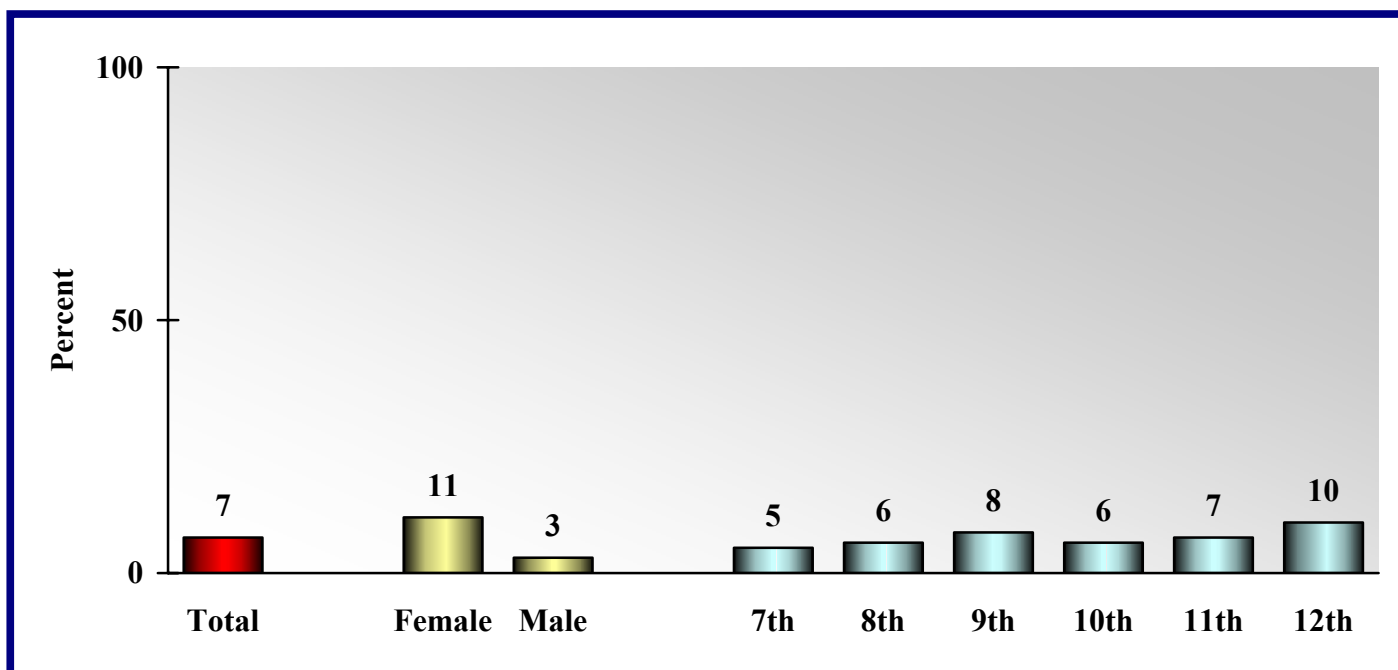
Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Dating violence	11	10	11	7	13	12	8	11	14
Forced sexual intercourse	7	11	3	5	6	8	6	7	10

Figure 14: The percentage of students who were hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend



Behaviors that Contribute to Violence (cont'd)

Figure 15: Percentage of students who have ever been forced to have sexual intercourse when they did not want to.



Depression and Suicide

Felt Sad or Hopeless:

- The percentage of students who felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities during the past twelve months.

Seriously Considered Attempting Suicide:

- Percentage of students who seriously considered attempting suicide during the past twelve months.

Made a Suicide Plan:

- The percentage of students who made a plan about how they would attempt suicide during the past twelve months.

Attempted Suicide:

- Percentage of students who actually attempted suicide one or more times during the past twelve months.

Treated suicide attempt:

- Percentage of students who attempted suicide during the past twelve months resulting in injury, poisoning or overdose that had to be treated by a doctor or nurse.

Table 6: Depression and Suicide

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Felt sad or hopeless	30	40	20	24	37	31	26	31	32
Seriously considered attempting suicide	17	23	12	15	21	17	19	14	16
Made a suicide plan	14	18	9	12	17	15	13	11	15
Attempted suicide	9	11	7	8	13	10	12	6	4
Treated suicide attempt	3	3	2	2	3	3	3	2	1

Depression and Suicide (cont'd)

Figure 16: Percentage of students who felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities during the past twelve months.

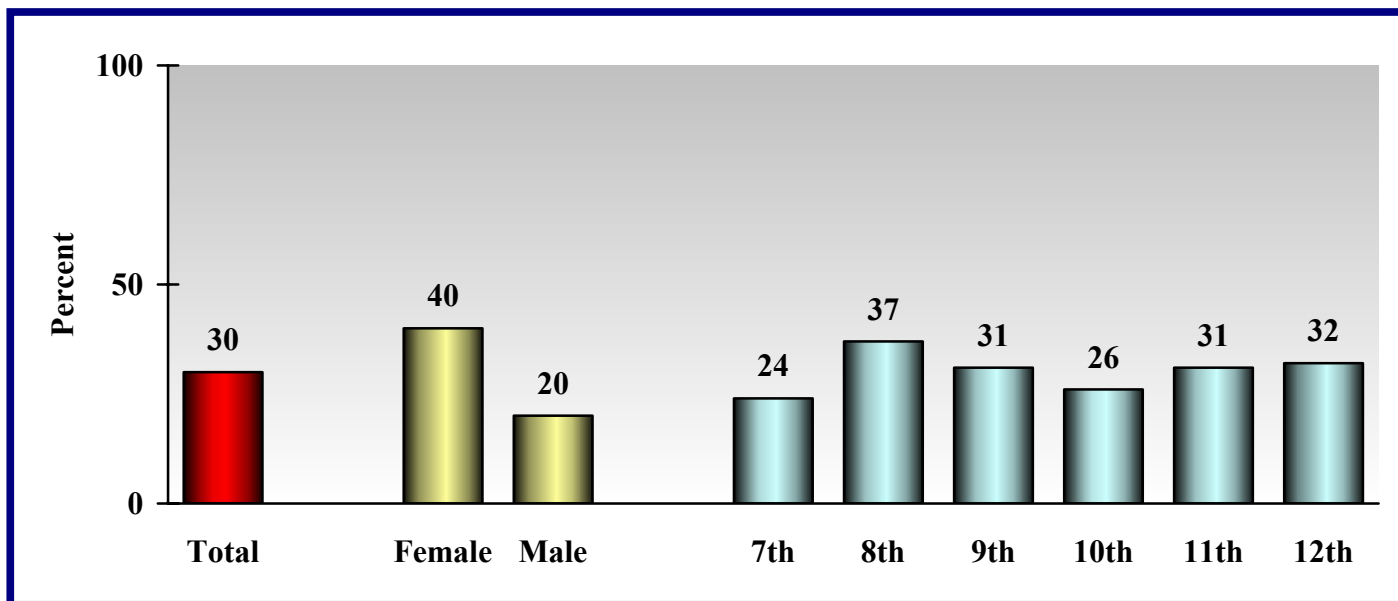
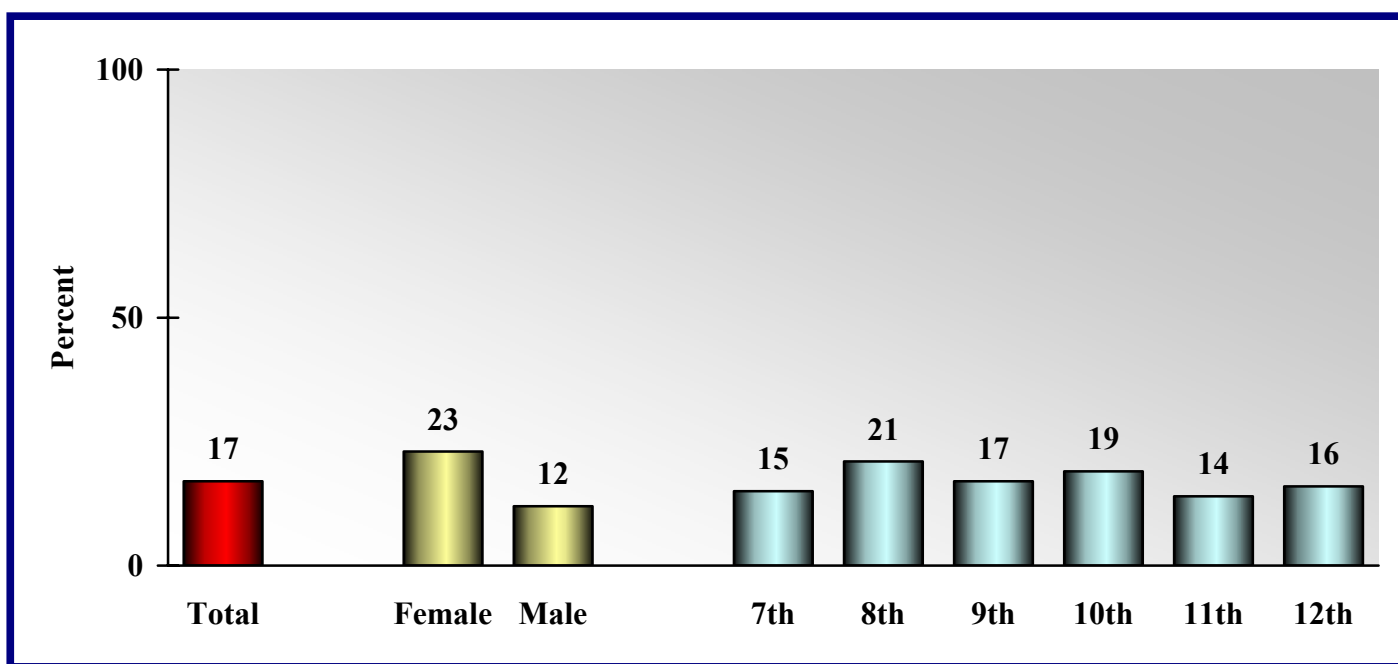


Figure 17: Percentage of students who seriously considered attempting suicide during the past twelve months.



Depression and Suicide (cont'd)

Figure 18: Percentage of students who made a plan about how they would attempt suicide during the past twelve months.

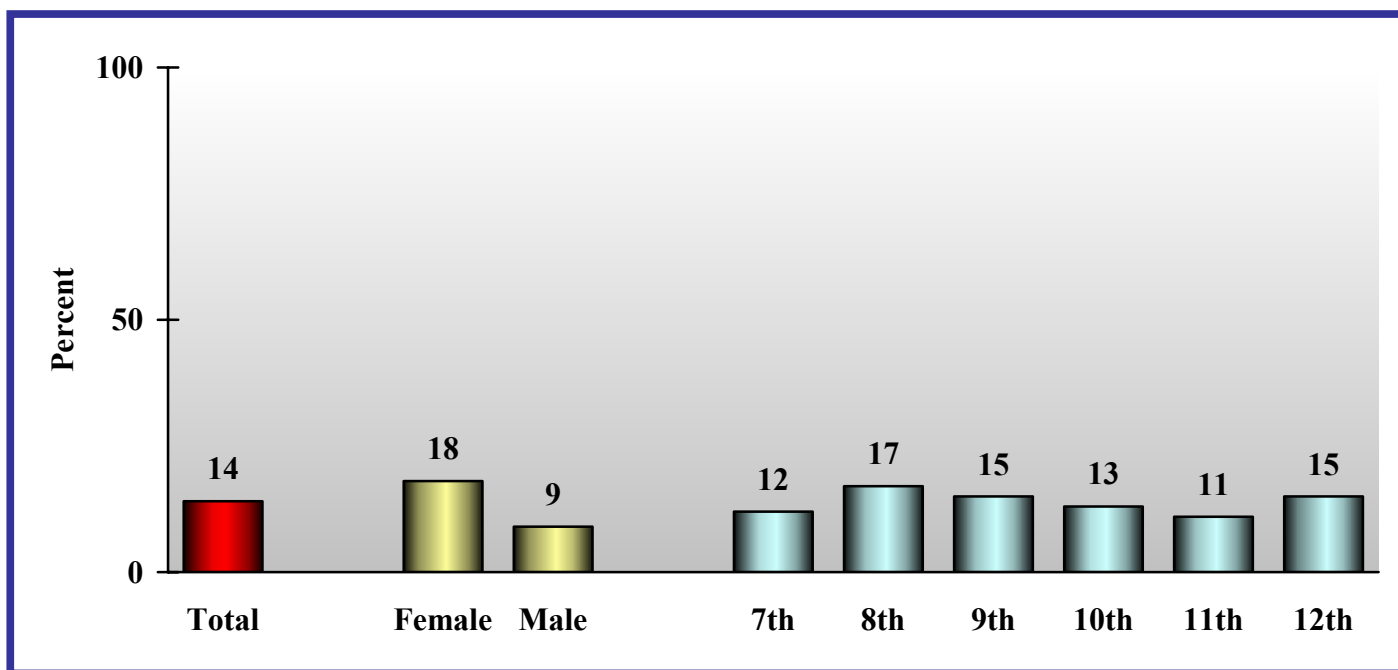
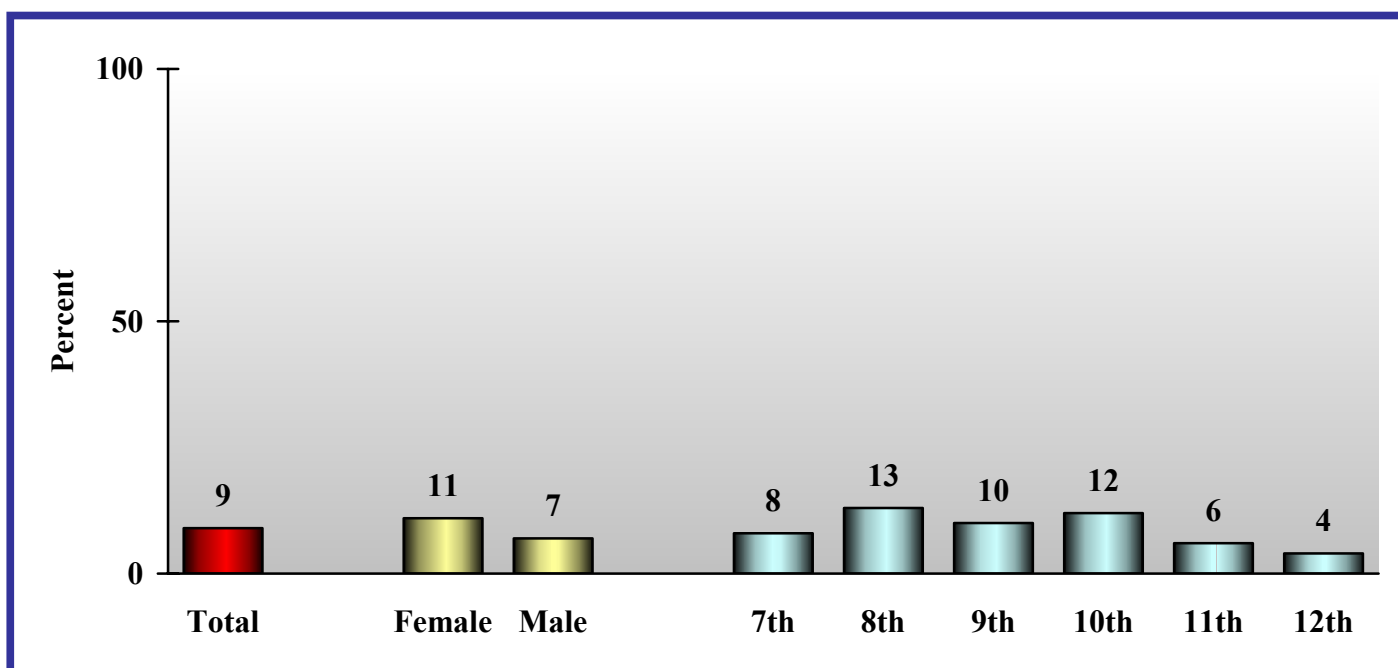
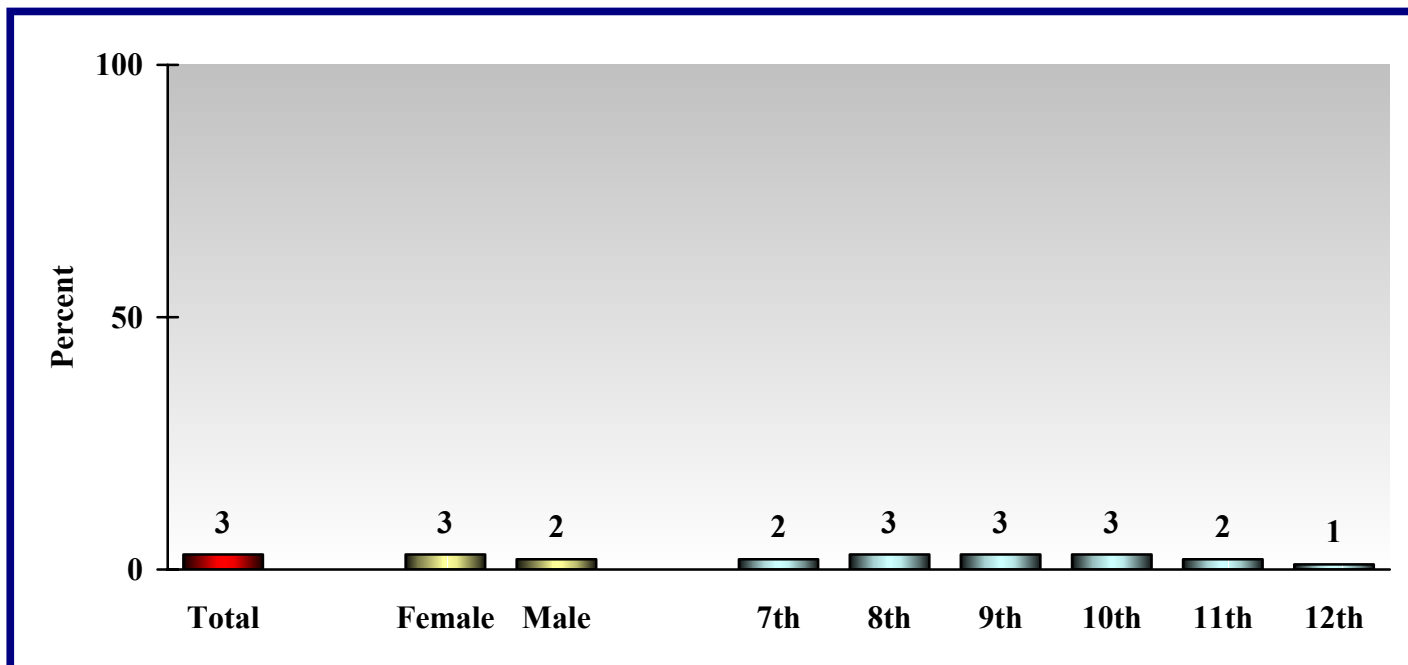


Figure 19: Percentage of students who actually attempted suicide one or more times during the past twelve months.



Depression and Suicide (cont'd)

Figure 20: Percentage of students who attempted suicide during the past twelve months resulting in injury, poisoning or overdose that had to be treated by a doctor or nurse.



Tobacco Use – Cigarette Smoking

Lifetime Cigarette Smoking:

- The percentage of students who ever tried cigarette smoking, even one or two puffs.

Early Initiation – Cigarette Smoking:

- Percentage of students who smoked a whole cigarette for the first time before age thirteen.

Current Cigarette Use:

- The percentage of students who smoked cigarettes on one or more of the past thirty days

Smoked > 2 Cigarettes/Day:

- Of the students who smoked during the past thirty days, the percentage that smoked two or more cigarettes per day on the days they smoked.

Personally bought Cigarettes:

- Of students who smoked during the past thirty days, the percentage who usually got their own cigarettes by buying them in a store or gas station.

Tried to Quit Smoking Cigarettes

- Of the students who smoked regularly, the percentage who ever tried to quit smoking cigarettes.

Table 7: Tobacco Use – Cigarette Smoking

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Lifetime cigarette smoking	59	59	59	46	54	61	61	65	69
Early initiation – cigarette smoking	25	27	24	26	28	25	27	28	20
Current cigarette use	22	26	18	13	18	18	28	26	31
Smoked > 2 cigarettes/day	70	73	66	63	64	59	65	84	80
Personally bought cigarettes	13	10	19	0	4	0	3	18	47
Tried to quit smoking cigarettes	58	63	49	70	56	69	48	48	70

Tobacco Use – Cigarette Smoking (cont'd)

Figure 21: Percentage of students who ever tried cigarette smoking, even one or two puffs.

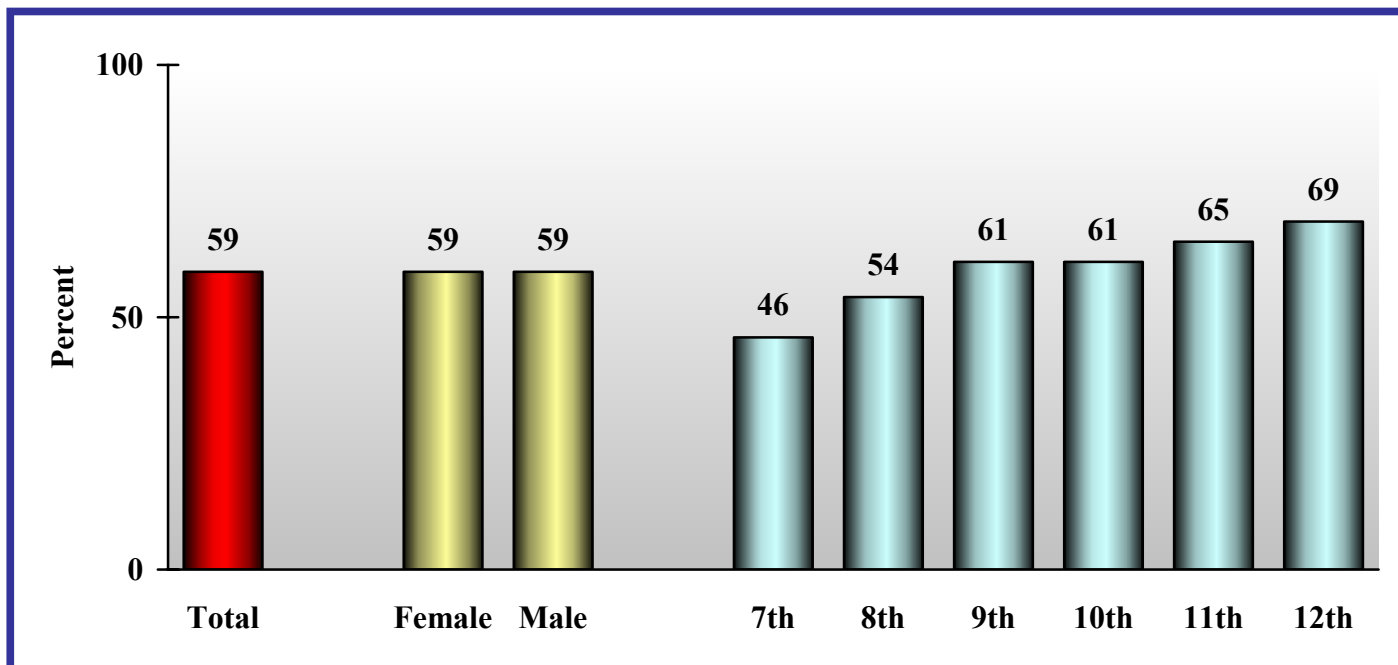
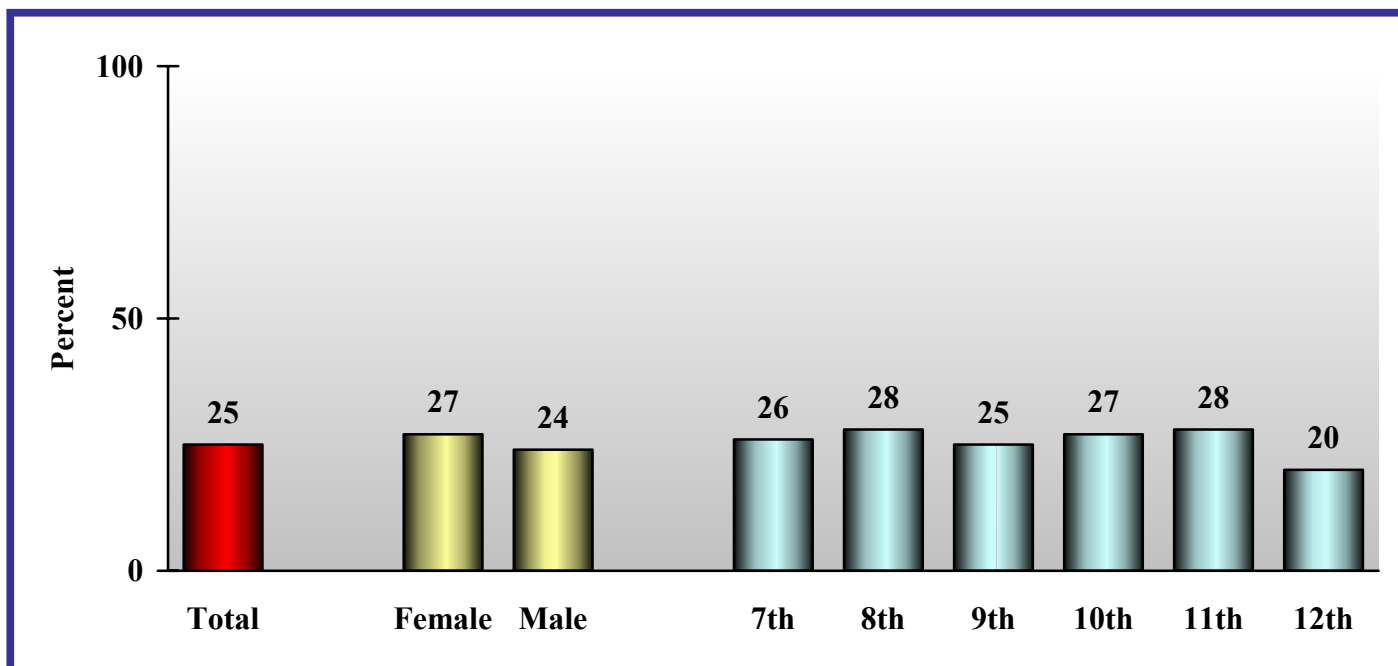


Figure 22: Percentage of students who smoked a whole cigarette for the first time before age thirteen.



Tobacco Use – Cigarette Smoking (cont'd)

Figure 23: Percentage of students who smoked cigarettes on one or more of the past thirty days.

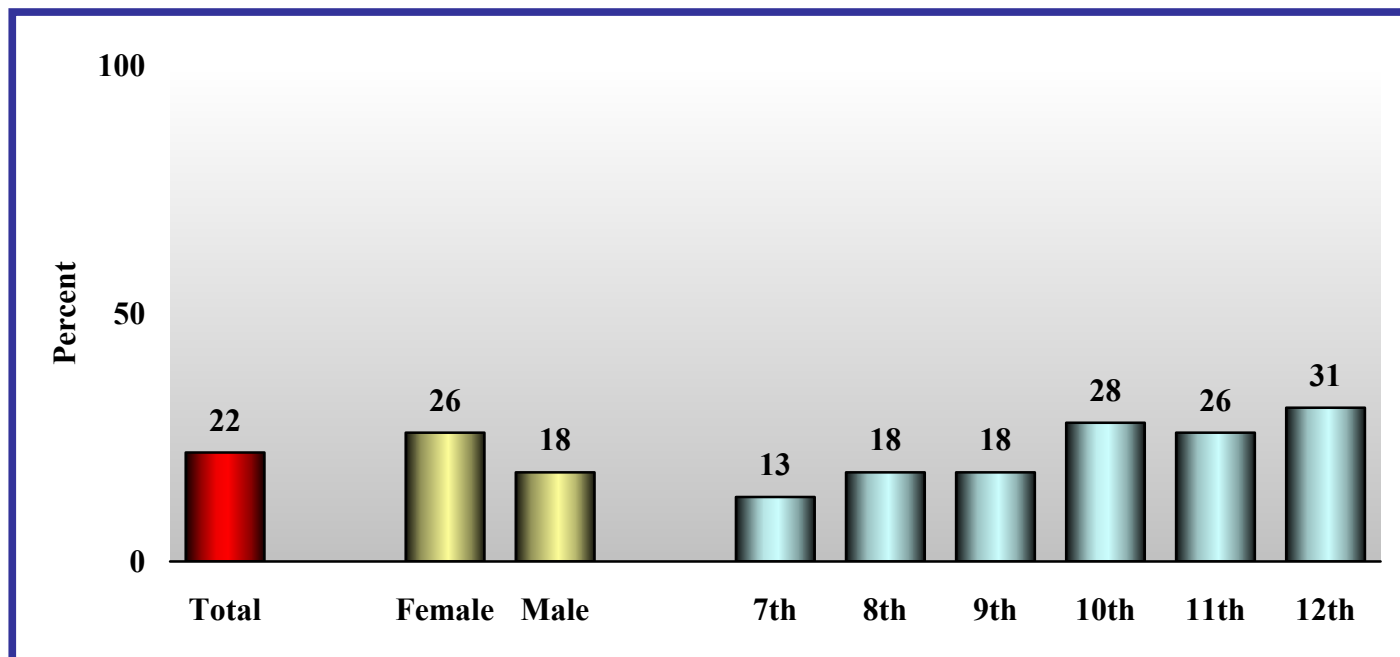
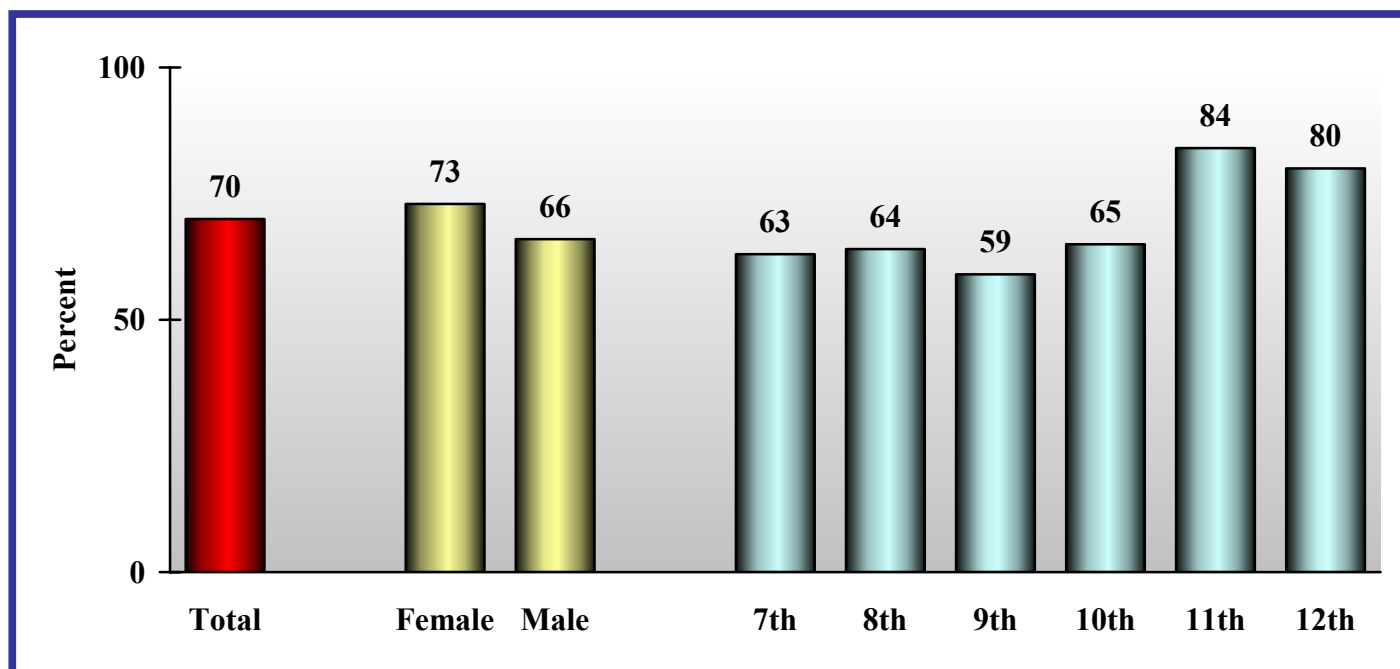


Figure 24: Of the students who smoked during the past thirty days, the percentage that smoked two or more cigarettes per day on the days they smoked.



Tobacco Use – Cigarette Smoking (cont'd)

Figure 25: Of students who smoked during the past thirty days, percentage who usually got their own cigarettes by buying them in a store or gas station during the past thirty days.

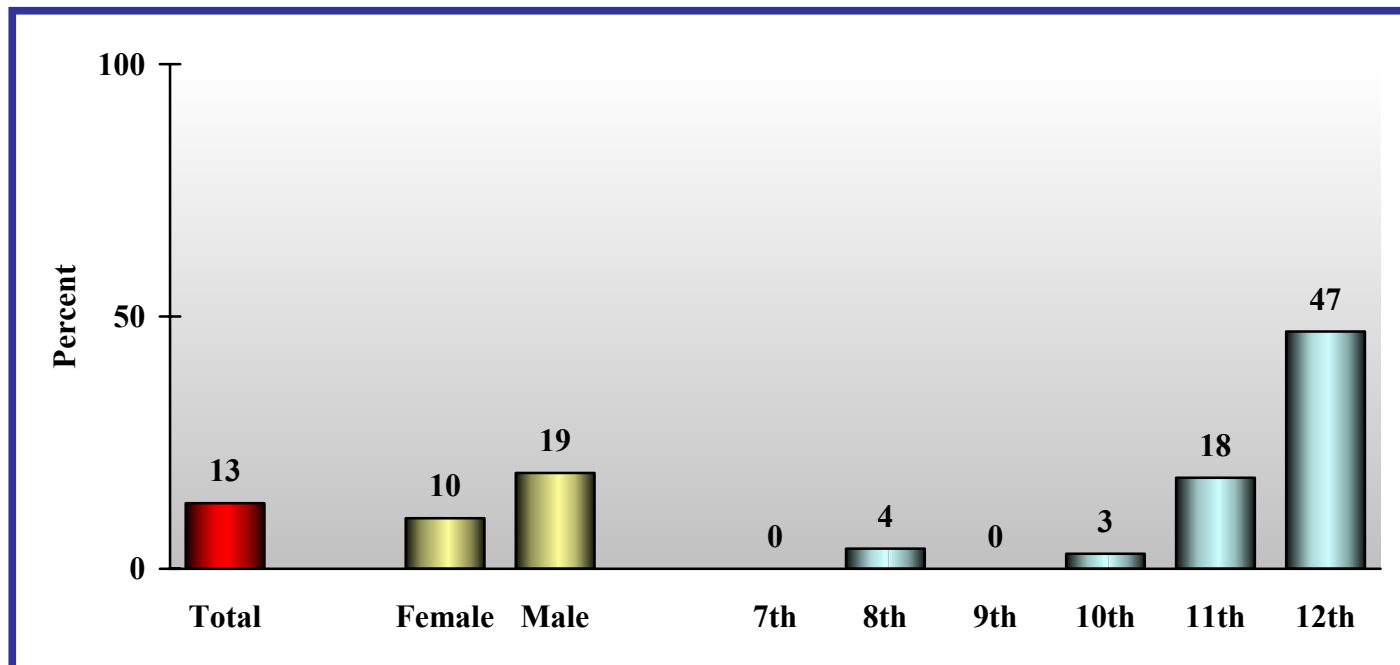
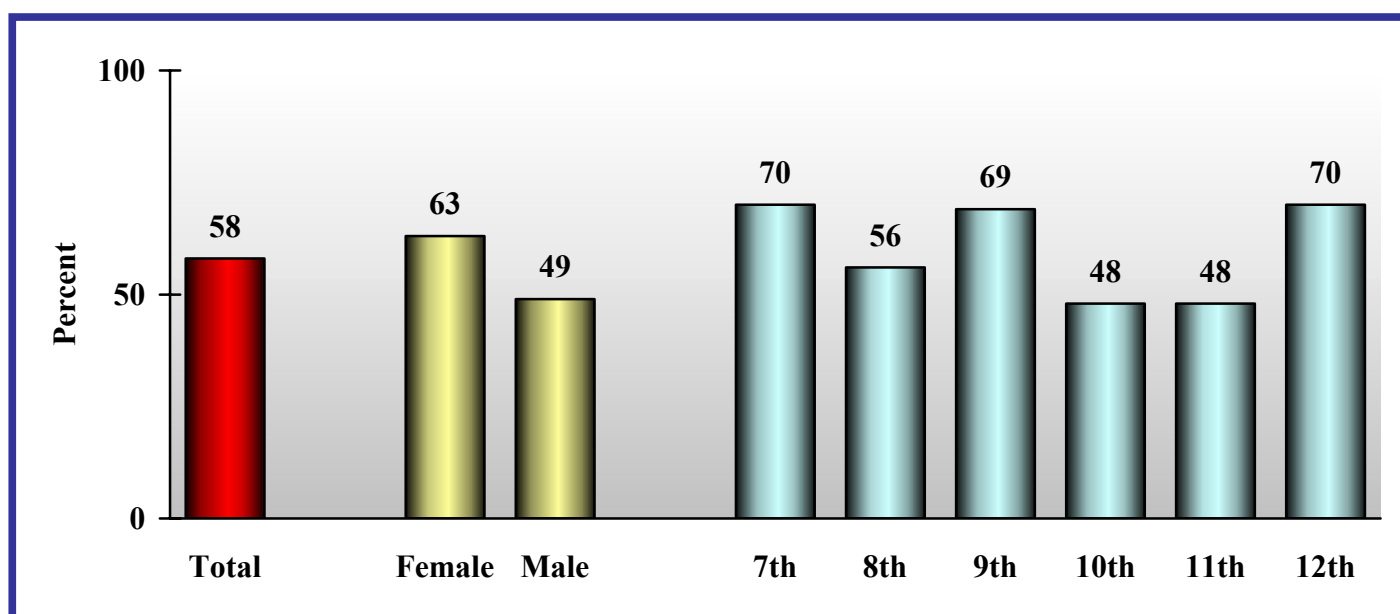


Figure 26: Of the students who have smoked regularly, the percentage who ever tried to quit smoking cigarettes during the past twelve months.



Tobacco Use – Other Uses

Current Smokeless Tobacco Use:

- Percentage of students who used chewing tobacco or snuff on one or more of the past thirty days.

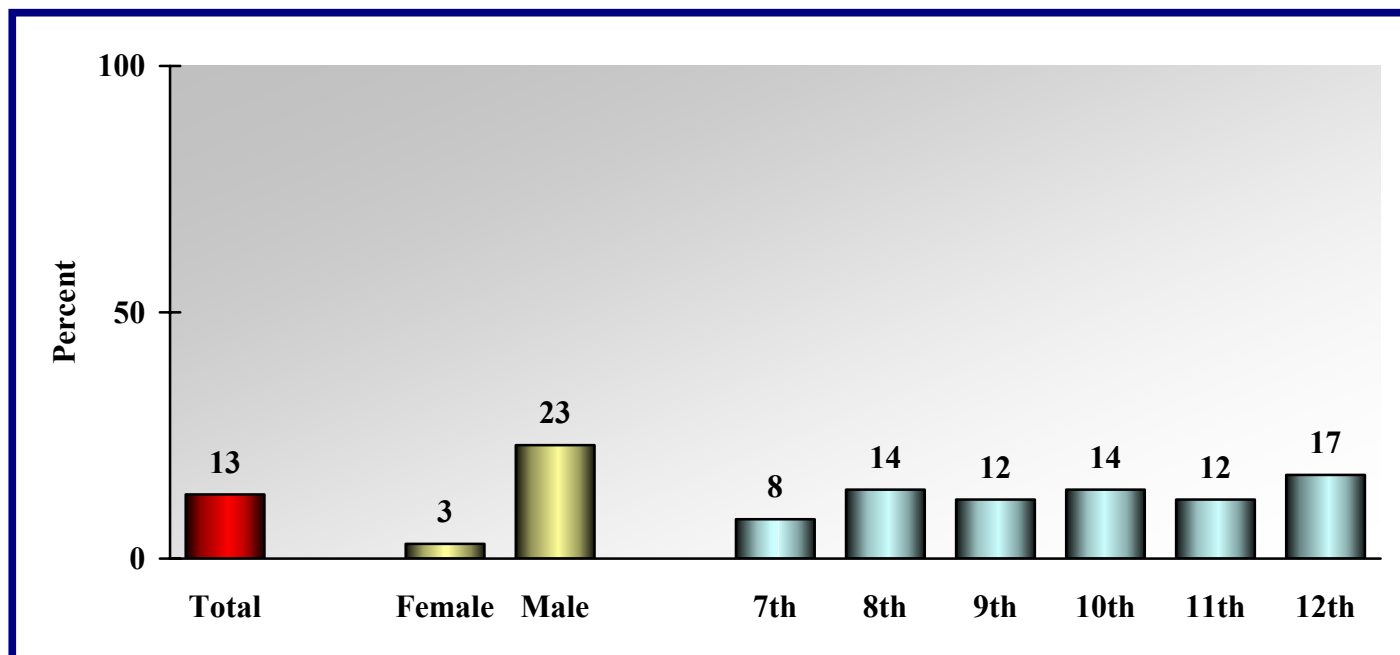
Current Cigar Use:

- Percentage of students who smoked cigars, cigarillos, or little cigars during the past thirty days.

Table 8: Other Tobacco Uses

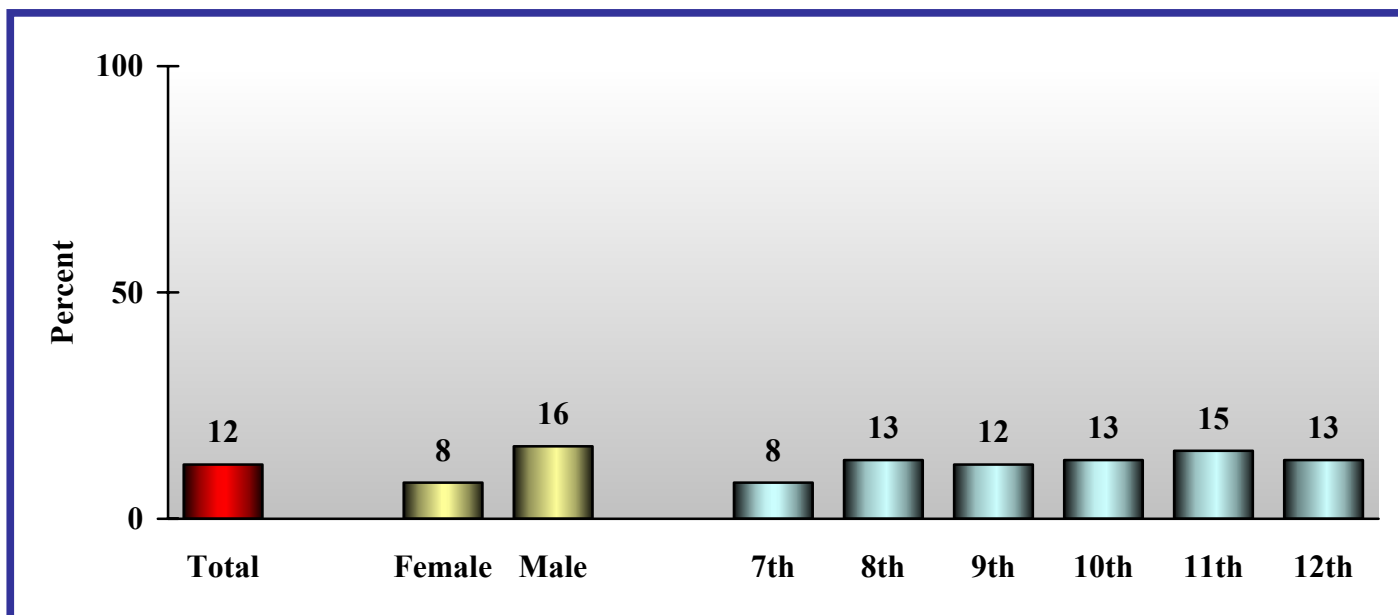
Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Current smokeless tobacco use	13	3	23	8	14	12	14	12	17
Current cigar use	12	8	16	8	13	12	13	15	13

Figure 27: Percentage of students who used chewing tobacco or snuff on one or more of the past thirty days.



Tobacco Use – Other Uses (cont'd)

Figure 28: Percentage of students who smoked cigars, cigarillos, or little cigars during the past thirty days.



Alcohol Use

Lifetime Alcohol Use:

- The percentage of students who had at least one drink of alcohol on one or more days during their life.

Early Initiation – Alcohol Use:

- Percentage of students who had their first drink of alcohol other than a few sips before age thirteen.

Current Alcohol Use:

- Percentage of students who had at least one drink of alcohol on one or more of the past thirty days.

Heavy Alcohol Use:

- Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past thirty days.

Table 9: Alcohol Use

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Lifetime alcohol use	70	71	69	46	67	74	75	76	83
Early initiation – alcohol use	38	36	41	41	55	46	35	30	19
Current alcohol use	40	42	39	18	37	36	51	50	55
Heavy alcohol use	26	27	26	11	22	23	31	34	41

Alcohol Use (cont'd)

Figure 29: Percentage of students who had at least one drink of alcohol on one or more days during their life.

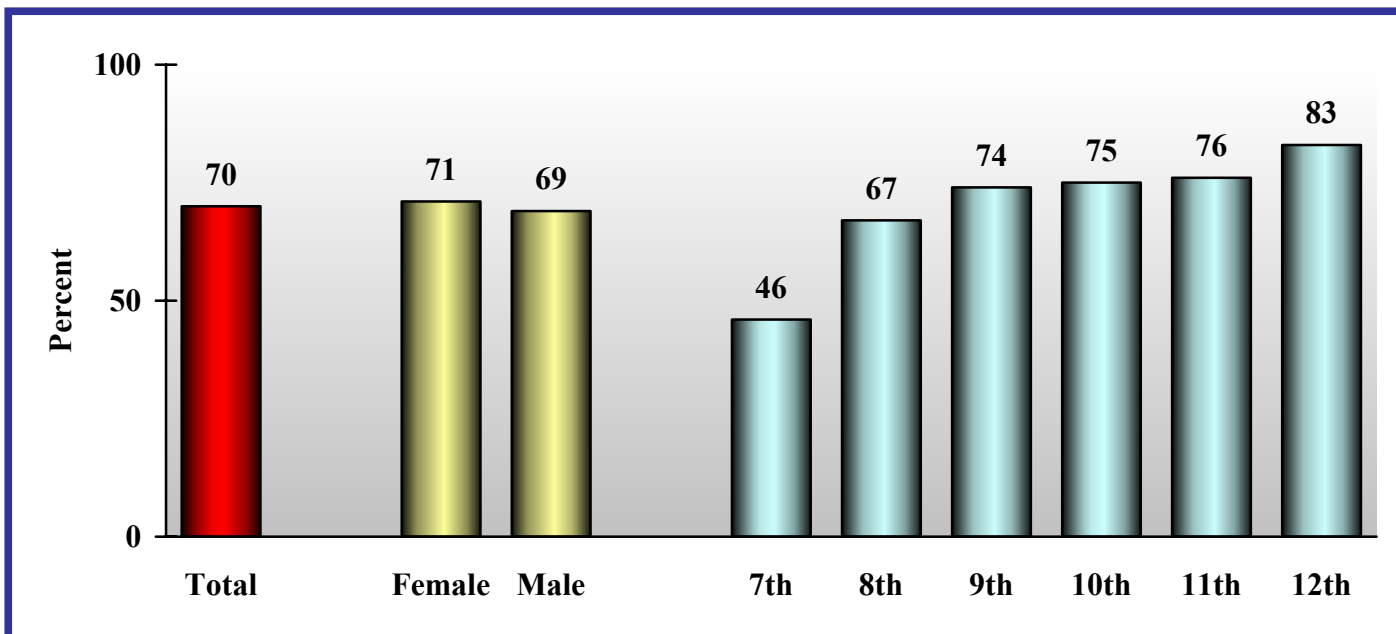
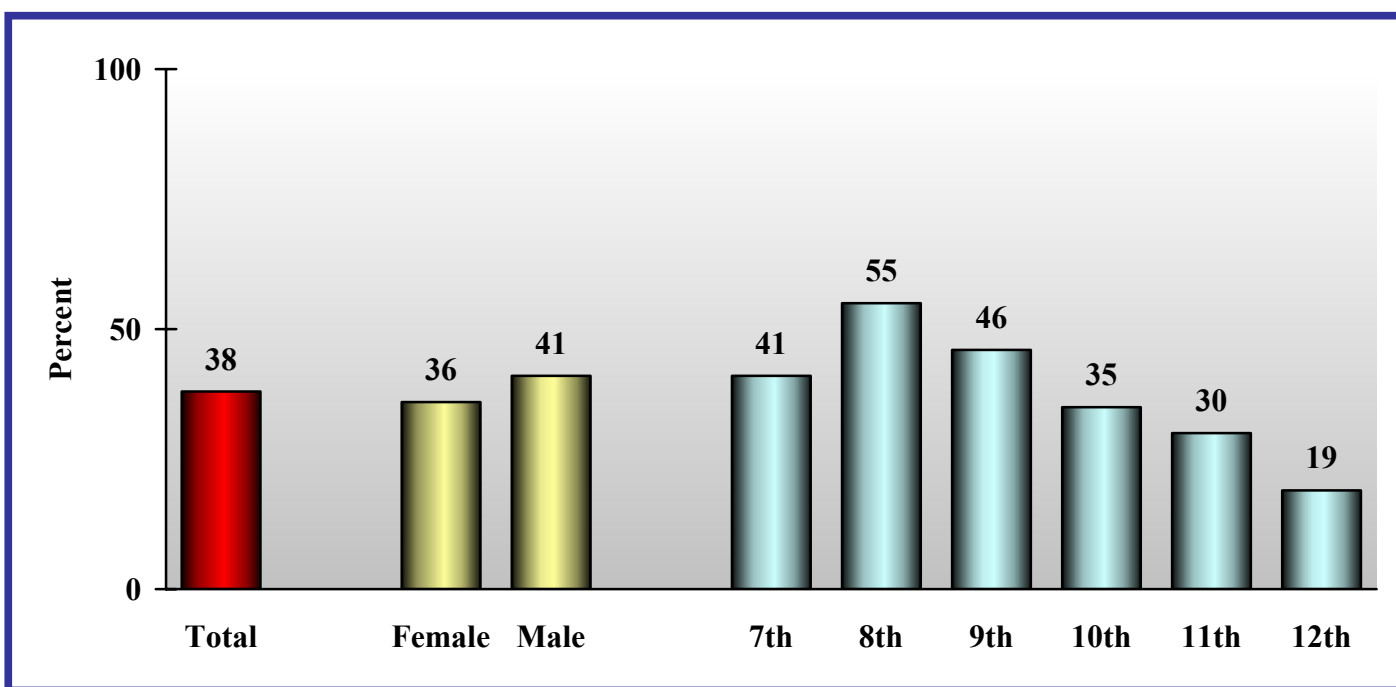


Figure 30: Percentage of students who had their first drink of alcohol other than a few sips before age thirteen.



Alcohol Use (cont'd)

Figure 31: Percentage of students who had at least one drink of alcohol on one or more of the past thirty days.

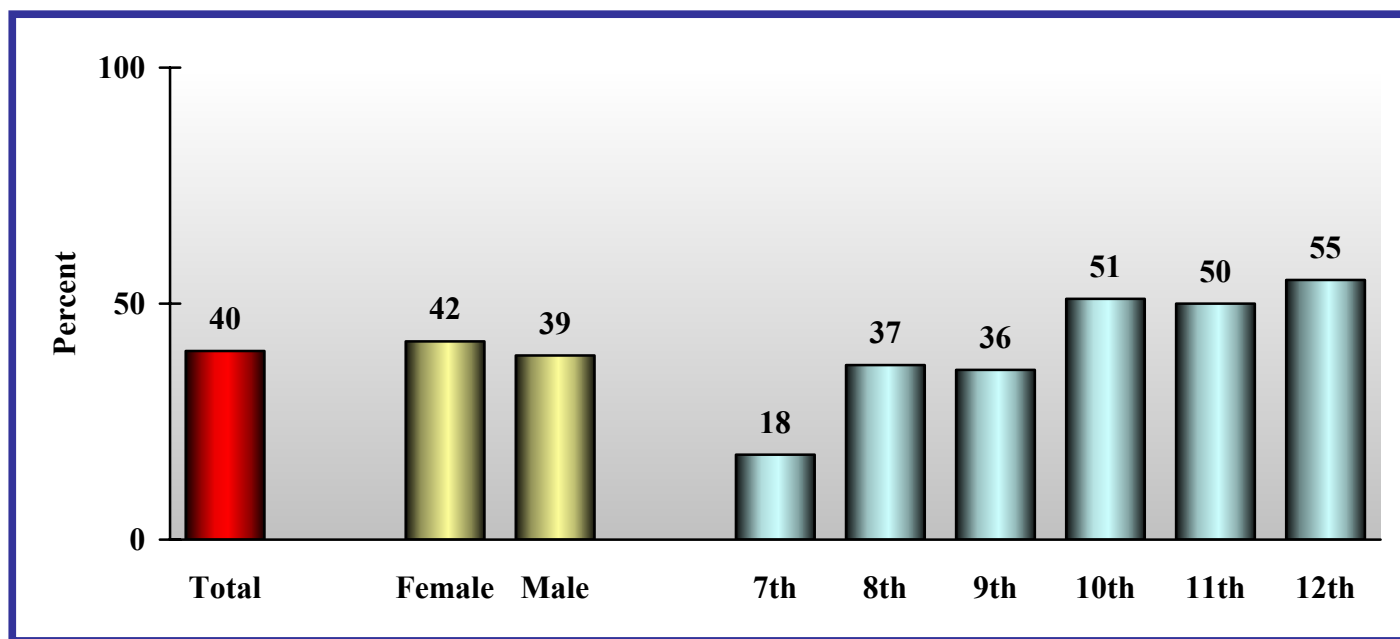
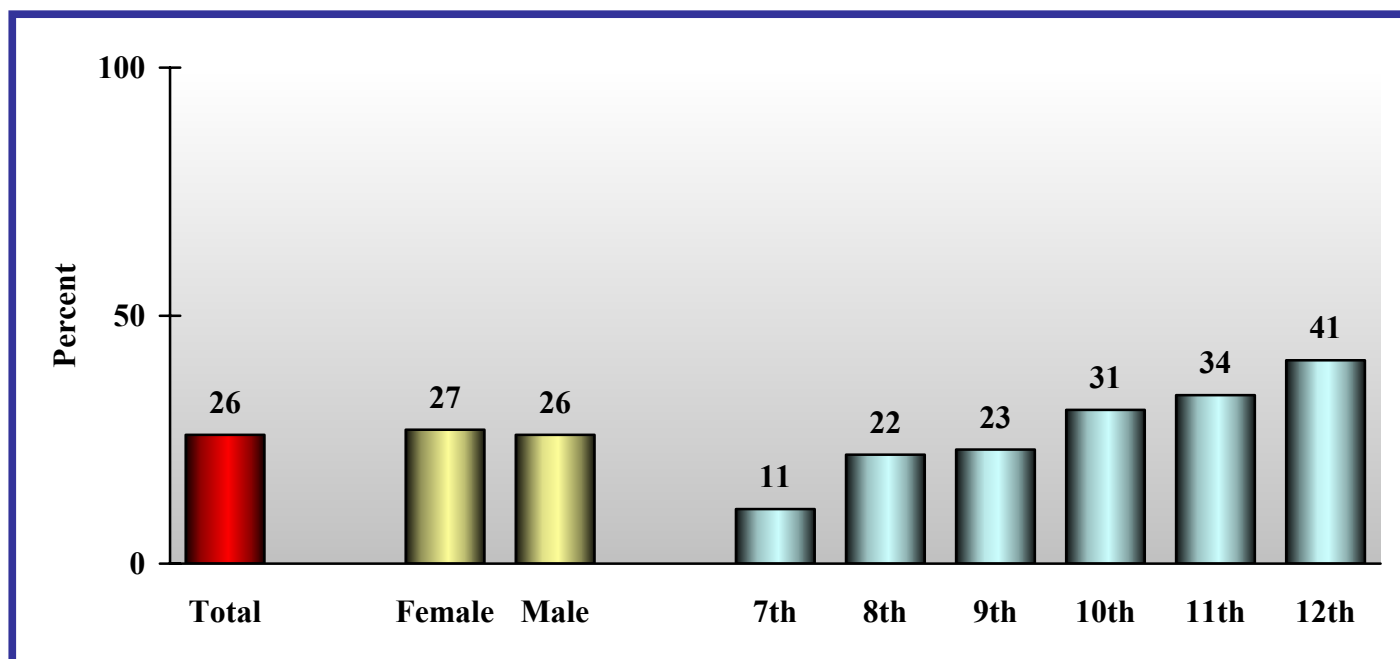


Figure 32: Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past thirty days.



Drug Use - Marijuana

Lifetime Marijuana Use:

- Percentage of students who used marijuana one or more times during their life.

Early Initiation Age – Marijuana Use:

- Percentage of students who tried marijuana for the first time before age thirteen.

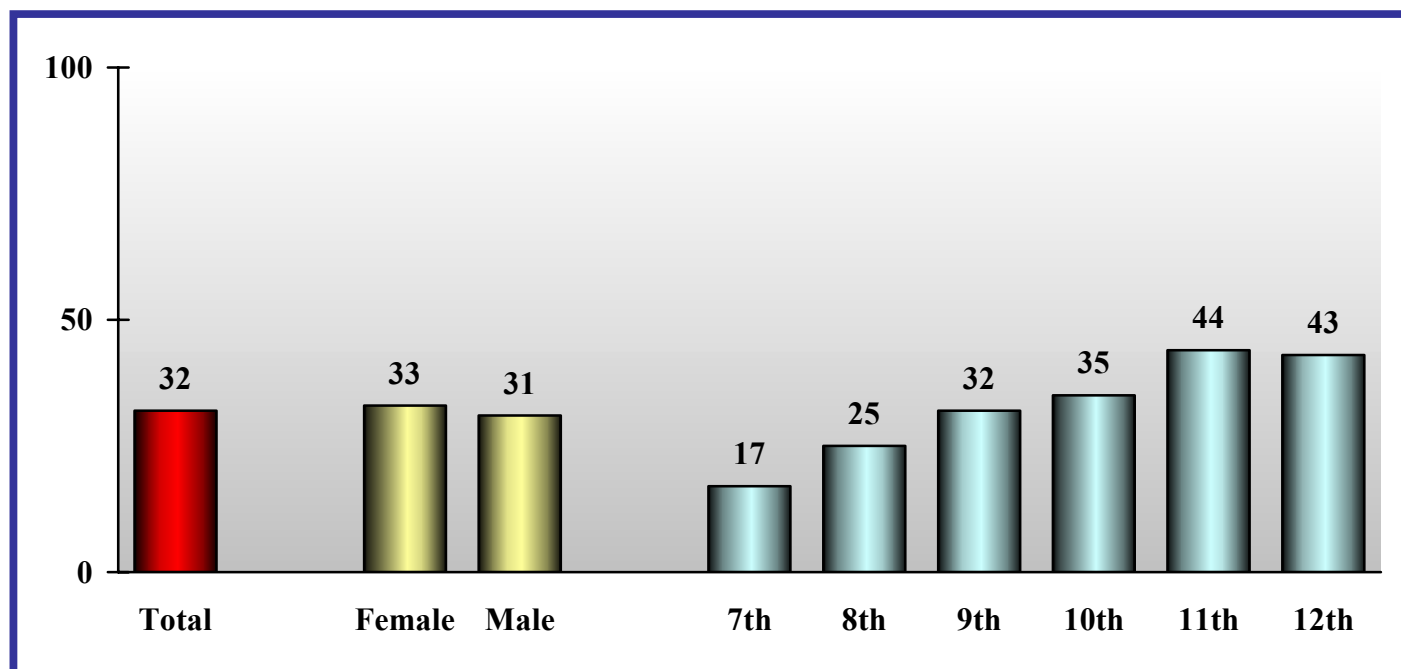
Current Marijuana Use:

- Percentage of students who used marijuana one or more times during the past thirty days.

Table 10: Marijuana Use

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Lifetime marijuana use	32	33	31	17	25	32	35	44	43
Early initiation age – marijuana use	15	14	15	12	17	17	12	15	13
Current marijuana use	15	17	14	7	12	14	16	23	22

Figure 33: Percentage of students who used marijuana one or more times during their life.



Drug Use – Marijuana (cont'd)

Figure 34: Percentage of students who tried marijuana for the first time before age thirteen.

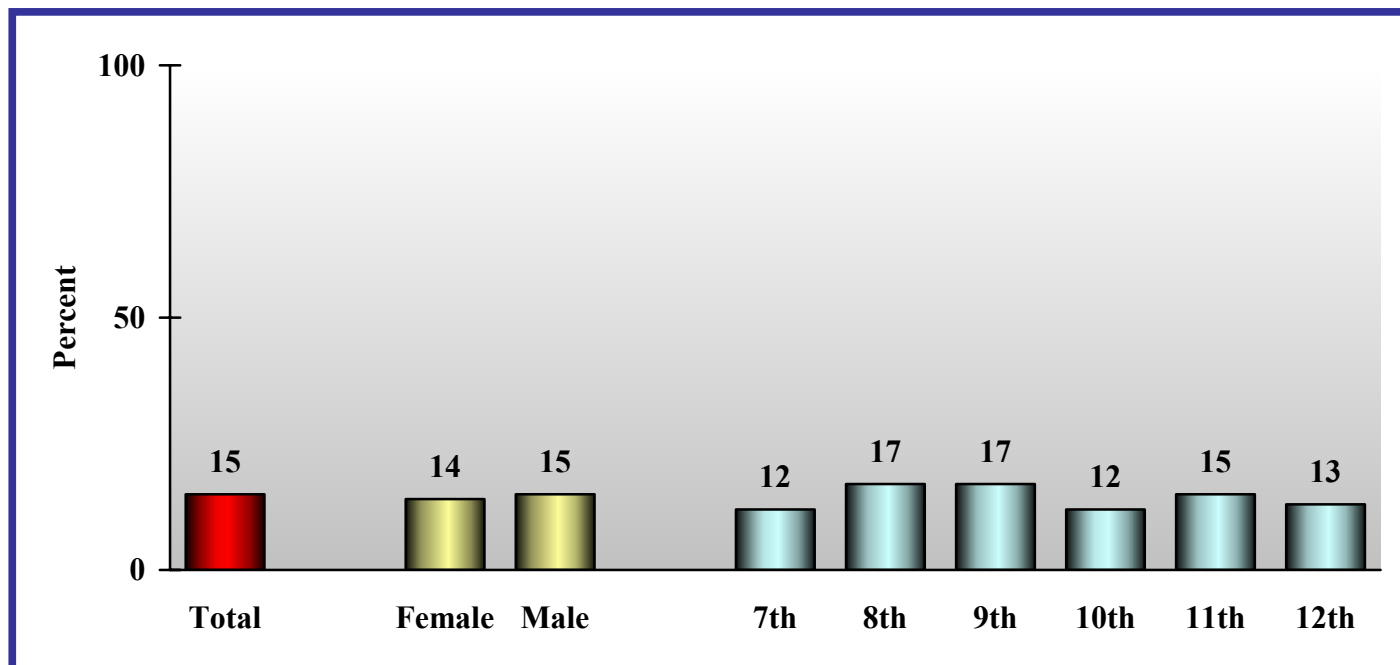
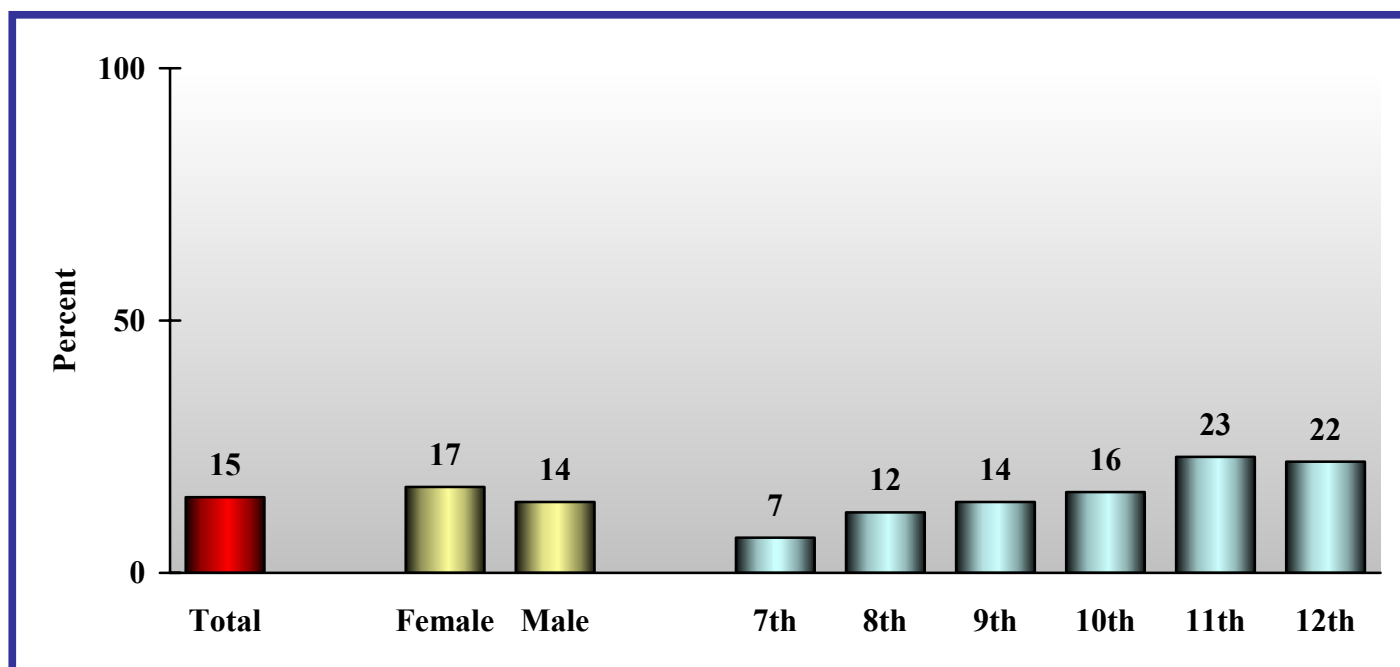


Figure 35: Percentage of students who used marijuana one or more times during the past thirty days.



Other Illegal Drug Use

Lifetime Inhalant Use:

- Percentage of students who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during their life.

Lifetime Methamphetamines Use:

- Percentage of students who used methamphetamines one or more times during their life.

Lifetime Ecstasy Use:

- Percentage of students who used ecstasy one or more times during life.

Lifetime Heroin Use:

- Percentage of students who used heroin one or more times during their life.

Lifetime Illegal Steroid Use:

- Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life.

Table 11: Other Illegal Drug Use

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Lifetime inhalant use	22	24	19	20	28	22	20	17	23
Lifetime methamphetamines use	8	9	7	1	9	5	7	12	17
Lifetime ecstasy use	6	6	7	2	8	5	7	7	10
Lifetime heroin use	2	3	2	1	4	1	2	1	7
Lifetime illegal steroid use	5	5	5	3	6	7	6	5	4

Other Illegal Drug Use (cont'd)

Figure 36: Percentage of students, who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during their life.

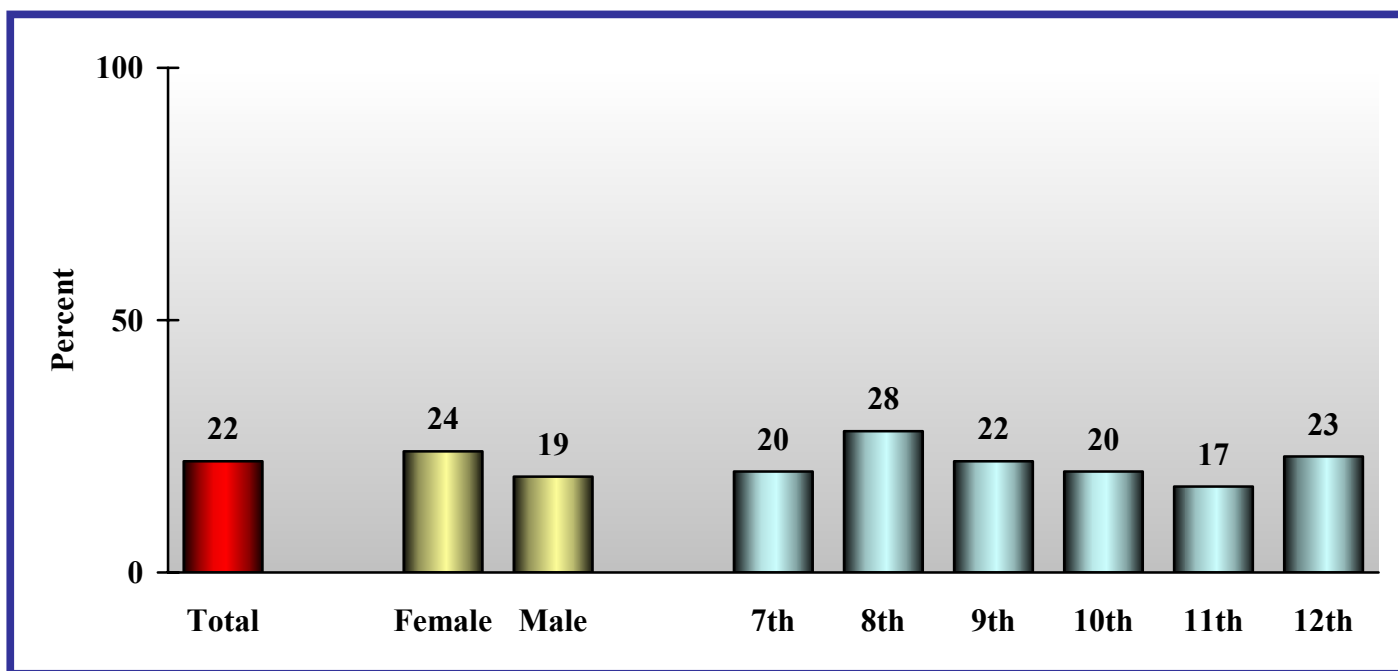
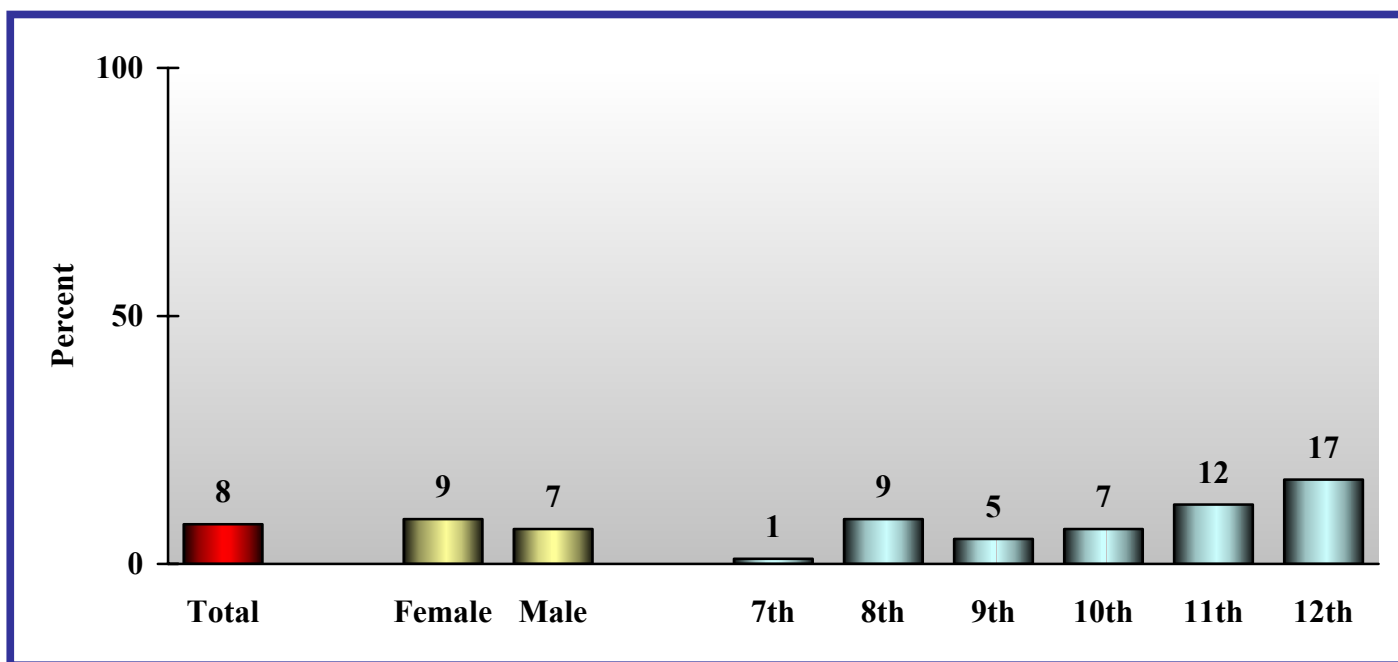


Figure 37: Percentage of students who used methamphetamines one or more times during their life.



Other Illegal Drug Use (cont'd)

Figure 38: Percentage of students who used ecstasy one or more times during their life.

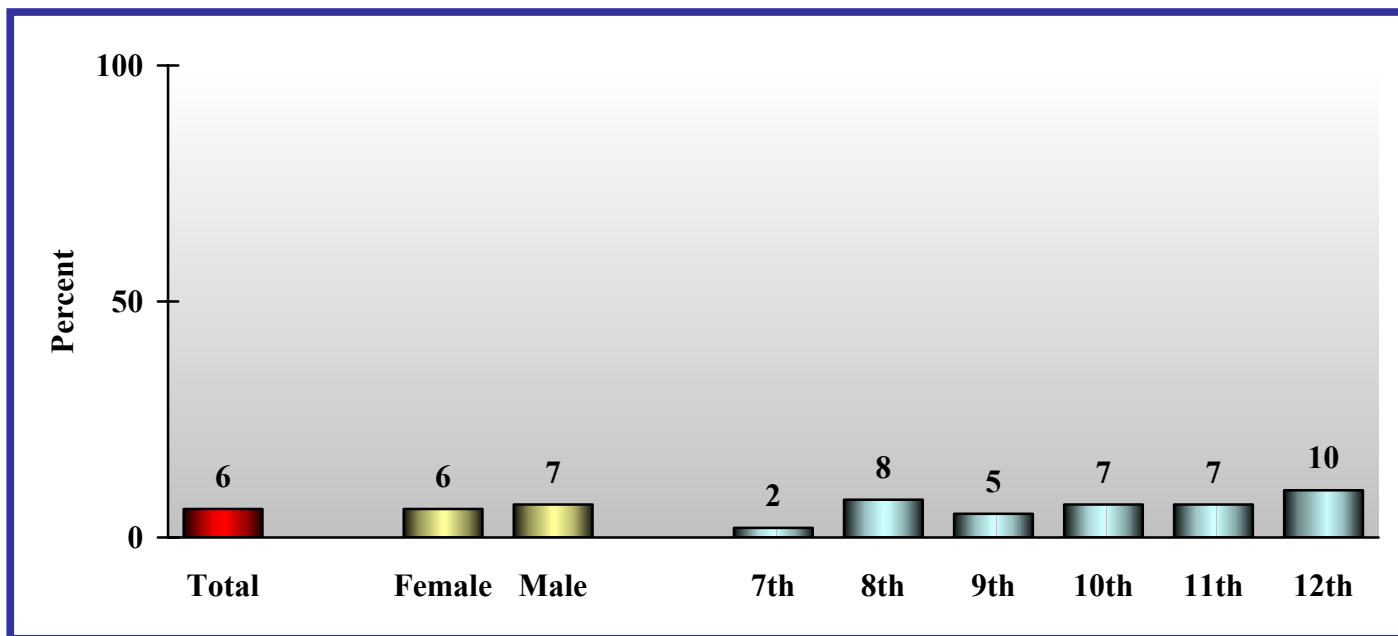
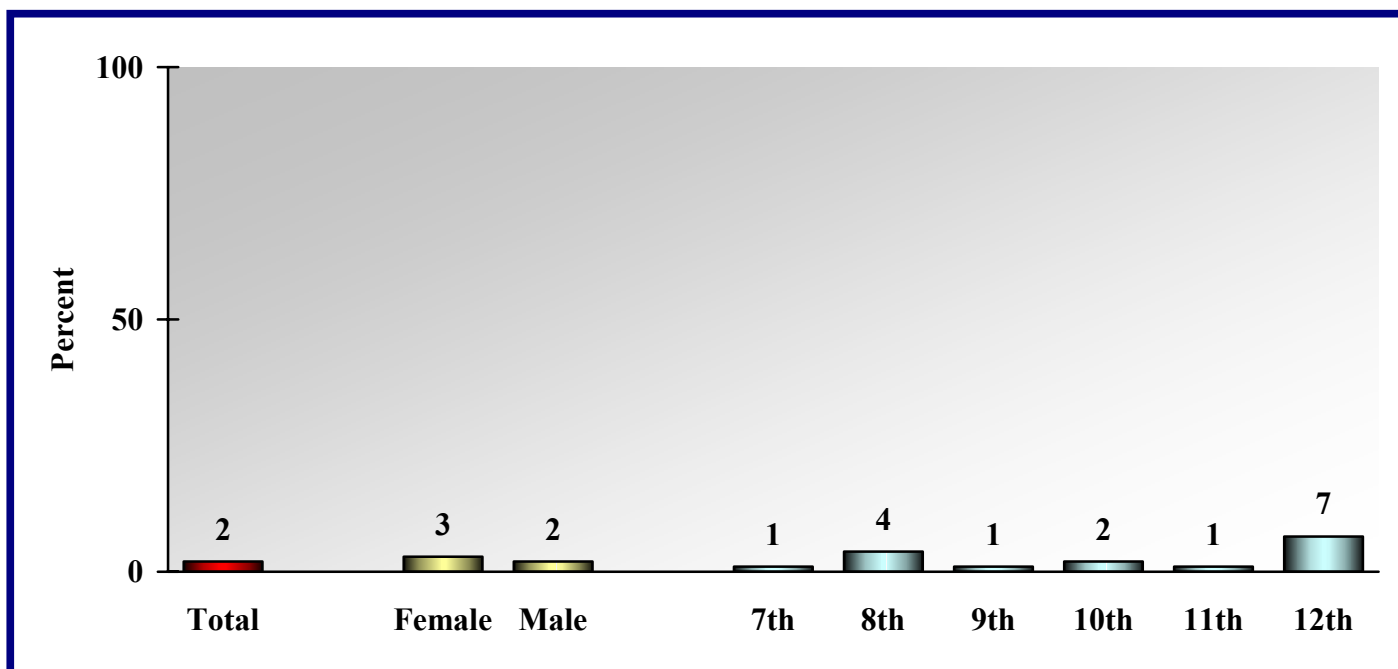
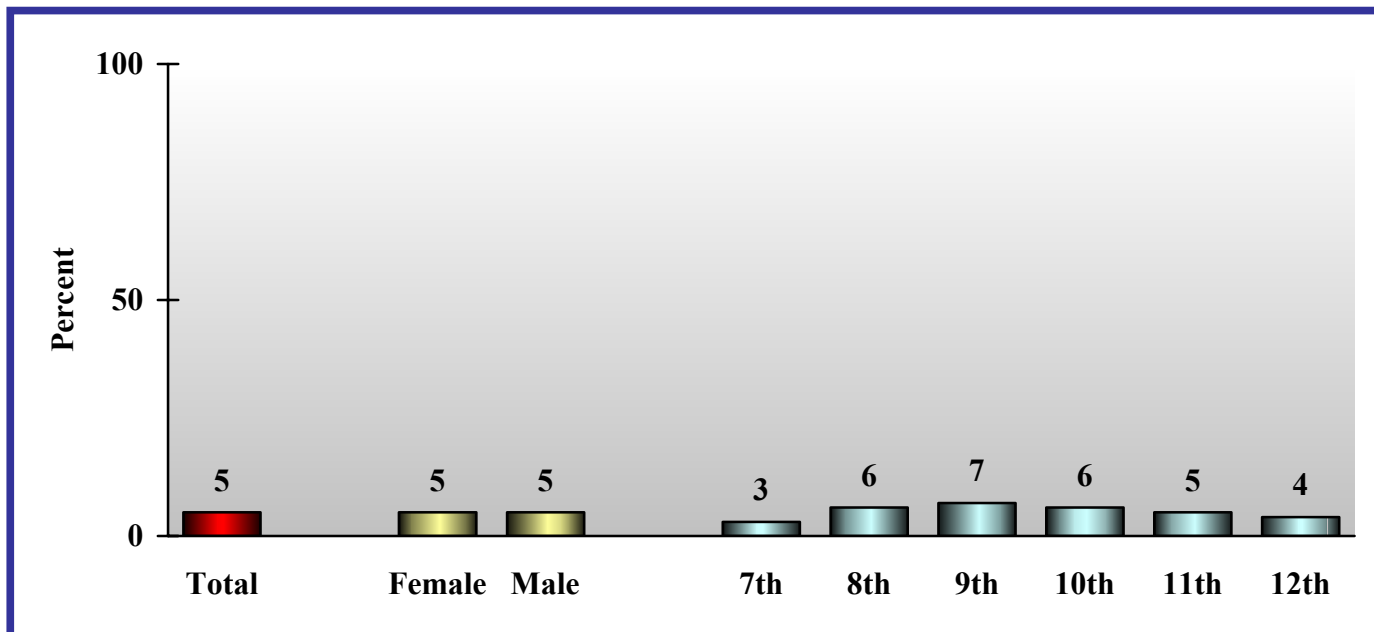


Figure 39: Percentage of students who used heroin one or more times during their life.



Other Illegal Drug Use (cont'd)

Figure 40: Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life.



Sexual Behaviors

Ever had Sexual Intercourse:

- Percentage of students who have had sexual intercourse.

Early Initiation Age – Sexual Intercourse:

- Percentage of students who had sexual intercourse for the first time before age thirteen.

Sexual Partners >4:

- Percentage of students who had sexual intercourse with four or more people during their life.

Currently Sexually Active:

- Percentage of students who had sexual intercourse during the past three months.

Drug use before last Sexual Intercourse:

- Of those who had sexual intercourse, the percentage that drank alcohol or used drugs before last sexual intercourse.

Condom Use:

- Of those students who had sexual intercourse, the percentage who used a condom during the last sexual encounter

Table 12: Sexual Behaviors

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Ever had sexual intercourse	44	47	41	22	31	43	45	57	73
Early initiation age – sexual intercourse	11	10	13	15	13	13	9	10	5
Sexual partners >4	14	15	14	3	10	10	17	21	30
Currently sexually active	30	33	26	11	19	28	31	42	57
Drug use before last sexual intercourse	25	22	29	21	25	30	25	25	25
Condom use	70	64	77	81	85	71	70	60	64

Sexual Behaviors (cont'd)

Figure 41: Percentage of students who have had sexual intercourse.

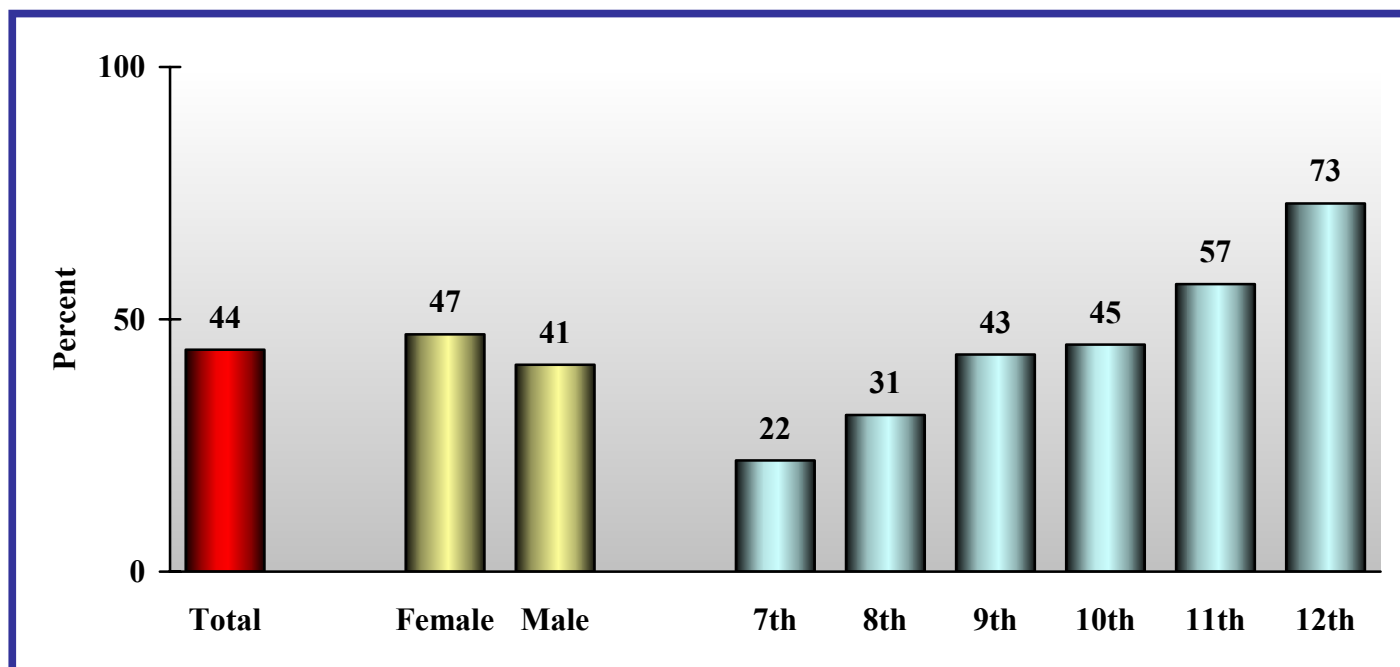
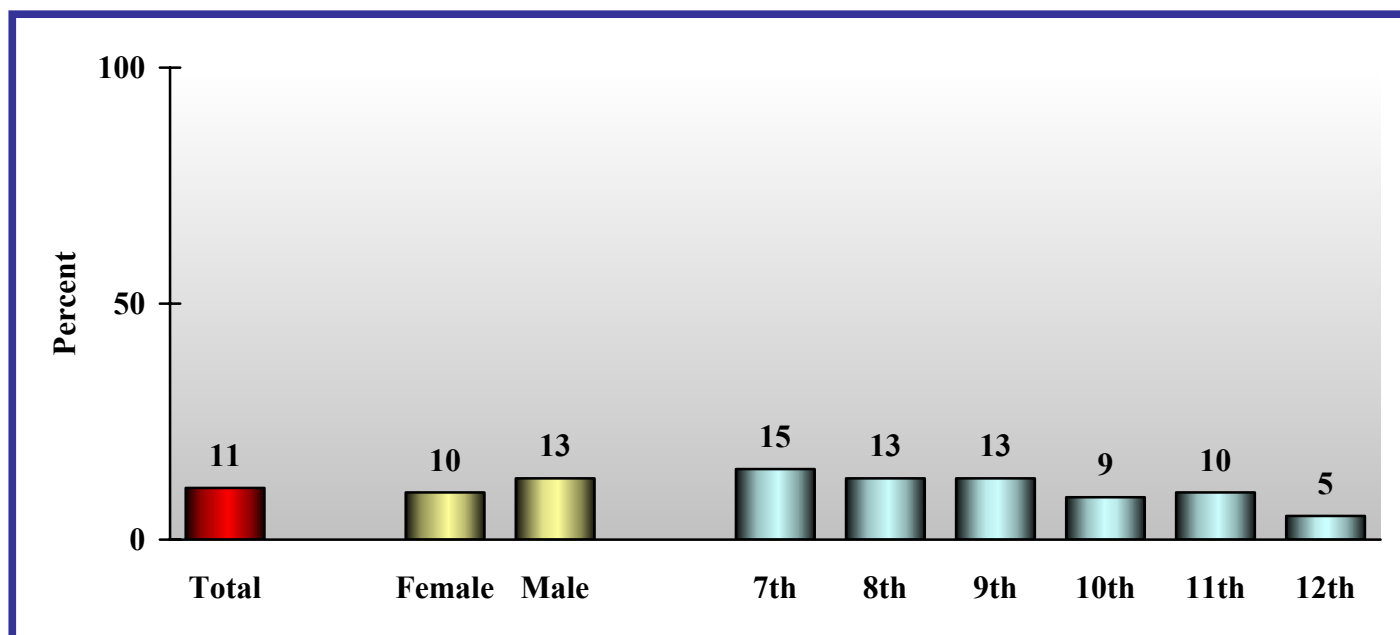


Figure 42: Percentage of students who had sexual intercourse for the first time before age thirteen.



Sexual Behaviors (cont'd)

Figure 43: Percentage of students who had sexual intercourse with four or more people during their life.

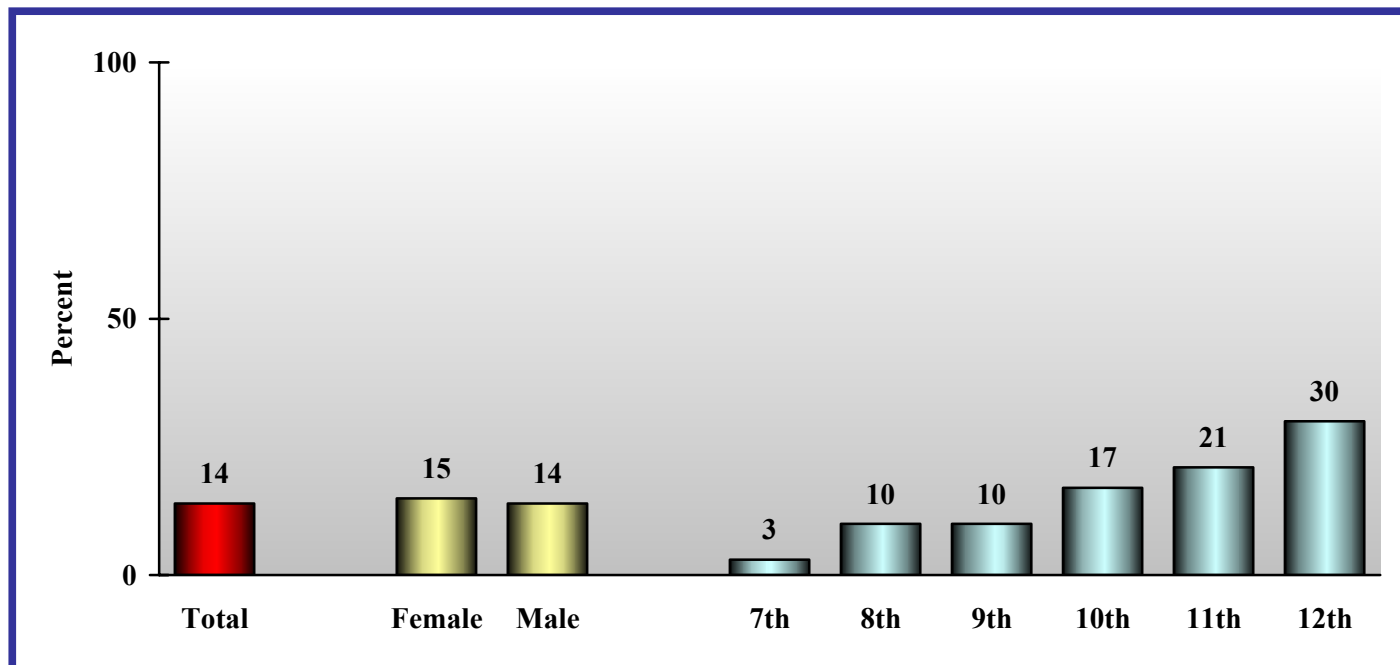
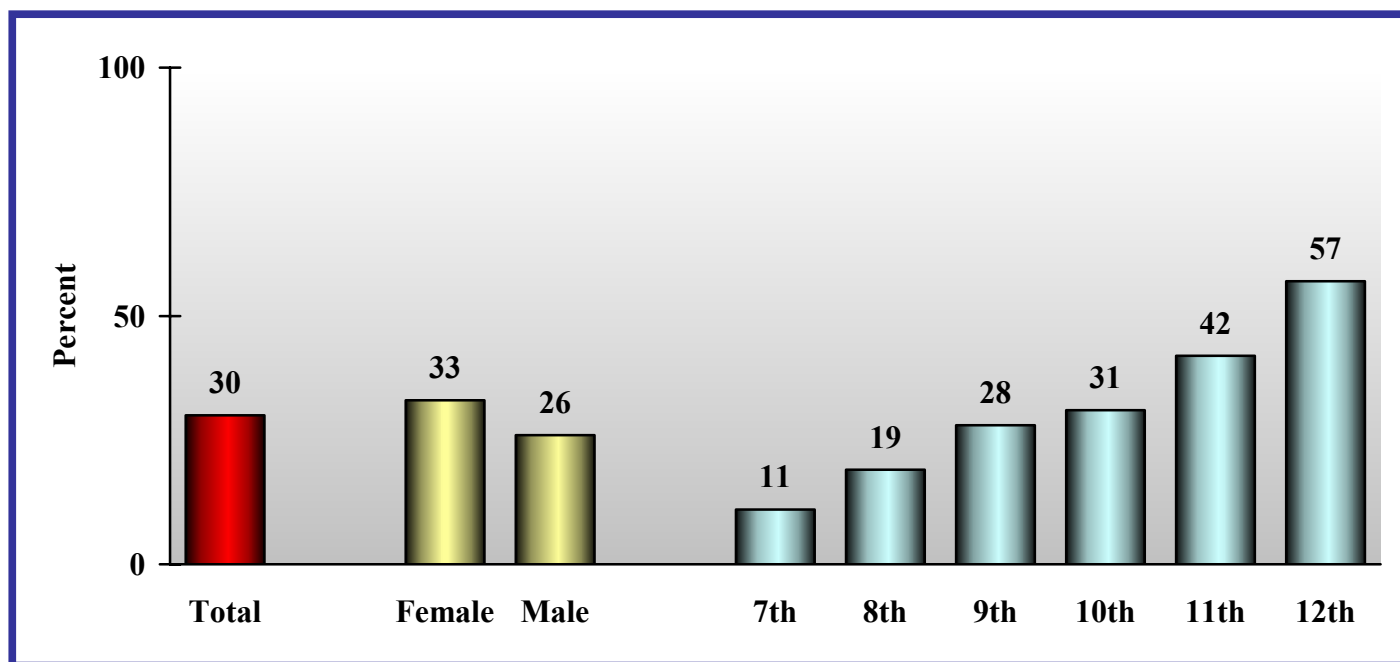


Figure 44: Percentage of students who had had sexual intercourse during the past three months.



Sexual Behaviors (cont'd)

Figure 45: Of those who had sexual intercourse, the percentage that drank alcohol or used drugs before last sexual intercourse.

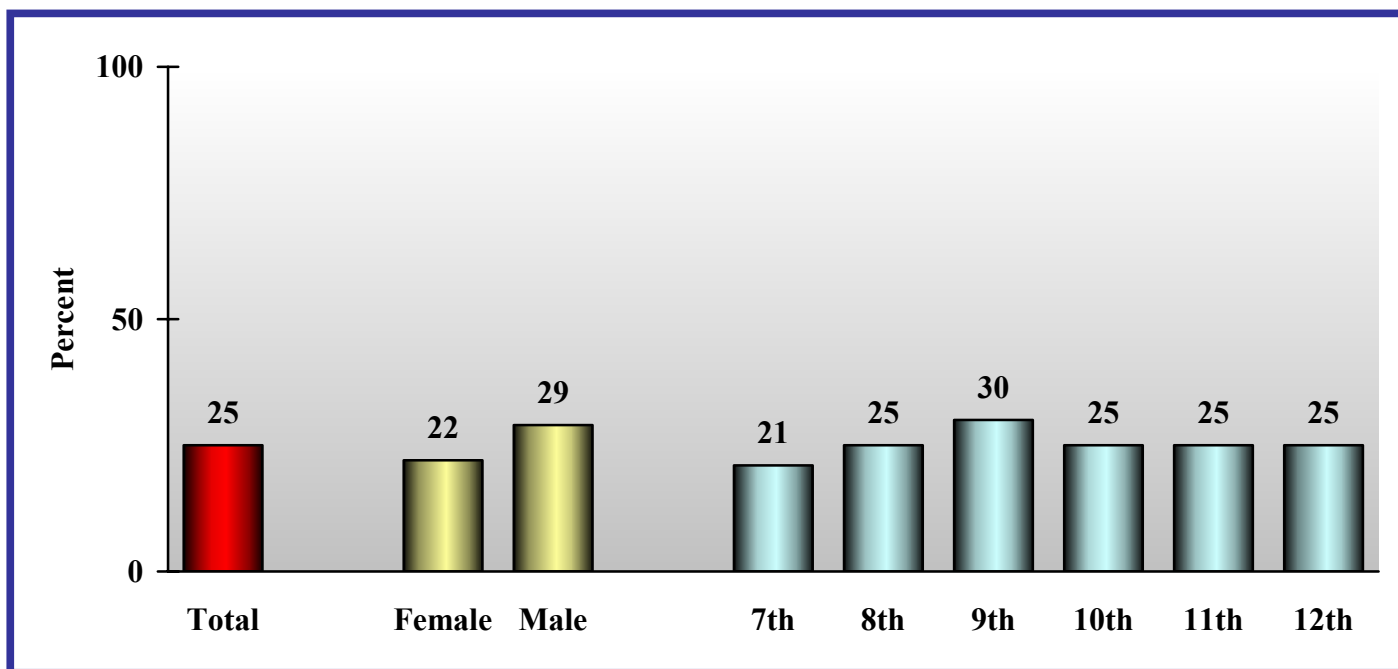
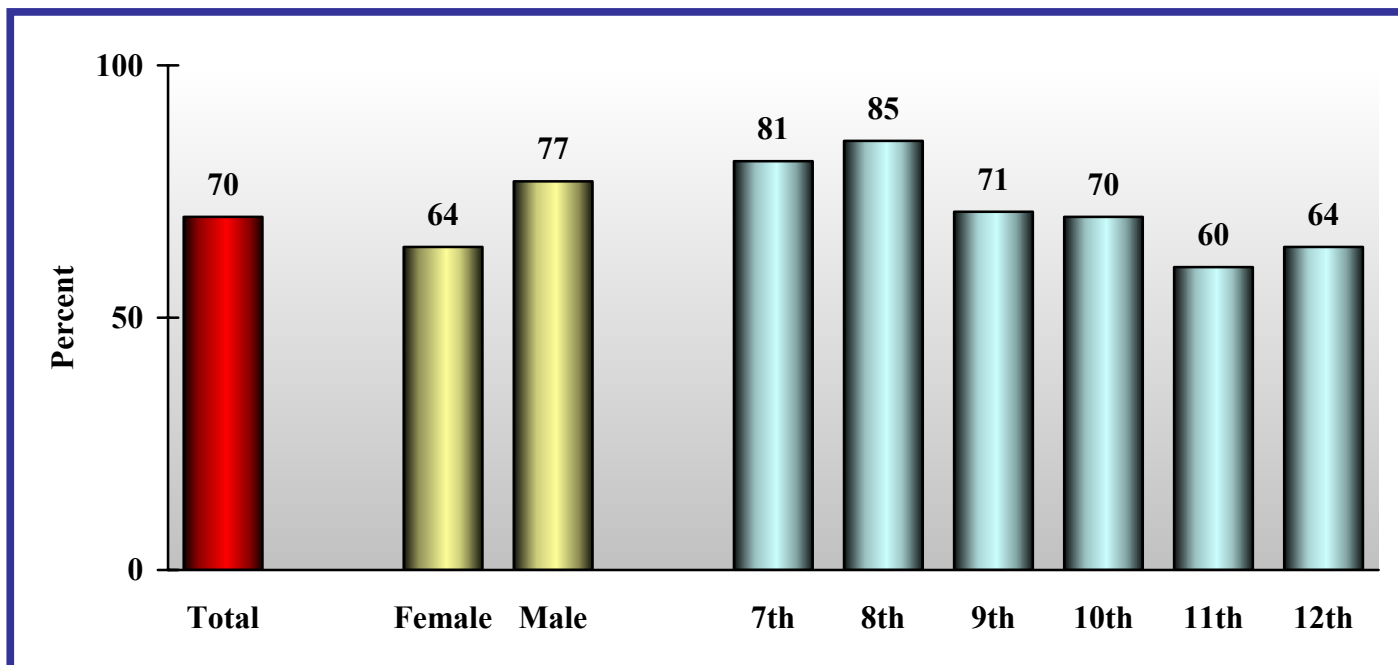


Figure 46: Of those students who had sexual intercourse, the percentage who used a condom during the last sexual intercourse.



AIDS/HIV Information

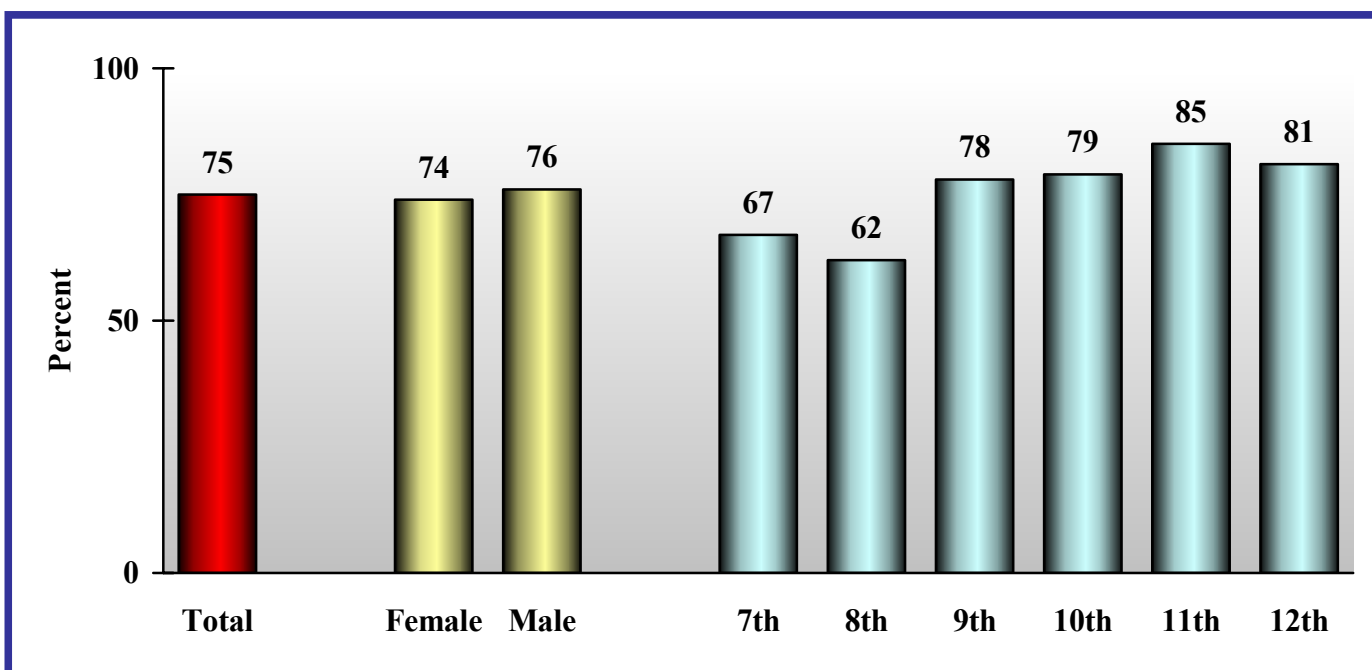
AIDS/HIV Information:

- Percentage of students who were taught about AIDS or HIV infection in school.

Table 13: AIDS/HIV Information

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
AIDS/HIV Information	75	74	76	67	62	78	79	85	81

Figure 47: Percentage of students who were ever taught about AIDS or HIV infection in school.



Overweight and Weight Control

Overweight:

- Percentage of students who were overweight, as calculated by Body Mass Index.

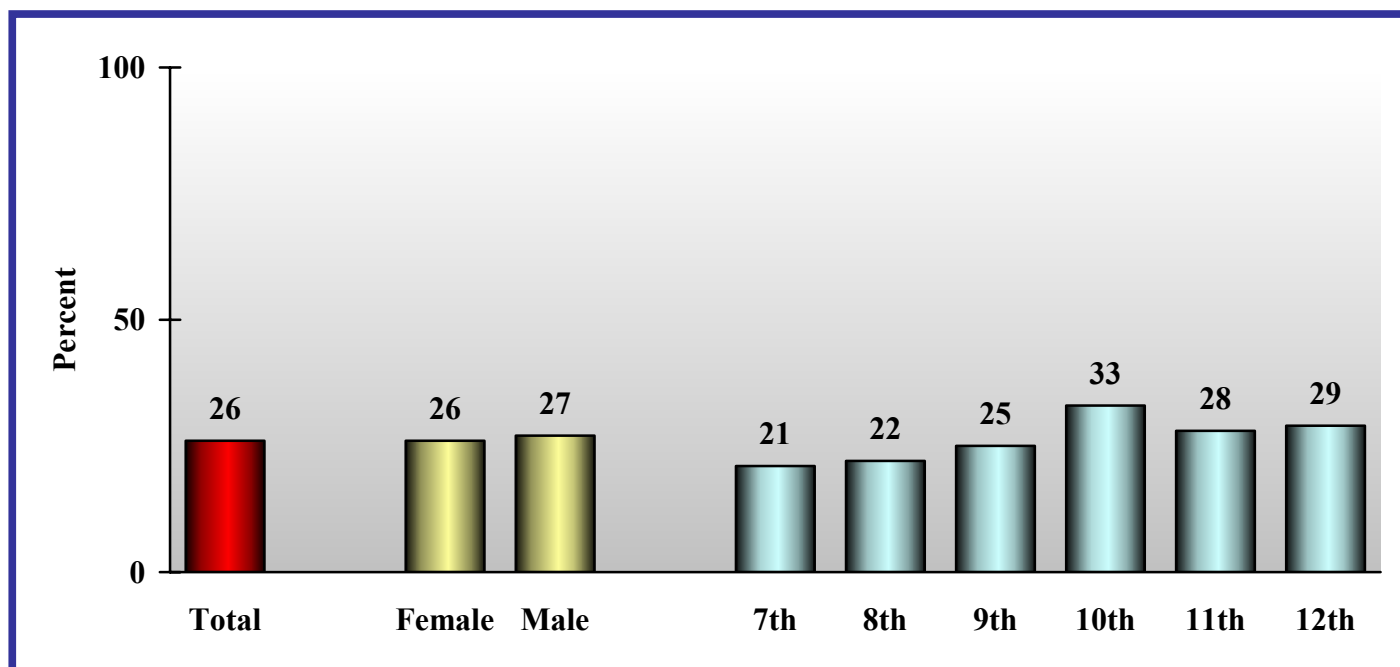
Described themselves as Overweight:

- Percentage of students who described themselves as slightly or very overweight.

Table 14: Overweight

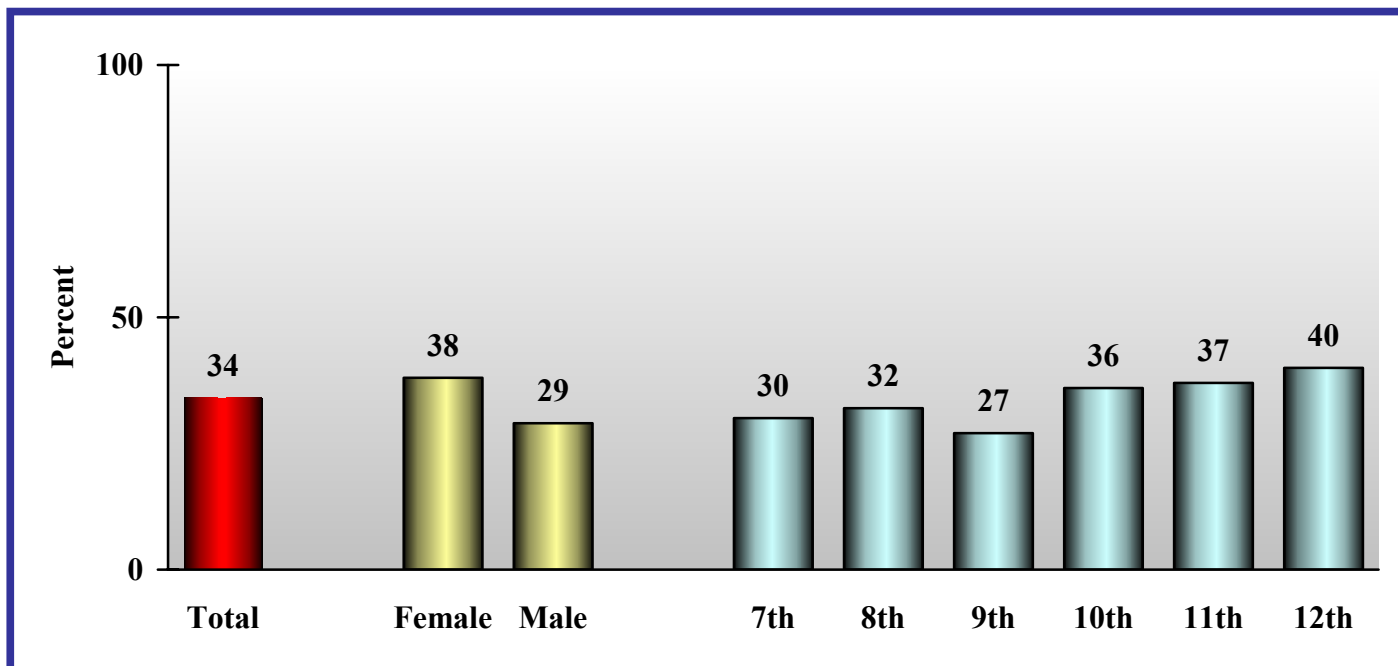
Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Overweight	26	26	27	21	22	25	33	28	29
Described themselves as overweight	34	38	29	30	32	27	36	37	40

Figure 48: Percentage of students who are overweight, as calculated by Body Mass Index.



Overweight and Weight Control (cont'd)

Figure 49: Percentage of students who describe themselves as slightly or very overweight.



Overweight and Weight Control (cont'd)

Were trying to Lose Weight:

- Percentage of students who were trying to lose weight.

Ate Less Food to Lose Weight:

- Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past thirty days.

Exercised to Lose Weight:

- Percentage of students who exercised to lose weight or to keep from gaining weight during the past thirty days.

Vomited or Took Laxatives to Lose Weight:

- Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past thirty days.

Took Diet Pills to Lose Weight:

- Percentage of students who took diet pills to lose weight or to keep from gaining weight during the past thirty days.

Went Without Eating to Lose Weight:

- Percentage of students who fasted, or went without eating, for twenty-four hours or more to lose weight or to keep from gaining weight during the past thirty days.

Table 15: Weight Control

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Were trying to lose weight	48	62	33	50	48	45	46	49	48
Ate less food to lose weight	39	53	25	39	40	36	38	37	43
Exercised to lose weight	63	70	57	66	70	66	62	58	55
Vomited or took laxatives to lose weight	7	10	4	8	8	8	5	7	6
Took diet pills to lose weight	8	10	5	5	8	5	9	8	10
Went without eating to lose weight	15	21	8	14	17	12	15	11	21

Overweight and Weight Control (cont'd)

Figure 50: Percentage of students who were trying to lose weight.

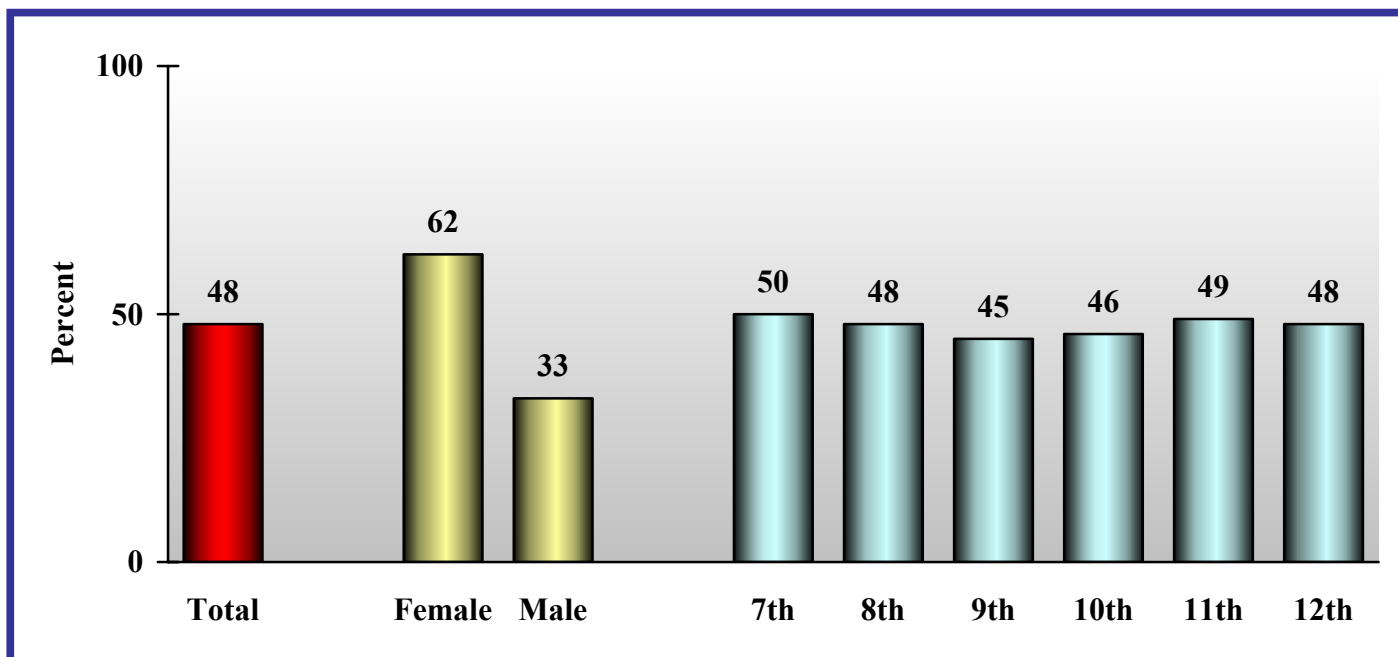
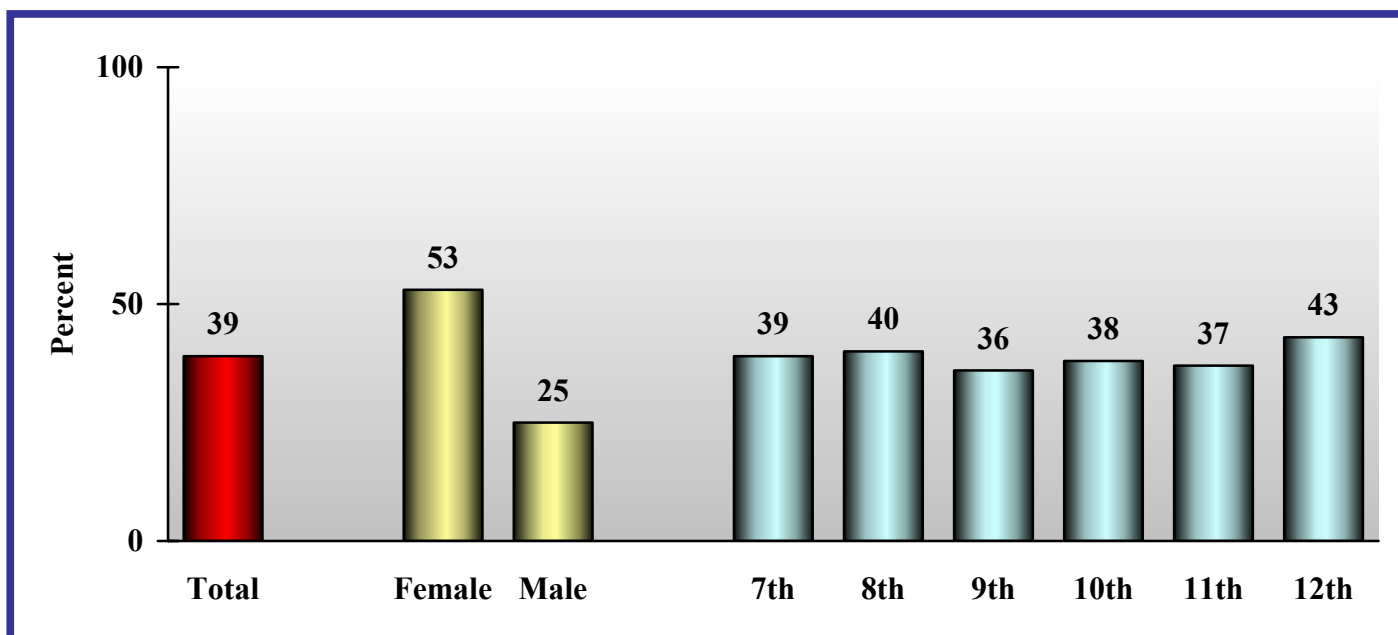


Figure 51: Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past thirty days.



Overweight and Weight Control (cont'd)

Figure 52: Percentage of students who exercised to lose weight or to keep from gaining weight during the past thirty days.

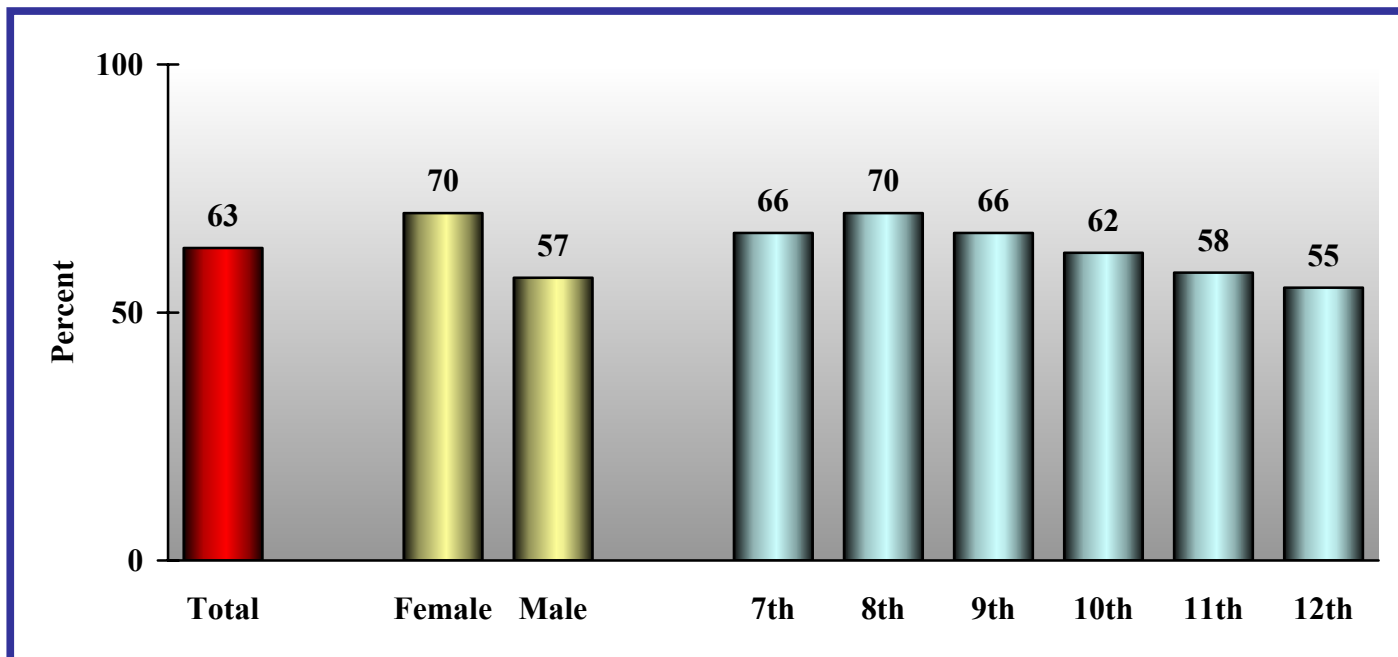
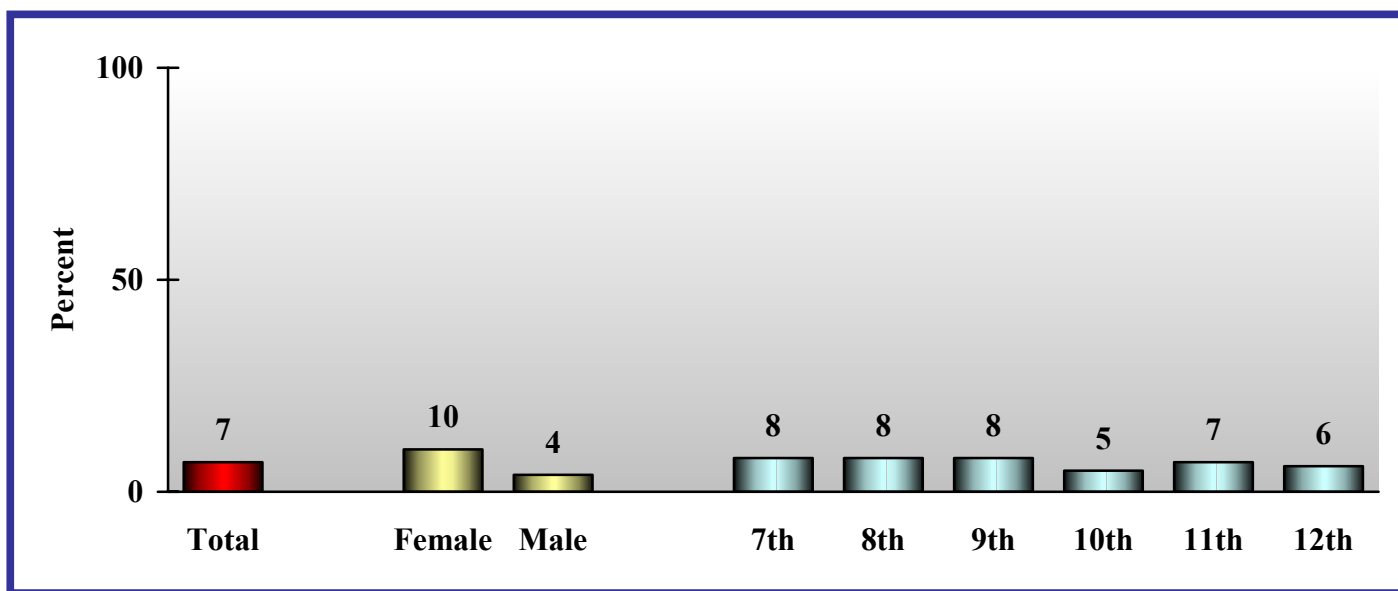


Figure 53: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past thirty days.



Overweight and Weight Control (cont'd)

Figure 54: Percentage of students who took diet pills to lose weight or to keep from gaining weight during the past thirty days.

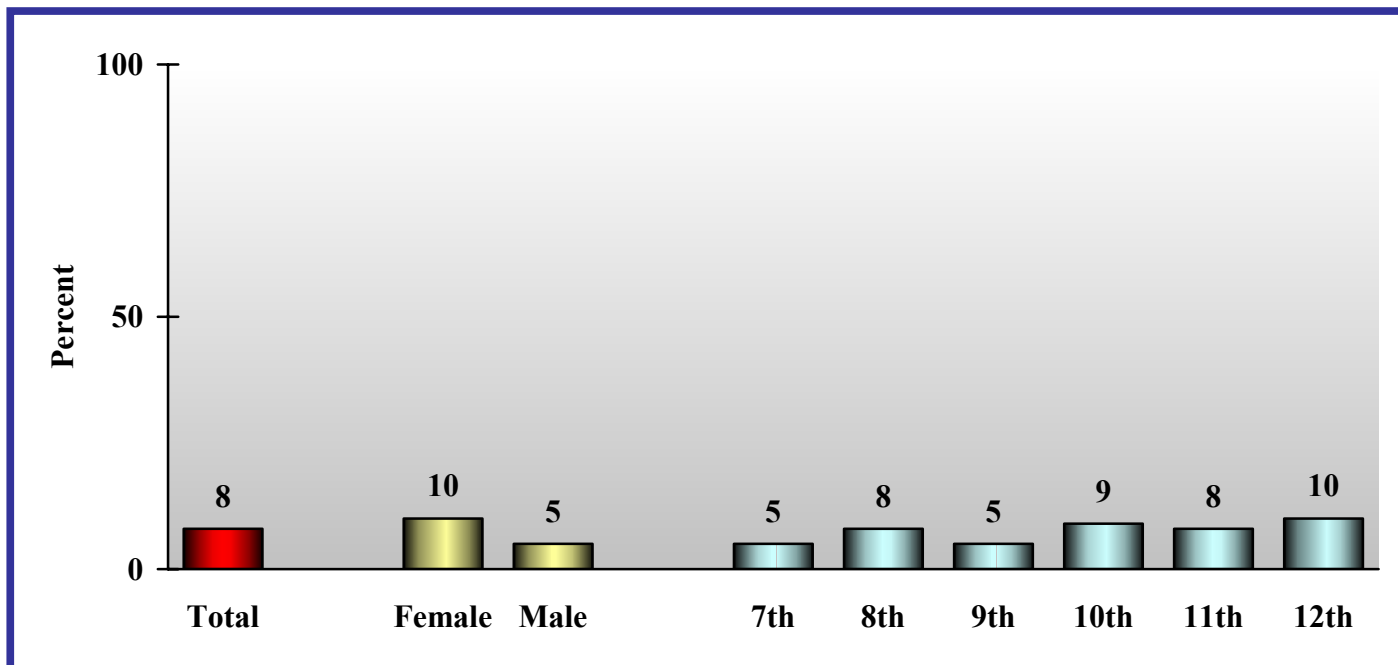
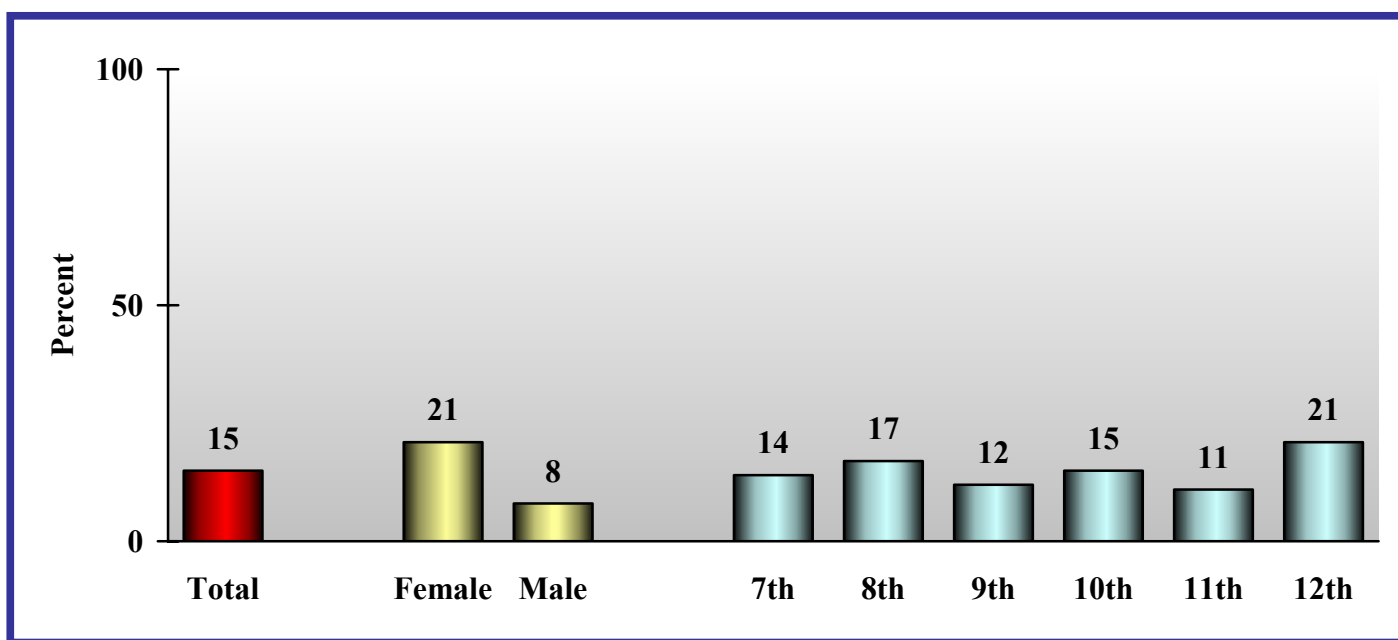


Figure 55: Percentage of students who fasted, or went without eating, for twenty-four hours or more to lose weight or to keep from gaining weight during the past thirty days.



Dietary Behaviors

Ate Fruit:

- Percentage of students who ate fruit four or more times during the past seven days.

Drank Fruit Juices:

- Percentage of students who drank fruit juices four or more times during the past seven days.

Ate Green Salad:

- Percentage of students who ate green salad four or more times during the past seven days.

Ate Potatoes:

- Percentage of students who ate potatoes four or more times during the past seven days.

Ate Carrots:

- Percentage of students who ate carrots four or more times during the past seven days.

Ate Other Vegetables:

- Percentage of students who ate other vegetables four or more times during the past seven days.

Drank Milk

- Percentage of students who drank milk four or more times during the past seven days.

Table 16: Dietary Behaviors

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Ate fruit	39	41	38	47	43	41	38	34	30
Drank fruit juices	42	43	41	47	42	40	43	40	37
Ate green salad	24	27	21	24	23	19	26	27	24
Ate potatoes	21	20	22	22	20	30	18	17	21
Ate carrots	12	12	11	16	15	7	12	8	10
Ate other vegetables	41	44	39	42	35	43	39	47	45
Drank milk	67	62	72	77	64	70	62	68	63

Dietary Behaviors (cont'd)

Figure 56: Percentage of students who ate fruit four or more times during the past seven days.

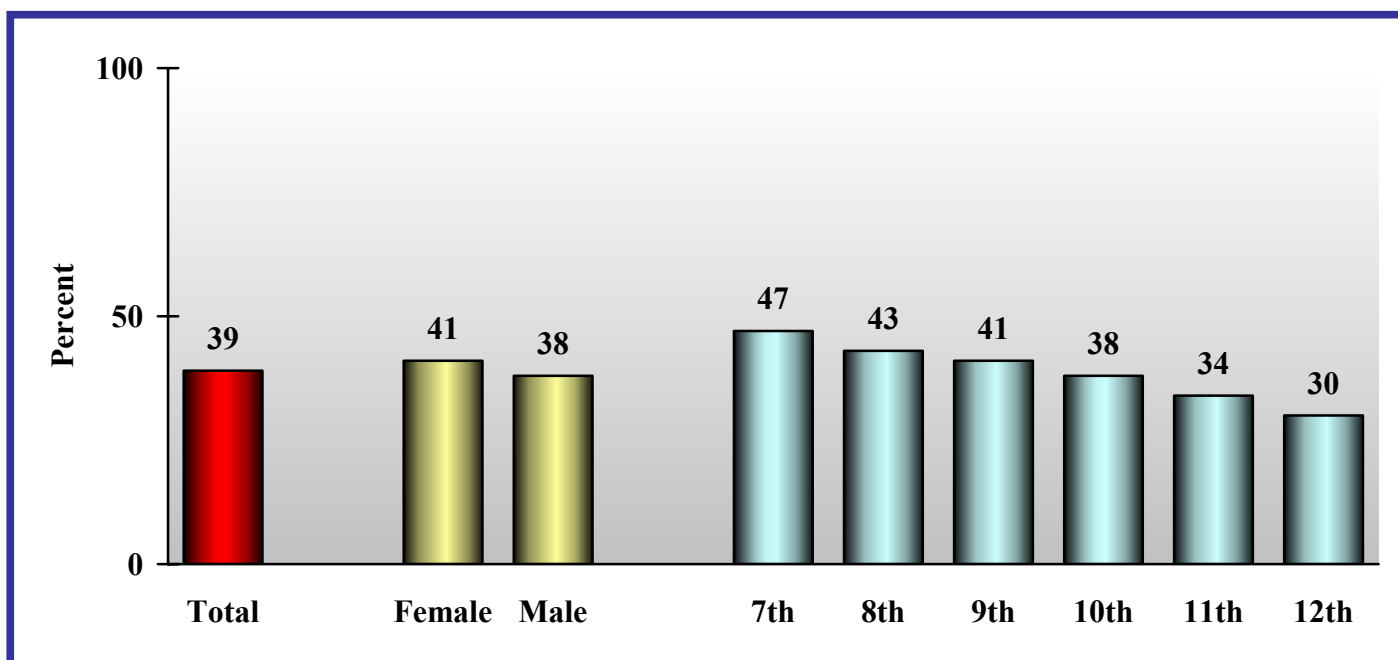
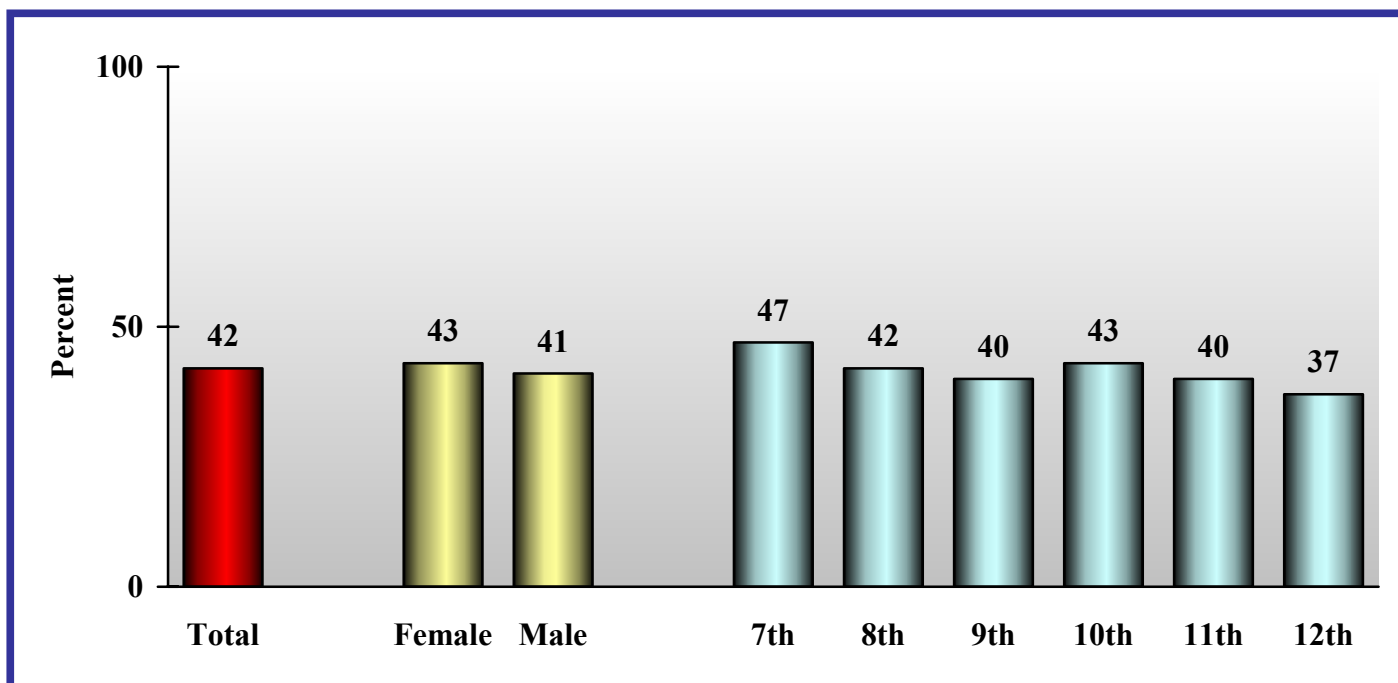


Figure 57: Percentage of students who drank fruit juices four or more times during the past seven days.



Dietary Behaviors (cont'd)

Figure 58: Percentage of students who ate green salad four or more times during the past seven days.

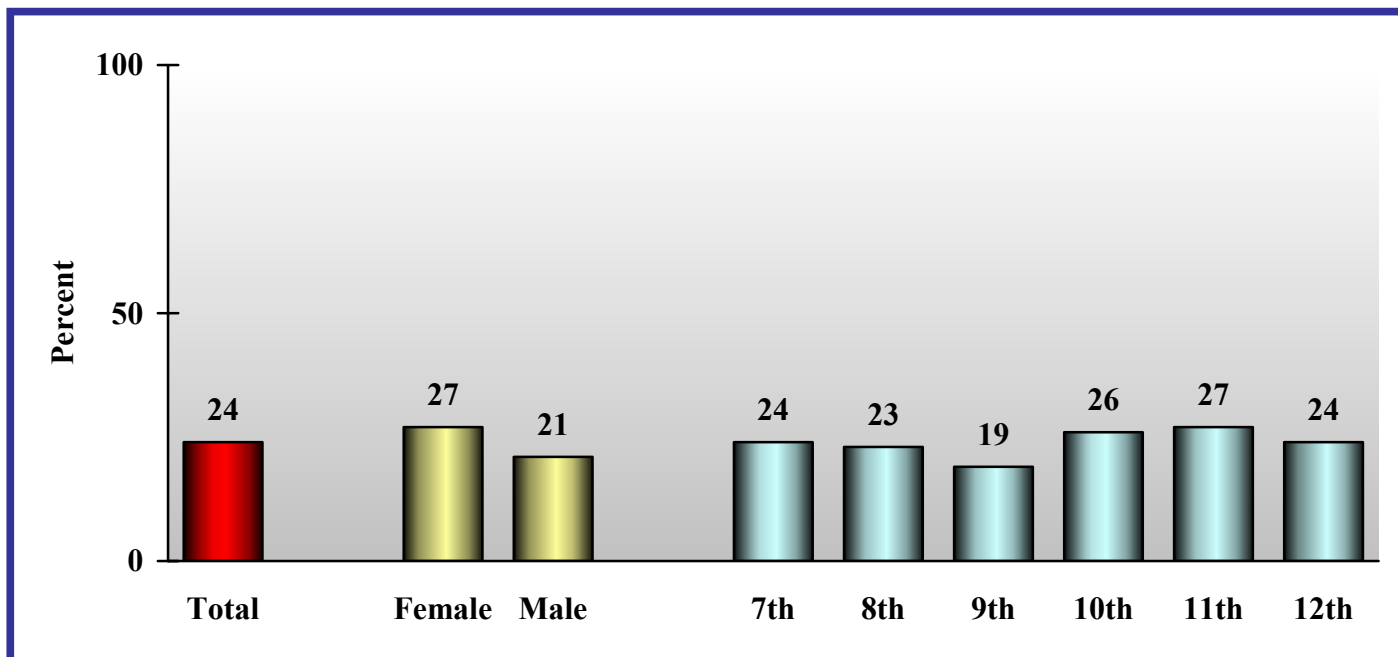
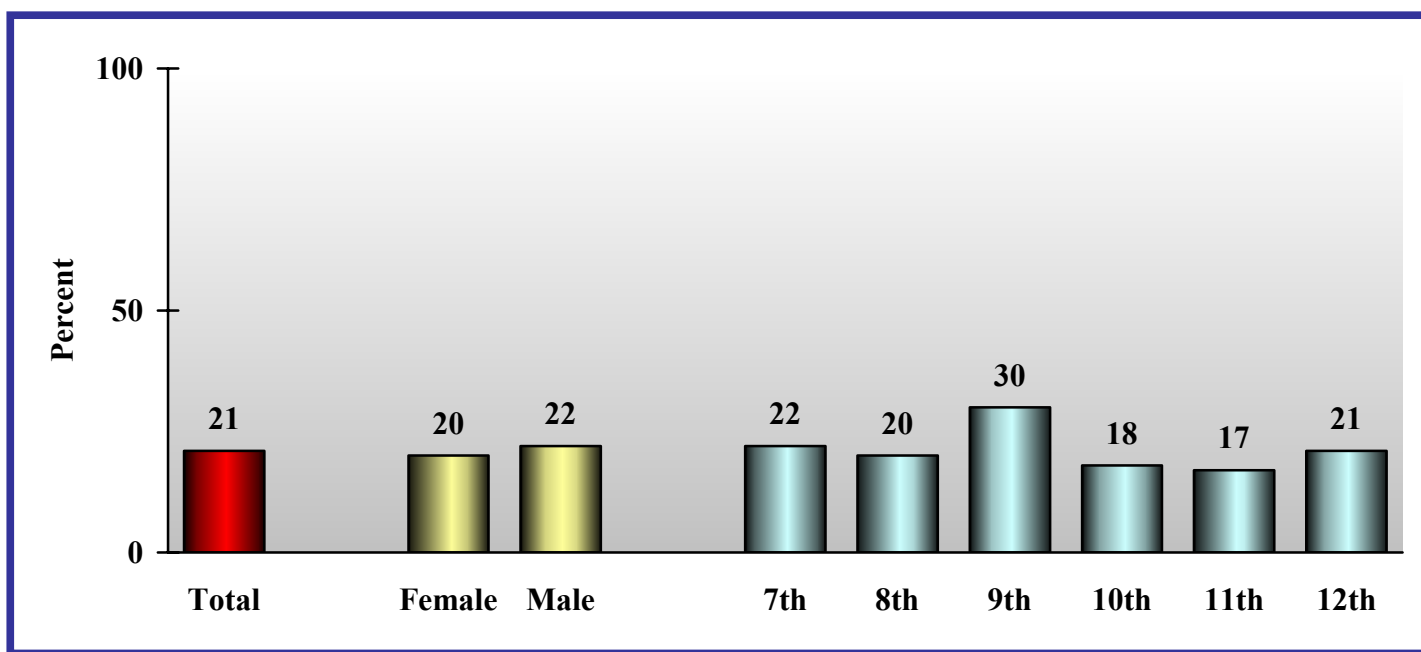


Figure 59: Percentage of students who ate potatoes four or more times during the past seven days.



Dietary Behaviors (cont'd)

Figure 60: Percentage of students who ate carrots four or more times during the past seven days.

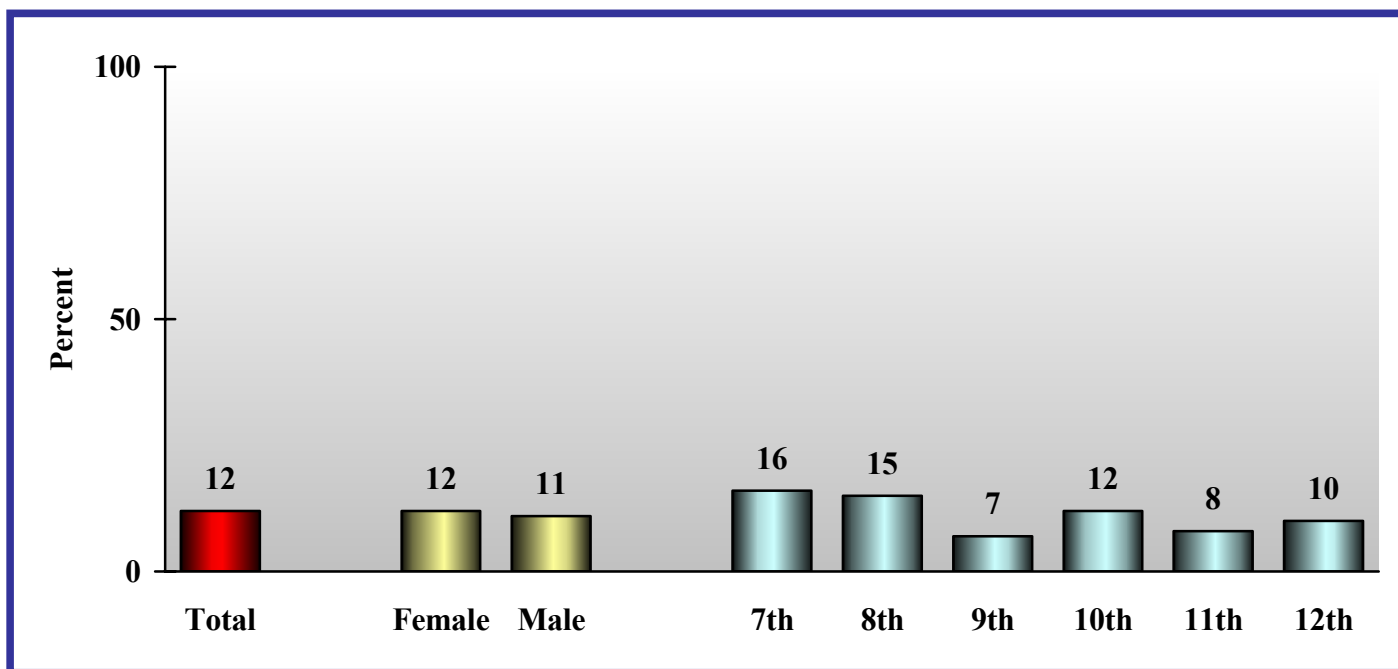
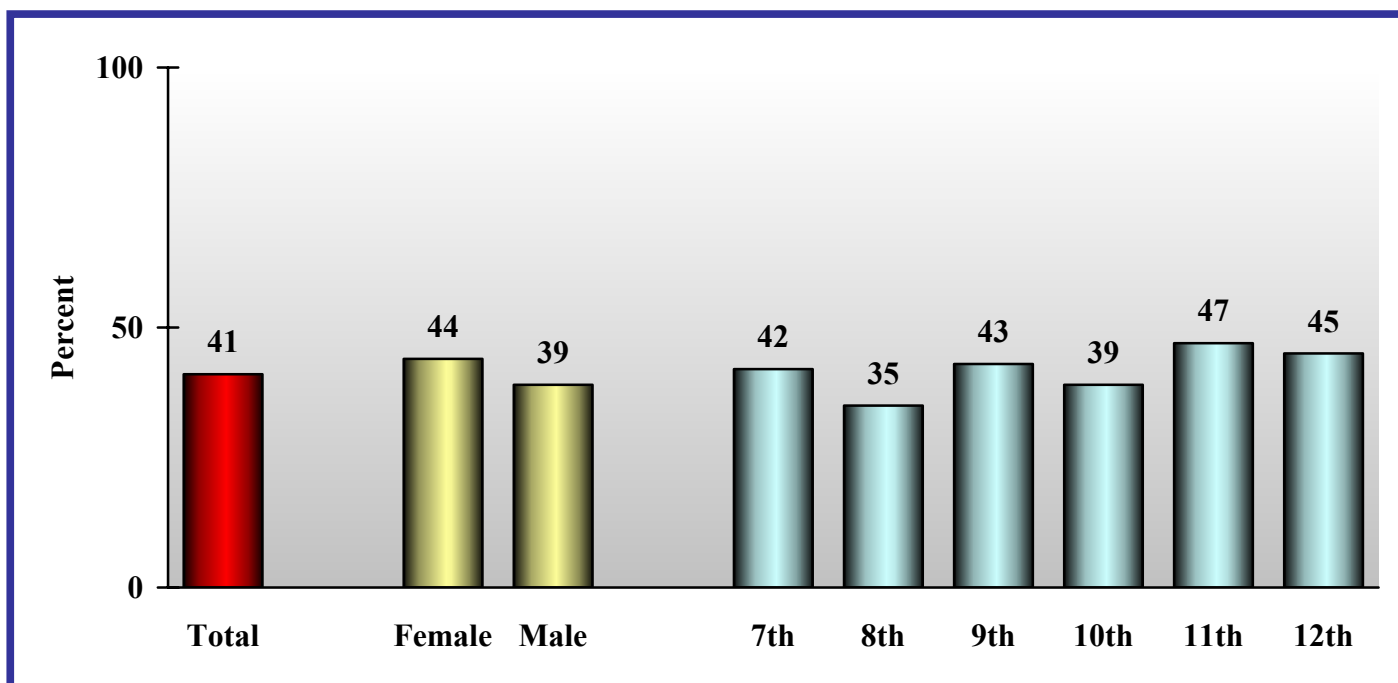
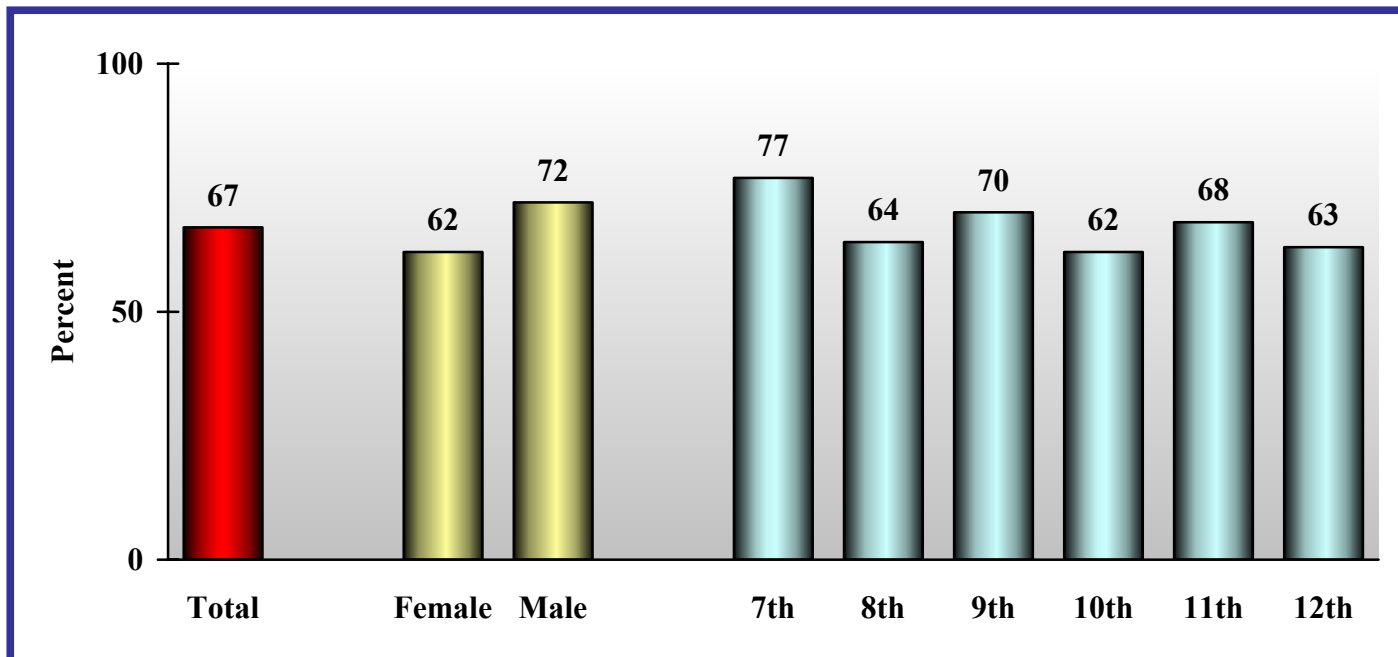


Figure 61: Percentage of students who ate other vegetables four or more times during the past seven days.



Dietary Behaviors (cont'd)

Figure 62: Percentage of students who drank milk four or more times during the past seven days.



Physical Activity

Physical Activity With Sweat:

- Percentage of students who participated in physical activity for at least thirty minutes that made them sweat or breathe hard on three or more of the past seven days.

Physical Activity Without Sweat:

- Percentage of students who participated in physical activity for at least thirty minutes that did not make them sweat or breathe hard on three or more of the past seven days.

Physical Education Class:

- Percentage of students who attended physical education (PE) class on one or more of the past seven days.

Played on Sports Teams:

- Percentage of students who played on one or more sports teams during the past twelve months.

Table 17: Physical Activity

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Physical activity with sweat	67	61	73	80	75	72	58	56	61
Physical activity without sweat	42	41	42	49	42	43	38	42	34
Physical education class	58	53	63	85	90	61	33	30	46
Played on sports teams	61	59	63	76	64	69	57	48	50

Physical Activity (cont'd)

Figure 63: Percentage of students who participated in a physical activity for at least thirty minutes that made them sweat and breathe hard on three or more of the past seven days.

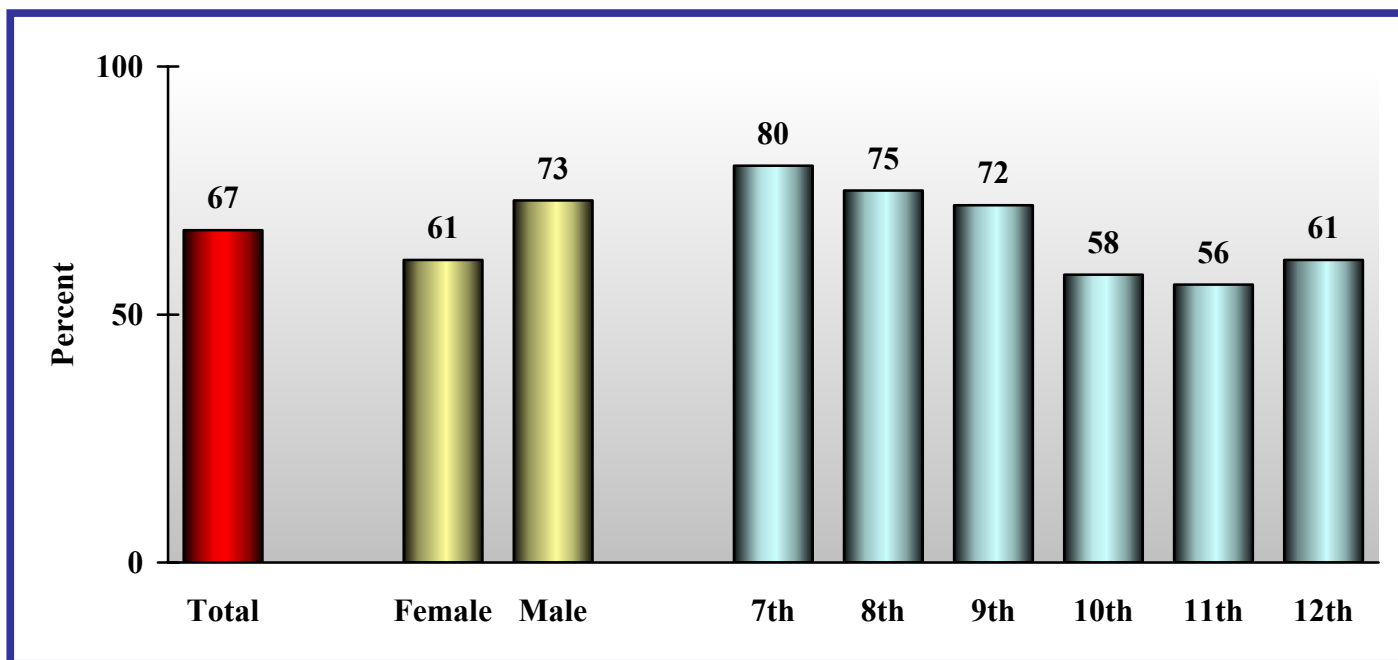
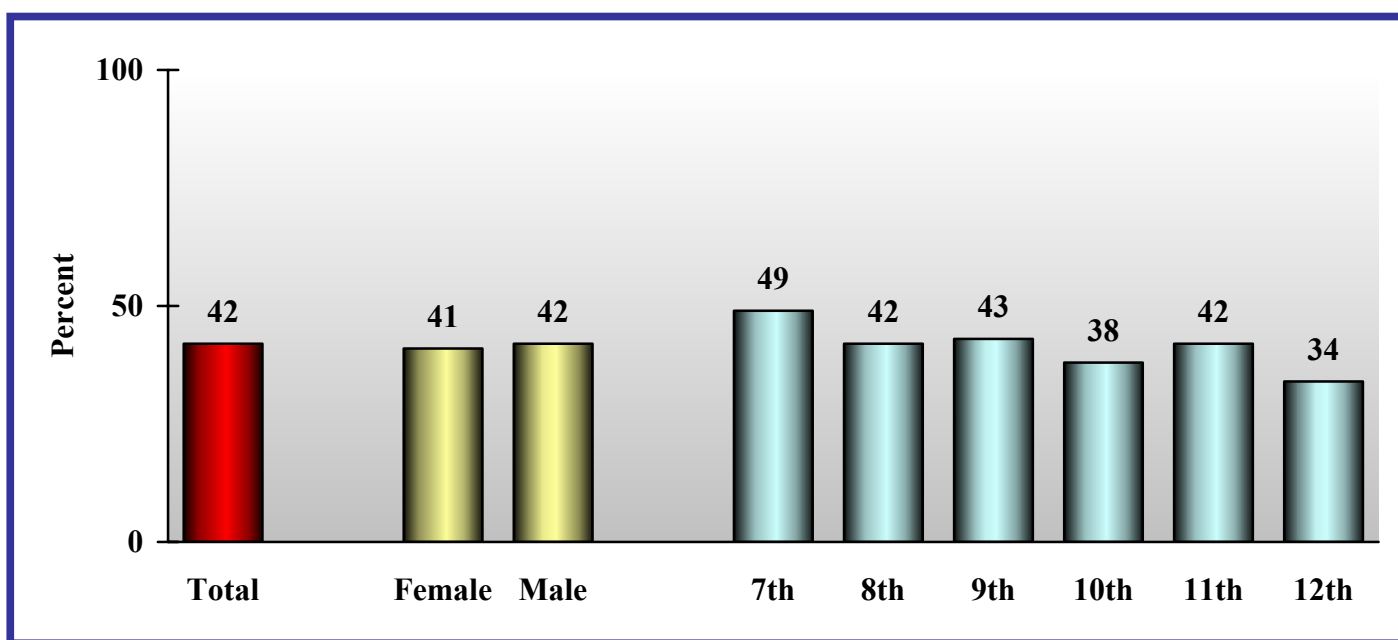


Figure 64: Percentage of students who participated in a physical activity for at least thirty minutes that did not make them sweat or breathe hard three or more of the past seven days.



Physical Activity (cont'd)

Figure 65: Percentage of students who attended physical education (PE) class one or more days during an average school week.

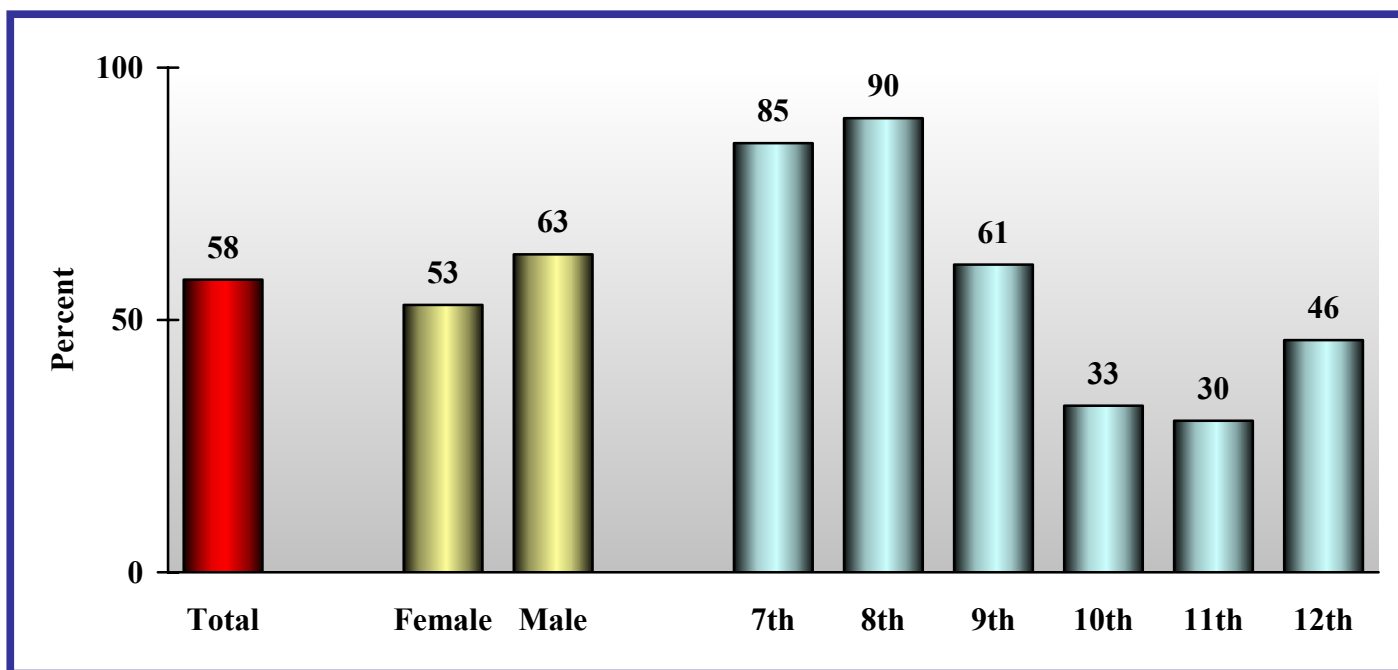
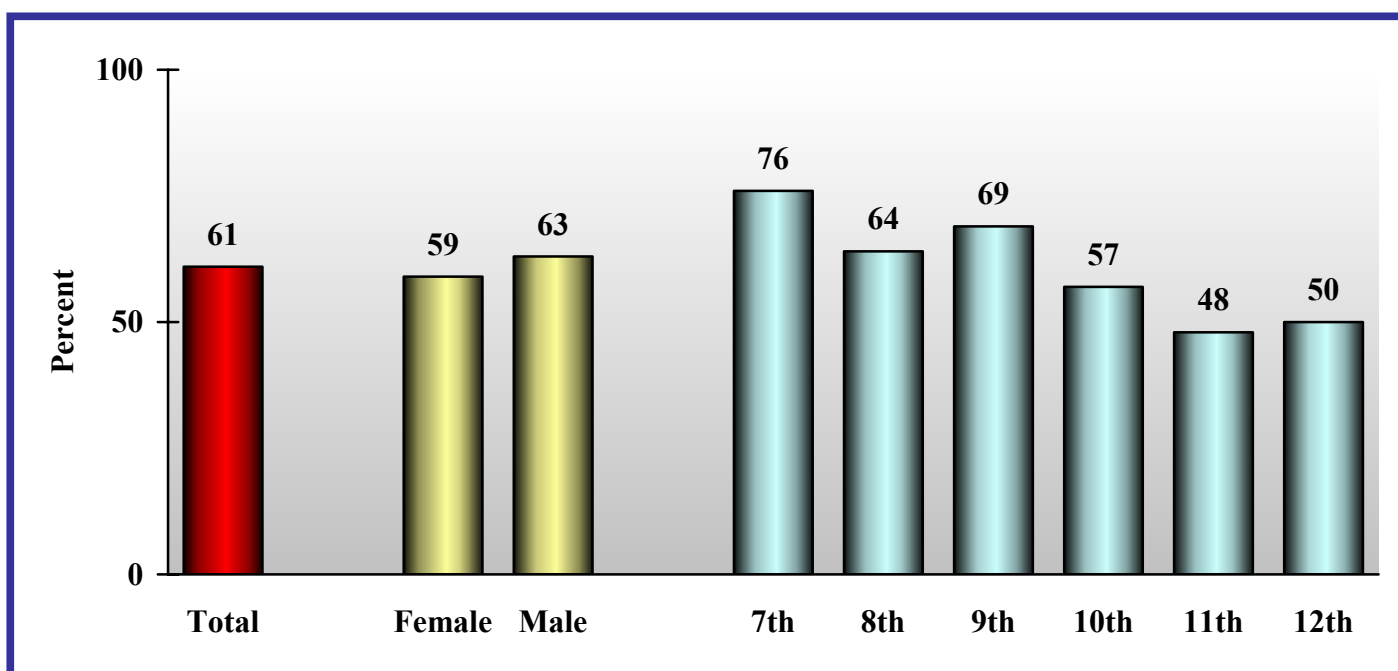


Figure 66: Percentage of students who played on one or more sports teams during the past twelve months.



Violence-Related Behaviors on School Property

Carried a Weapon on School Property:

- Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past thirty days.

Had Property Stolen or Damaged:

- Percentage of students who had their property stolen or deliberately damaged during past twelve months.

Felt Unsafe on the Way or At School:

- Percentage of students who did not go to school on one or more of the past thirty days because they felt unsafe at school or on their way to or from school.

Threatened or Injured on School Property:

- Percentage of students who had been threatened or injured with weapon on school property one or more times during the past twelve months.

Involved in Physical Fight on School Property:

- Percentage of students who were in a physical fight on school property one or more times during the past twelve months.

Table 18: Violence-Related Behaviors on School Property

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Carried a weapon on school property	7	4	10	6	5	5	5	10	12
Had property stolen or damaged	30	31	29	38	33	30	25	26	28
Felt unsafe on the way or at school	6	7	4	7	6	5	6	3	5
Threatened or injured on school property	7	7	7	7	12	8	7	3	7
Involved in physical fight on school property	22	15	30	29	31	29	15	11	15

Violence-Related Behaviors on School Property (cont'd)

Figure 67: Percentage of students who carried a weapon such as a gun, knife or club on school property on one or more of the past thirty days.

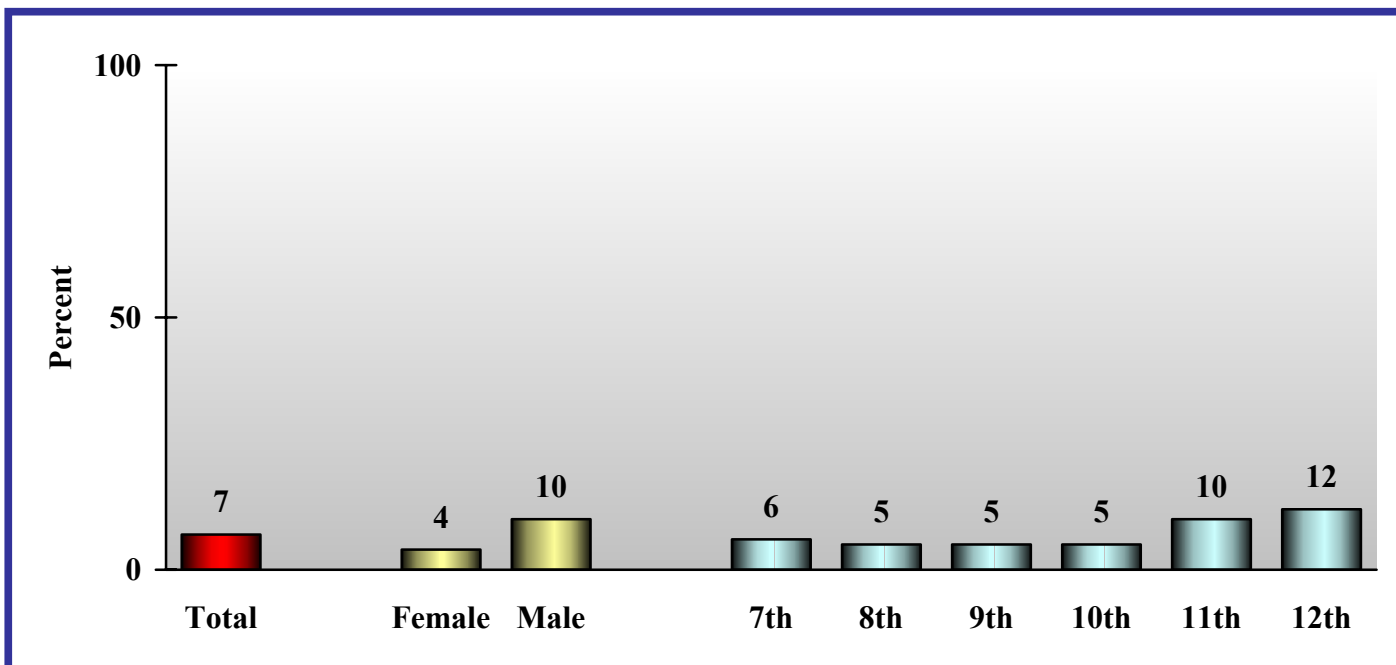
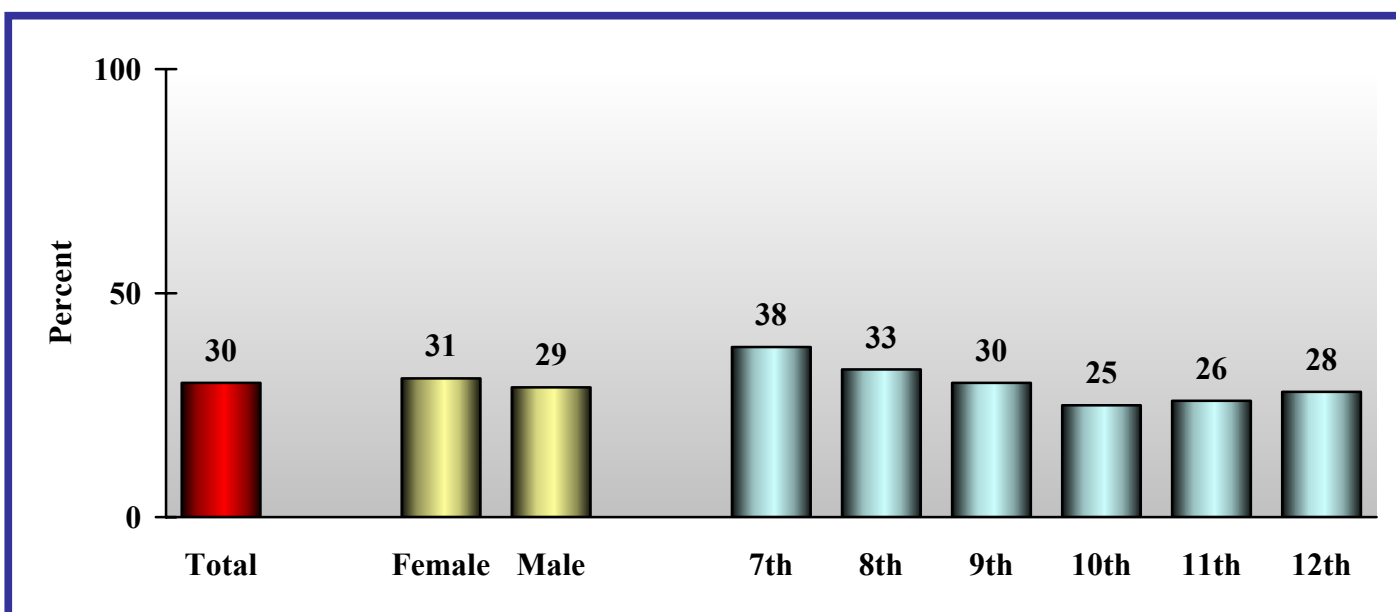


Figure 68: Percentage of students who have had their property stolen or deliberately damaged during the past twelve months.



Violence-Related Behaviors on School Property (cont'd)

Figure 69: Percentage of students who did not go to school on one or more of the past thirty days because they felt unsafe at school or on their way to or from school.

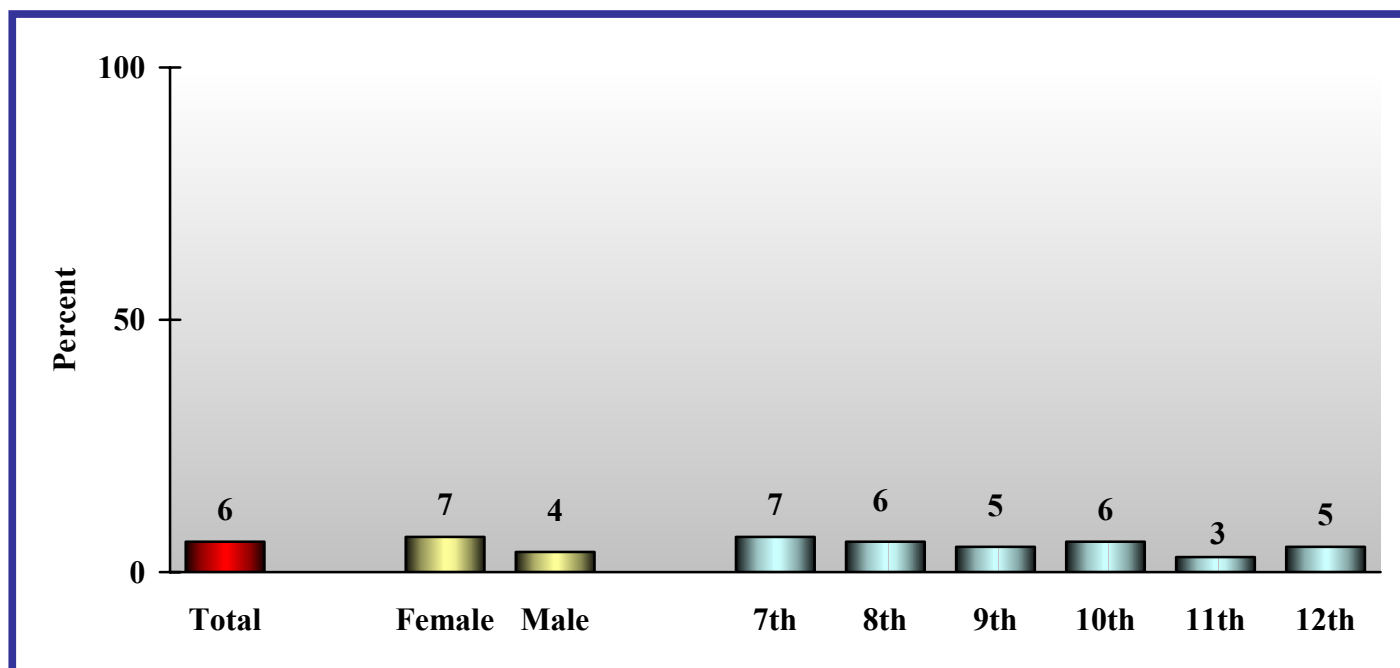
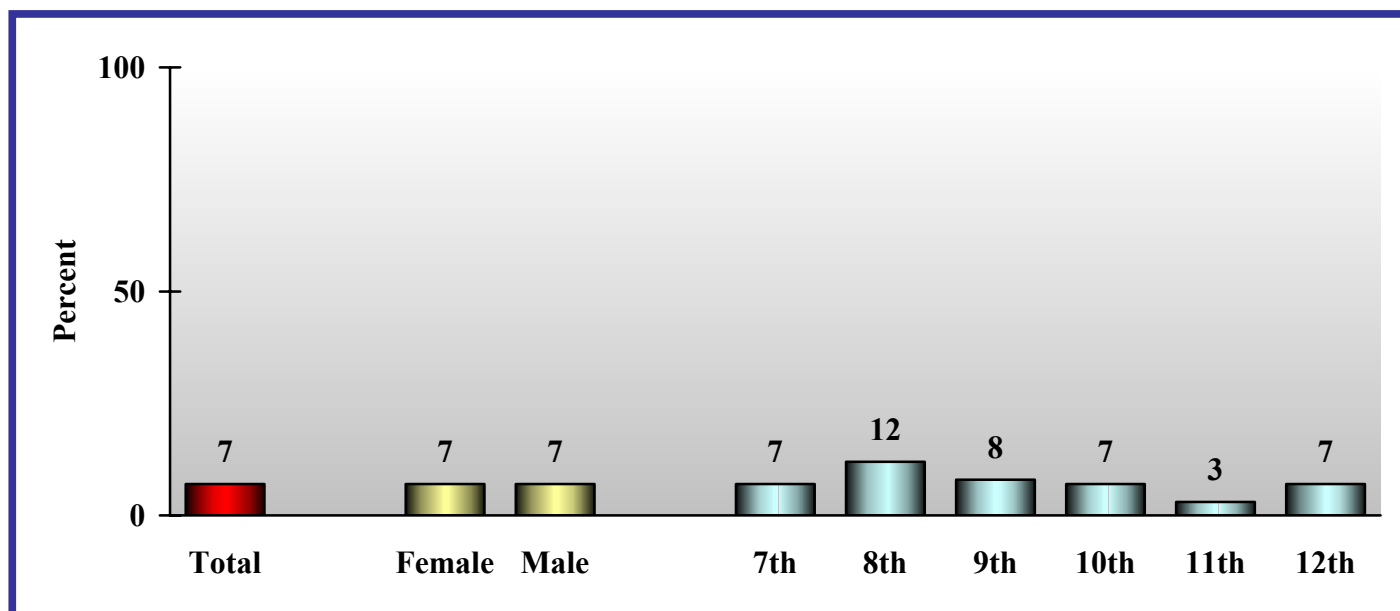
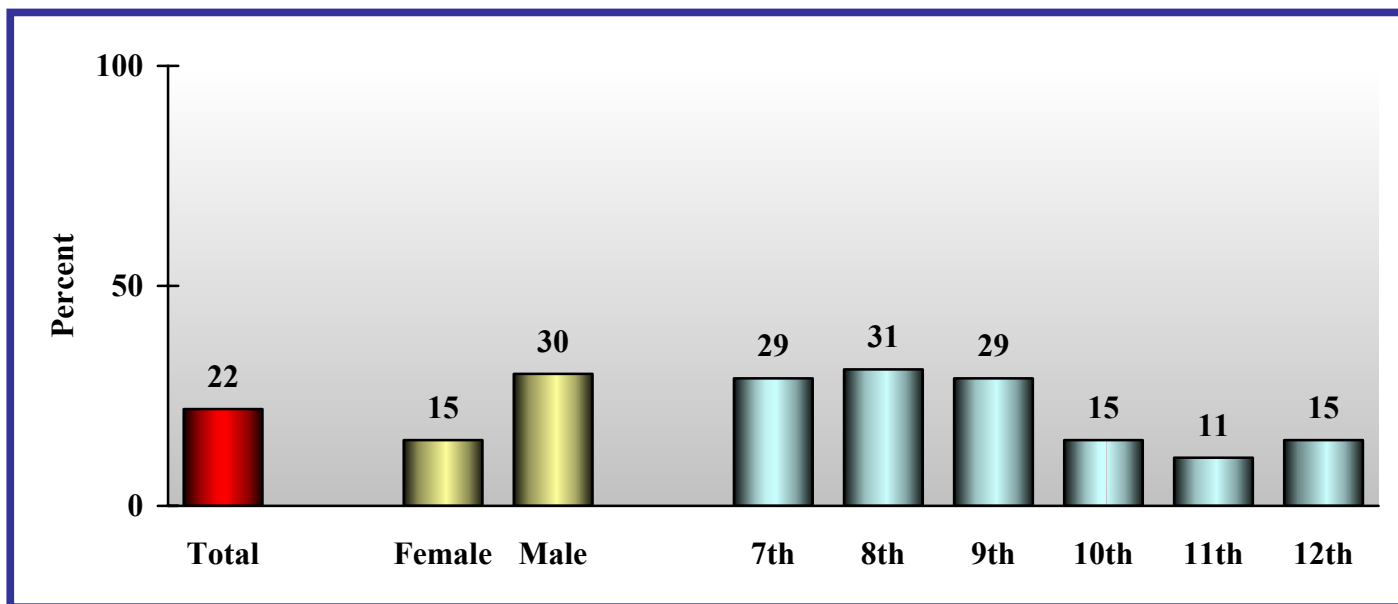


Figure 70: Percentage of students who had been threatened or injured with a weapon on school property one or more times during the past twelve months.



Violence-Related Behaviors on School Property (cont'd)

Figure 71: Percentage of students who were in a physical fight on school property one or more times during the past twelve months.



Tobacco Use on School Property

Smoked Cigarettes on School Property:

- The percentage of students who smoked cigarettes on school property on one or more of the past thirty days.

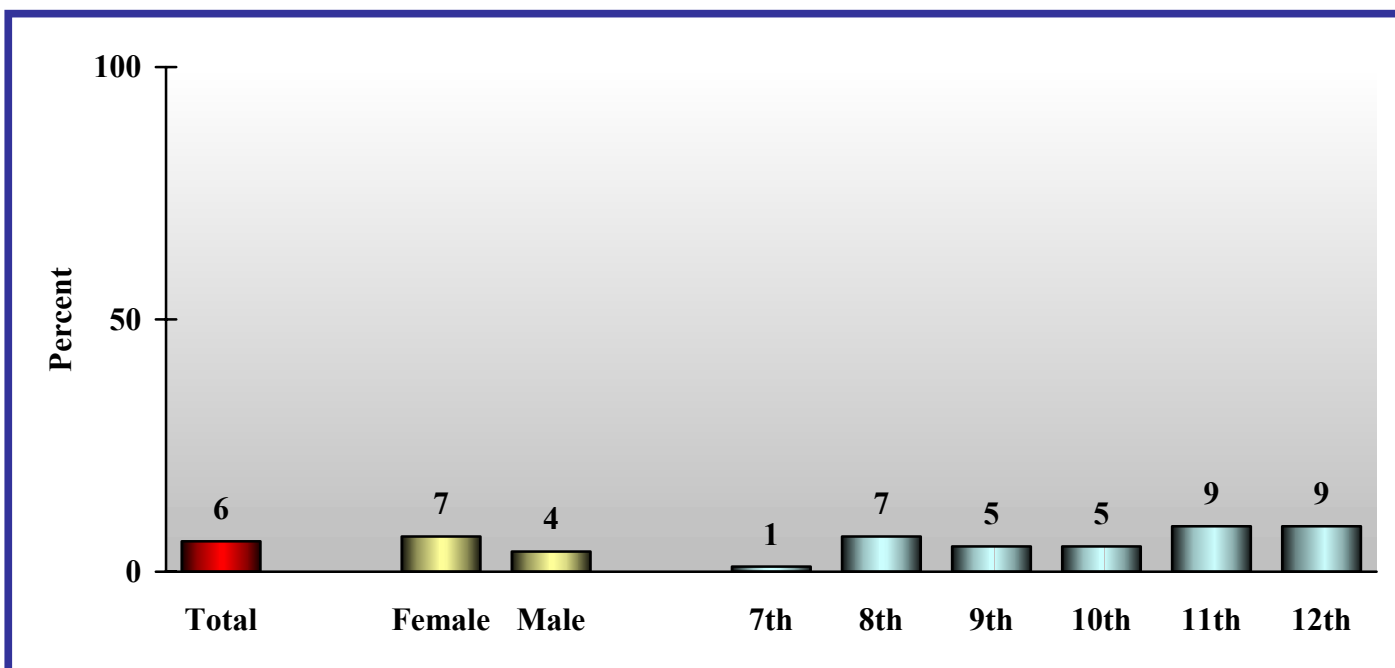
Chewed Tobacco on School Property:

- Percentage of students who used chewing tobacco or snuff on school property on one or more of the past thirty days.

Table 19: Tobacco Use on School Property

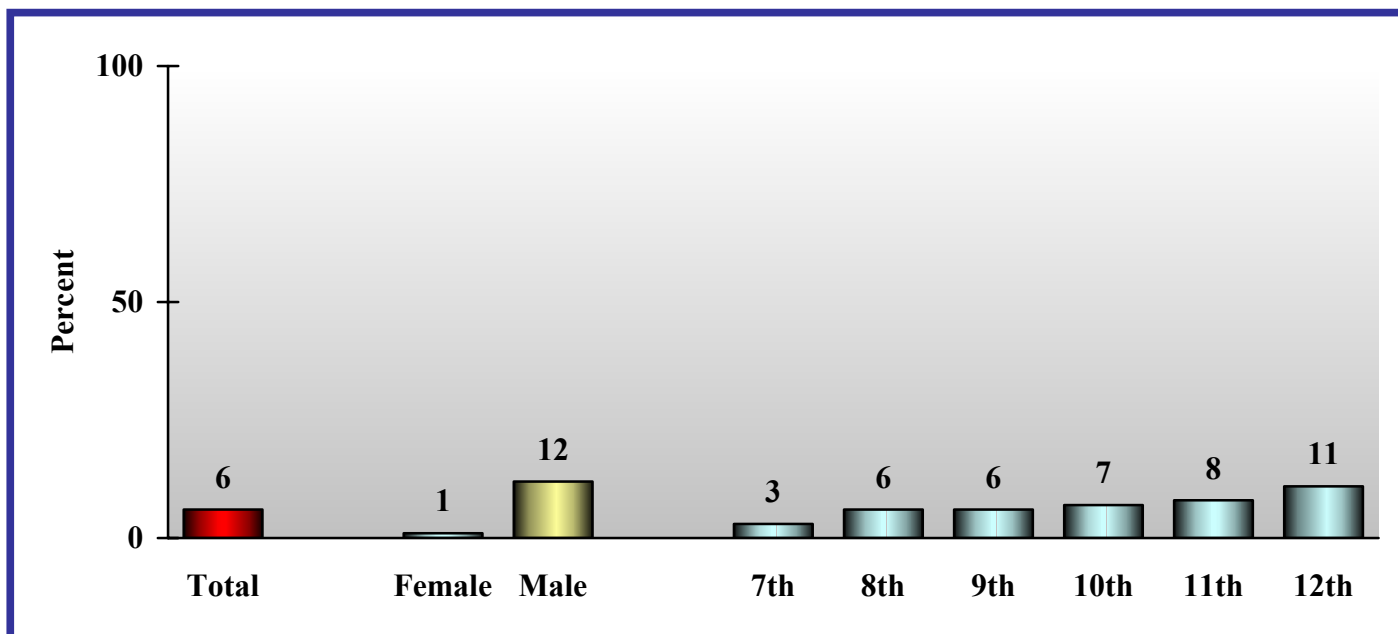
Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Smoked cigarettes on school property	6	7	4	1	7	5	5	9	9
Chewed tobacco on school property	6	1	12	3	6	6	7	8	11

Figure 72: Percentage of students who smoked cigarettes on school property on one or more of the past thirty days.



Tobacco Use on School Property (cont'd)

Figure 73: Percentage of students who used chewing tobacco or snuff on school property on one or more of the past thirty days.



Alcohol Use on School Property

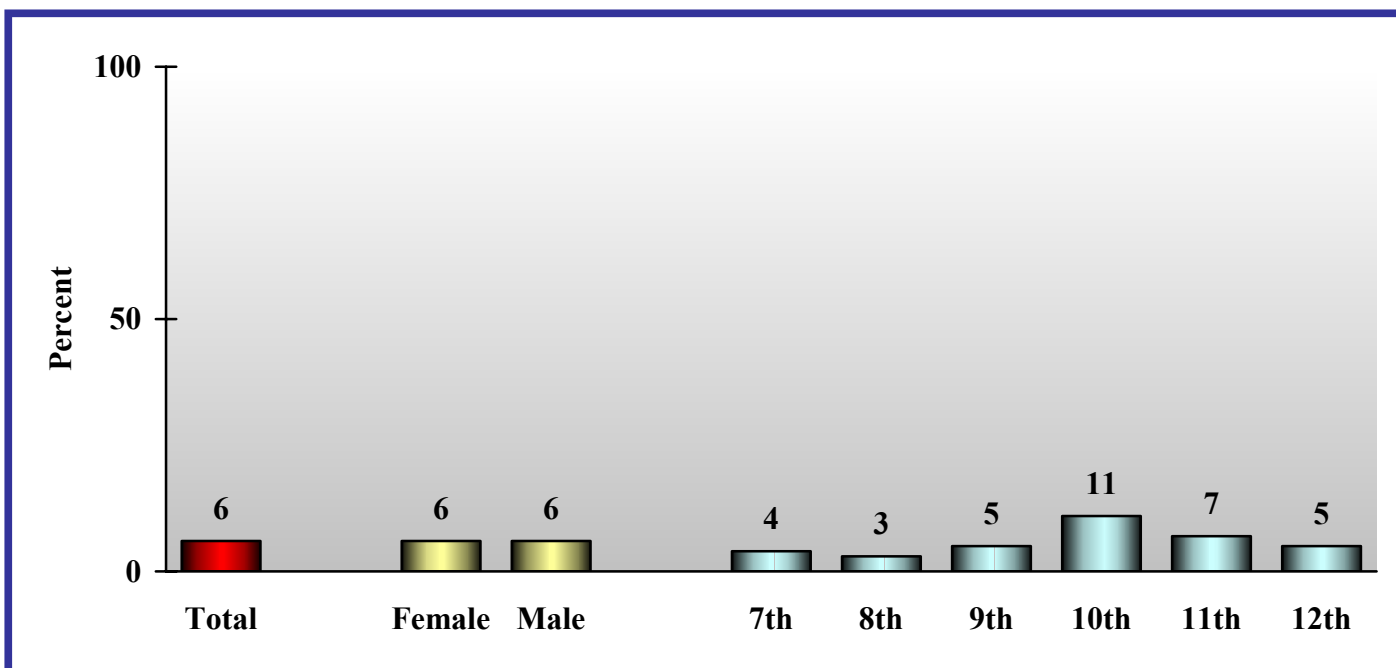
Alcohol Use on School Property:

- Percentage of students who had at least one drink of alcohol on school property on one or more of the past thirty days.

Table 20: Alcohol Use on School Property

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Alcohol use on school property	6	6	6	4	3	5	11	7	5

Figure 74: Percentage of students who had at least one drink of alcohol on school property on one or more of the past thirty days.



Drug Use on School Property

Marijuana Use on School Property:

- The percentage of students who used marijuana on school property during one or more of the past thirty days.

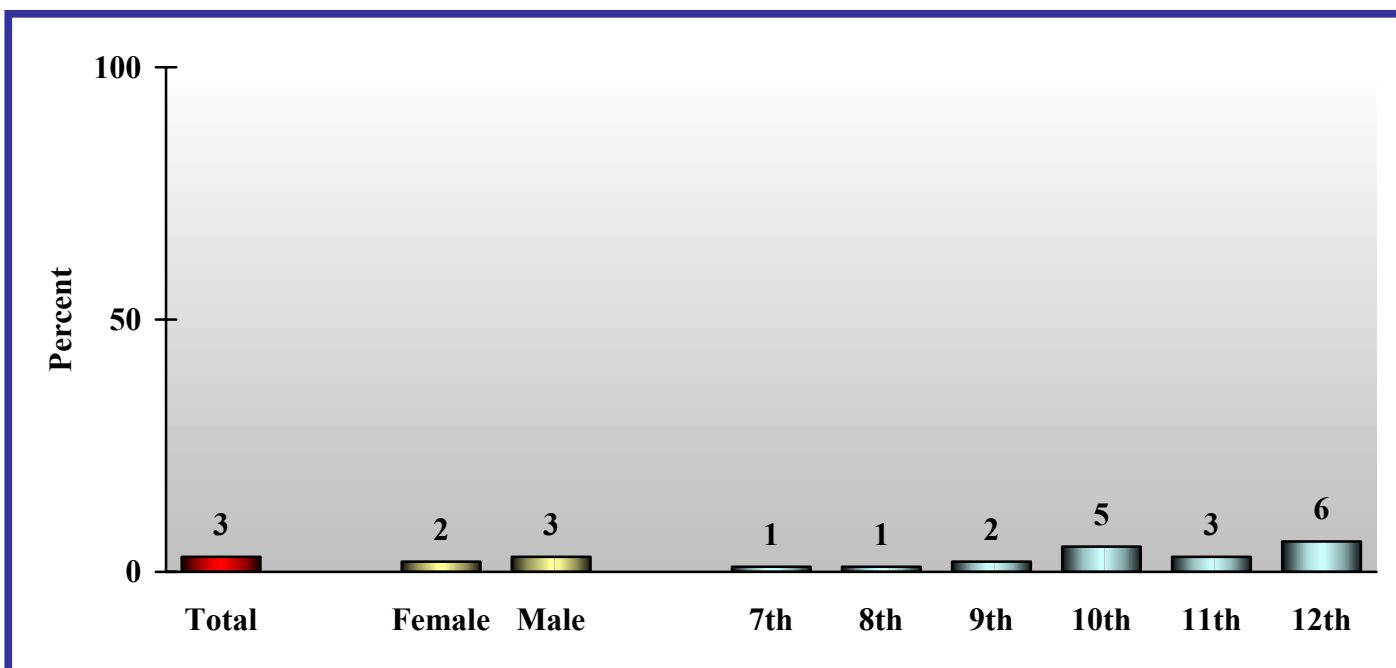
Offer or Sale of Illegal Drugs on School Property:

- Percentage of students who had someone offer, sell, or given them an illegal drug on school property during the past twelve months.

Table 21: Drug Use on School Property

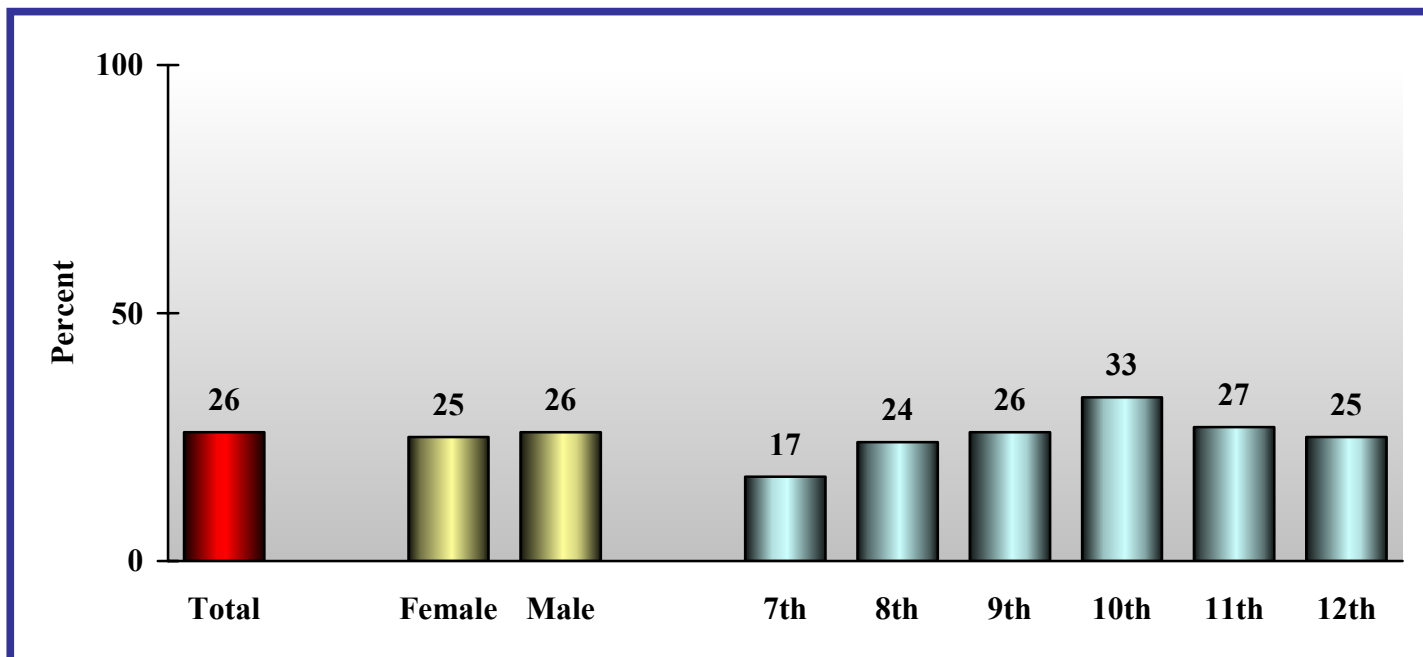
Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Marijuana Use on School Property	3	2	3	1	1	2	5	3	6
Offer or Sale of Illegal Drugs on School Property	26	25	26	17	24	26	33	27	25

Figure 75: Percentage of students who used marijuana on school property on one or more of the past thirty days.



Drug Use on School Property (cont'd)

Figure 76: Percentage of students who had someone offer, sell, or give them an illegal drug on school property during the past 12 months.



Van Buren County 2006 County Youth Health Survey Questionnaire

1. How old are you?		
	Number of Students	Percent of Total
12 OR YOUNGER	53	7
13	121	15
14	137	17
15	154	19
16	157	19
17	120	15
18 OR OLDER	70	9

Frequency Missing = 5

2. What is your sex?		
	Number of Students	Percent of Total
FEMALE	405	50
MALE	407	50

Frequency Missing = 5

3. In what grade are you?		
	Number of Students	Percent of Total
7TH	144	18
8TH	144	18
9TH	131	16
10TH	149	19
11TH	132	16
12TH	105	13

Frequency Missing = 12

5. How do you describe your health in general?		
	Number of Students	Percent of Total
EXCELLENT	161	20
VERY GOOD	275	34
GOOD	294	37
FAIR	66	8
POOR	9	1

Frequency Missing = 12

8. When you rode a bicycle during the past 12 months, how often did you wear a helmet?		
	Number of Students	Percent of Total
DID NOT RIDE	324	40
NEVER WORE	442	54
RARELY WORE	17	2
SOMETIMES WORE	17	2
WORE MOST OF THE TIME	8	1
ALWAYS WORE	5	1

Frequency Missing = 4

9. How often do you wear a seat belt when riding in a car driven by someone else?		
	Number of Students	Percent of Total
NEVER	46	6
RARELY	85	10
SOMETIMES	152	19
MOST OF THE TIME	243	30
ALWAYS	287	35

Frequency Missing = 4

2006 Van Buren County Youth Health Survey

10. During the past thirty days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

	Number of Students	Percent of Total
0 TIMES	611	75
1 TIME	74	9
2-3 TIMES	68	8
4-5 TIMES	20	2
6+ TIMES	37	5

Frequency Missing = 7

11. During the past thirty days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

	Number of Students	Percent of Total
0 TIMES	715	89
1 TIME	34	4
2-3 TIMES	36	4
4-5 TIMES	11	1
6+ TIMES	8	1

Frequency Missing = 13

12. During the past thirty days, on how many days did you carry a weapon such as a gun, knife, or club?

	Number of Students	Percent of Total
0 TIMES	573	72
1 TIME	38	5
2-3 TIMES	52	7
4-5 TIMES	17	2
6+ TIMES	111	14

Frequency Missing = 26

13. During the past thirty days, on how many days did you carry a gun?

	Number of Students	Percent of Total
0 TIMES	693	87
1 TIME	38	5
2-3 TIMES	22	3
4-5 TIMES	17	2
6+ TIMES	28	4

Frequency Missing = 19

2006 Van Buren County Youth Health Survey

14. During the past thirty days, on how many days did you carry a weapon such as a gun, knife, or club on school property?

	Number of Students	Percent of Total
0 TIMES	751	93
1 TIME	21	3
2-3 TIMES	15	2
4-5 TIMES	3	0
6+ TIMES	18	2

Frequency Missing = 9

15. During the past thirty days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

	Number of Students	Percent of Total
0 TIMES	772	94
1 TIME	23	3
2-3 TIMES	13	2
4-5 TIMES	3	0
6+ TIMES	6	1

2006 Van Buren County Youth Health Survey

16. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

	Number of Students	Percent of Total
0 TIMES	750	93
1 TIME	33	4
2-3 TIMES	10	1
4-5 TIMES	4	0
6-7 TIMES	1	0
8-9 TIMES	3	0
12+ TIMES	8	1

Frequency Missing = 8

17. During the past 12 months, how many times has someone stolen or deliberately damaged your property?

	Number of Students	Percent of Total
0 TIMES	566	70
1 TIME	118	15
2-3 TIMES	89	11
4-5 TIMES	15	2
6-7 TIMES	6	1
8-9 TIMES	3	0
10-11 TIMES	1	0
12+ TIMES	14	2

Frequency Missing = 5

18. During the past 12 months, how many times were you in a physical fight?		
	Number of Students	Percent of Total
0 TIMES	488	62
1 TIME	128	16
2-3 TIMES	98	12
4-5 TIMES	30	4
6-7 TIMES	15	2
8-9 TIMES	6	1
10-11 TIMES	2	0
12+ TIMES	18	2

Frequency Missing = 32

19. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?		
	Number of Students	Percent of Total
0 TIMES	760	96
1 TIME	24	3
2-3 TIMES	2	0
4-5 TIMES	1	0
6+ TIMES	1	0

Frequency Missing = 29

20. During the past 12 months, how many times were you in a physical fight on school property?		
	Number of Students	Percent of Total
0 TIMES	632	78
1 TIME	111	14
2-3 TIMES	51	6
4-5 TIMES	8	1
6-7 TIMES	7	1
8-9 TIMES	1	0
12+ TIMES	2	0

Frequency Missing = 5

21. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?		
	Number of Students	Percent of Total
YES	86	11
NO	725	89

Frequency Missing = 6

2006 Van Buren County Youth Health Survey

22. Have you ever been forced to have sexual intercourse when you did not want to?

	Number of Students	Percent of Total
YES	56	7
NO	754	93

Frequency Missing = 7

23. During the past 12 months, did you ever feel sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

	Number of Students	Percent of Total
YES	245	30
NO	566	70

Frequency Missing = 6

24. During the past 12 months, did you ever seriously consider attempting suicide?

	Number of Students	Percent of Total
YES	134	17
NO	638	83

Frequency Missing = 45

2006 Van Buren County Youth Health Survey

25. During the past 12 months, did you make a plan about how you would attempt suicide?

	Number of Students	Percent of Total
YES	112	14
NO	694	86

Frequency Missing = 11

**26. During the past 12 months,
how many times did you actually
attempt suicide?**

	Number of Students	Percent of Total
0 TIMES	641	91
1 TIME	39	6
2-3 TIMES	15	2
4-5 TIMES	4	1
6+ TIMES	6	1

Frequency Missing = 112

27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	Number of Students	Percent of Total
N/A	640	89
YES	18	3
NO	59	8

Frequency Missing = 100

2006 Van Buren County Youth Health Survey

28. Have you ever tried cigarette smoking, even one or two puffs?		
	Number of Students	Percent of Total
YES	460	59
NO	324	41

Frequency Missing = 33

29. How old were you when you smoked a whole cigarette for the first time?		
	Number of Students	Percent of Total
NEVER TRIED	449	57
8 OR YOUNGER	48	6
AGE 9-10	66	8
AGE 11-12	86	11
AGE 13-14	86	11
AGE 15-16	39	5
17 OR OLDER	12	2

Frequency Missing = 31

2006 Van Buren County Youth Health Survey

During the past thirty days, on how many days did you smoke cigarettes?		
	Number of Students	Percent of Total
0 DAYS	597	78
1-2 DAYS	40	5
3-5 DAYS	18	2
6-9 DAYS	13	2
10-19 DAYS	18	2
20-29 DAYS	11	1
ALL thirty DAYS	69	9

Frequency Missing = 51

31. During the past thirty days, on the days you smoked, how many cigarettes did you smoke per day?		
	Number of Students	Percent of Total
NONE IPM	594	78
LT 1 PER DAY	22	3
1/DAY	28	4
2-5/DAY	64	8
6-10/DAY	28	4
11-20/DAY	21	3
21+ /DAY	5	1

Frequency Missing = 55

32. During the past thirty days, how did you usually get your own cigarettes?		
	Number of Students	Percent of Total
NONE IN THE PAST MONTH	596	78
STORE BOUGHT	23	3
MACHINE BOUGHT	1	0
SOMEONE ELSE BOUGHT	56	7
BORROWED THEM	35	5
PERSON 18 OR OLDER GAVE THEM	17	2
TOOK FROM A STORE OR FAMILY MEMBER	16	2
SOME OTHER WAY	23	3

Frequency Missing = 50

33. During the past thirty days, on how many days did you smoke cigarettes on school property?		
	Number of Students	Percent of Total
0 DAYS	760	94
1-2 DAYS	25	3
3-5 DAYS	8	1
6-9 DAYS	3	0
10-19 DAYS	4	0
20-29 DAYS	2	0
ALL thirty DAYS	4	0

Frequency Missing = 11

2006 Van Buren County Youth Health Survey

34. Have you ever smoked cigarettes regularly, that is, at least one cigarette every day for thirty days?

	Number of Students	Percent of Total
YES	130	16
NO	662	84

Frequency Missing = 25

35. Have you ever tried to quit smoking cigarettes?

	Number of Students	Percent of Total
N/A	538	71
YES	134	18
NO	86	11

Frequency Missing = 59

2006 Van Buren County Youth Health Survey

36. During the past thirty days, on how many days did you use chewing tobacco or snuff, such as Redman, Levi Garrett, Beechnut, Skoal, Bandits, or Copenhagen?

	Number of Students	Percent of Total
0 DAYS	701	87
1-2 DAYS	35	4
3-5 DAYS	14	2
6-9 DAYS	8	1
10-19 DAYS	5	1
20-29 DAYS	14	2
ALL thirty DAYS	25	3

Frequency Missing = 15

37. During the past thirty days, on how many days did you use chewing tobacco or snuff on school property?

	Number of Students	Percent of Total
0 DAYS	750	94
1-2 DAYS	19	2
3-5 DAYS	4	0
6-9 DAYS	4	0
10-19 DAYS	7	1
20-29 DAYS	8	1
ALL thirty DAYS	10	1

Frequency Missing = 15

38. During the past thirty days, on how many days did you smoke cigars, cigarillos, or little cigars?		
	Number of Students	Percent of Total
0 DAYS	716	88
1-2 DAYS	51	6
3-5 DAYS	26	3
6-9 DAYS	8	1
10-19 DAYS	8	1
20-29 DAYS	3	0
ALL thirty DAYS	3	0

Frequency Missing = 2

39. During your life, on how many days have you had at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	219	30
1-2 DAYS	88	12
3-9 DAYS	107	15
10-19 DAYS	78	11
20-39 DAYS	70	10
40-99 DAYS	58	8
100+ DAYS	100	14

Frequency Missing = 97

40. How old were you when you had your first drink of alcohol other than a few sips?		
	Number of Students	Percent of Total
NEVER TRIED	214	30
8 OR YOUNGER	87	12
AGE 9-10	73	10
AGE 11-12	114	16
AGE 13-14	149	21
AGE 15-16	66	9
17 OR OLDER	15	2

Frequency Missing = 99

41. During the past thirty days, on how many days did you have at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	467	60
1-2 DAYS	136	17
3-5 DAYS	93	12
6-9 DAYS	39	5
10-19 DAYS	35	4
20-29 DAYS	9	1
ALL thirty DAYS	3	0

Frequency Missing = 35

2006 Van Buren County Youth Health Survey

42. During the past thirty days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

	Number of Students	Percent of Total
0 DAYS	596	74
1 DAY	65	8
2 DAYS	53	7
3-5 DAYS	49	6
6-9 DAYS	25	3
10-19 DAYS	16	2
20+ DAYS	1	0

Frequency Missing = 12

43. During the past thirty days, on how many days did you have at least one drink of alcohol on school property?

	Number of Students	Percent of Total
0 DAYS	760	94
1-2 DAYS	35	4
3-5 DAYS	7	1
6-9 DAYS	2	0
10-19 DAYS	2	0

Frequency Missing = 11

44. During your life, how many times have you used marijuana?		
	Number of Students	Percent of Total
0 TIMES	552	68
1-2 TIMES	60	7
3-9 TIMES	42	5
10-19 TIMES	21	3
20-39 TIMES	33	4
40-99 TIMES	22	3
100+ TIMES	79	10

Frequency Missing = 8

45. How old were you when you tried marijuana for the first time?		
	Number of Students	Percent of Total
NEVER TRIED	552	68
8 OR YOUNGER	23	3
AGE 9-10	33	4
AGE 11-12	62	8
AGE 13-14	85	10
AGE 15-16	46	6
17 OR OLDER	9	1

Frequency Missing = 7

2006 Van Buren County Youth Health Survey

46. During the past thirty days, how many times did you use marijuana?		
	Number of Students	Percent of Total
0 TIMES	676	85
1-2 TIMES	36	5
3-9 TIMES	31	4
10-19 TIMES	16	2
20-39 TIMES	16	2
40+ TIMES	24	3

Frequency Missing = 18

47. During the past thirty days, how many times did you use marijuana on school property?		
	Number of Students	Percent of Total
0 TIMES	792	97
1-2 TIMES	14	2
3-9 TIMES	3	0
10-19 TIMES	5	1
20-39 TIMES	1	0

Frequency Missing = 2

2006 Van Buren County Youth Health Survey

48. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

	Number of Students	Percent of Total
0 TIMES	743	92
1-2 TIMES	32	4
3-9 TIMES	14	2
10-19 TIMES	5	1
40+ TIMES	12	1

Frequency Missing = 11

49. During the past thirty days, how many times did you use any form of cocaine, including powder, crack, or freebase?

	Number of Students	Percent of Total
0 TIMES	782	97
1-2 TIMES	15	2
3-9 TIMES	5	1
10-19 TIMES	2	0
20-39 TIMES	2	0
40+ TIMES	1	0

Frequency Missing = 10

2006 Van Buren County Youth Health Survey

50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Number of Students	Percent of Total
0 TIMES	638	78
1-2 TIMES	76	9
3-9 TIMES	40	5
10-19 TIMES	29	4
20-39 TIMES	12	1
40+ TIMES	18	2

Frequency Missing = 4

51. During your life, how many times have you used heroin (also called smack, junk, or China White)?

	Number of Students	Percent of Total
0 TIMES	795	98
1-2 TIMES	11	1
3-9 TIMES	3	0
10-19 TIMES	1	0
20-39 TIMES	1	0
40+ TIMES	3	0

Frequency Missing = 3

2006 Van Buren County Youth Health Survey

52. During your life, how many times have you used methamphetamines (also called speed, crystal, crank or ice)?

	Number of Students	Percent of Total
0 TIMES	741	92
1-2 TIMES	24	3
3-9 TIMES	15	2
10-19 TIMES	5	1
20-39 TIMES	3	0
40+ TIMES	18	2

Frequency Missing = 11

53. During your life, how many times have you used ecstasy?

	Number of Students	Percent of Total
0 TIMES	762	94
1-2 TIMES	33	4
3-9 TIMES	8	1
10-19 TIMES	2	0
20-39 TIMES	4	0
40+ TIMES	5	1

Frequency Missing = 3

2006 Van Buren County Youth Health Survey

54. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?

	Number of Students	Percent of Total
0 TIMES	773	95
1-2 TIMES	20	2
3-9 TIMES	11	1
10-19 TIMES	5	1
20-39 TIMES	1	0
40+ TIMES	5	1

Frequency Missing = 2

55. During your life, how many times have you used a needle to inject any illegal drug into your body?

	Number of Students	Percent of Total
0 TIMES	799	98
1 TIME	8	1
2+ TIMES	7	1

Frequency Missing = 3

56. During the past 12 months, has anyone offered, sold or given you an illegal drug on school property?

	Number of Students	Percent of Total
YES	208	26
NO	602	74

Frequency Missing = 7

57. Have you ever had sexual intercourse?		
	Number of Students	Percent of Total
YES	332	44
NO	425	56

Frequency Missing = 60

58. How old were you when you had sexual intercourse for the first time?		
	Number of Students	Percent of Total
NEVER	427	56
AGE 11 OR YOUNGER	40	5
AGE 12	46	6
AGE 13	74	10
AGE 14	52	7
AGE 15	68	9
AGE 16	39	5
AGE 17+	15	2

Frequency Missing = 56

59. During your life, with how many people have you had sexual intercourse?		
	Number of Students	Percent of Total
NONE	428	56
1 PERSON	119	16
2 PEOPLE	59	8
3 PEOPLE	44	6
4 PEOPLE	32	4
5 PEOPLE	19	3
6 OR MORE PEOPLE	59	8

Frequency Missing = 57

60. During the past 3 months, with how many people did you have sexual intercourse?		
	Number of Students	Percent of Total
NONE AT ALL	426	56
NONE IN PAST 3 MONTHS	109	14
1 PERSON	154	20
2 PEOPLE	40	5
3 PEOPLE	17	2
4 PEOPLE	8	1
5 PEOPLE	2	0
6 OR MORE PEOPLE	3	0

Frequency Missing = 58

61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?		
	Number of Students	Percent of Total
N/A	427	56
YES	85	11
NO	247	33

Frequency Missing = 58

62. The last time you had sexual intercourse, did you or your partner use condom?		
	Number of Students	Percent of Total
N/A	427	57
YES	222	30
NO	98	13

Frequency Missing = 70

63. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?

	Number of Students	Percent of Total
NEVER HAD SEX	427	57
NO BIRTH CONTROL USED	36	5
BIRTH CONTROL PILLS	34	5
CONDOMS	188	25
DEPO-PROVERA	19	3
WITHDRAWAL	21	3
OTHER	13	2
NOT SURE	7	1

Frequency Missing = 72

64. How do you describe your weight?

	Number of Students	Percent of Total
VERY UNDERWEIGHT	21	3
SLIGHTLY UNDERWEIGHT	80	10
ABOUT THE RIGHT WEIGHT	436	54
SLIGHTLY OVERWEIGHT	233	29
VERY OVERWEIGHT	39	5

Frequency Missing = 8

2006 Van Buren County Youth Health Survey

65. Which of the following are you trying to do about your weight?		
	Number of Students	Percent of Total
LOSE WEIGHT	385	48
GAIN WEIGHT	119	15
STAY THE SAME WEIGHT	151	19
NOT TRYING TO DO ANYTHING	155	19

Frequency Missing = 7

66. During the past thirty days, did you exercise to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	513	63
NO	298	37

Frequency Missing = 6

67. During the past thirty days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	317	39
NO	494	61

Frequency Missing = 6

2006 Van Buren County Youth Health Survey

68. During the past thirty days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	120	15
NO	693	85

Frequency Missing = 4

69. During the past thirty days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	61	8
NO	748	92

Frequency Missing = 8

70. During the past thirty days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	57	7
NO	753	93

Frequency Missing = 7

2006 Van Buren County Youth Health Survey

71. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice?

	Number of Students	Percent of Total
NONE	191	24
1-3 TIMES	278	34
4-6 TIMES	129	16
ONCE PER DAY	68	8
TWICE PER DAY	61	8
3 TIMES PER DAY	44	5
4+ TIMES PER DAY	37	5

Frequency Missing = 9

72. During the past 7 days, how many times did you eat fruit?

	Number of Students	Percent of Total
NONE	160	20
1-3 TIMES	333	41
4-6 TIMES	152	19
ONCE PER DAY	58	7
TWICE PER DAY	63	8
3 TIMES PER DAY	27	3
4+ TIMES PER DAY	20	2

Frequency Missing = 4

73. During the past 7 days, how many times did you eat green salad?		
	Number of Students	Percent of Total
NONE	316	39
1-3 TIMES	301	37
4-6 TIMES	105	13
ONCE PER DAY	55	7
TWICE PER DAY	20	2
3 TIMES PER DAY	7	1
4+ TIMES PER DAY	8	1

Frequency Missing = 5

74. During the past 7 days, how many times did you eat potatoes?		
	Number of Students	Percent of Total
NONE	229	28
1-3 TIMES	412	51
4-6 TIMES	113	14
ONCE PER DAY	31	4
TWICE PER DAY	19	2
3 TIMES PER DAY	2	0
4+ TIMES PER DAY	7	1

Frequency Missing = 4

75. During the past 7 days, how many times did you eat carrots?		
	Number of Students	Percent of Total
NONE	445	55
1-3 TIMES	271	33
4-6 TIMES	55	7
ONCE PER DAY	19	2
TWICE PER DAY	8	1
3 TIMES PER DAY	6	1
4+ TIMES PER DAY	7	1

Frequency Missing = 6

76. During the past 7 days, how many times did you eat other vegetables?		
	Number of Students	Percent of Total
NONE	157	20
1-3 TIMES	314	39
4-6 TIMES	184	23
ONCE PER DAY	68	8
TWICE PER DAY	53	7
3 TIMES PER DAY	18	2
4+ TIMES PER DAY	11	1

Frequency Missing = 12

2006 Van Buren County Youth Health Survey

77. During the past 7 days, how many glasses of milk did you drink?		
	Number of Students	Percent of Total
NONE	100	13
1-3 TIMES	163	20
4-6 TIMES	131	16
ONCE PER DAY	121	15
TWICE PER DAY	135	17
3 TIMES PER DAY	83	10
4+ TIMES PER DAY	65	8

Frequency Missing = 19

78. On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer running, swimming laps, fast bicycling, fast dancing?		
	Number of Students	Percent of Total
0 DAYS	1thirty	16
1 DAY	69	9
2 DAYS	63	8
3 DAYS	67	8
4 DAYS	41	5
5 DAYS	126	16
6 DAYS	52	7
7 DAYS	248	31

Frequency Missing = 21

79. On how many of the past 7 days did you participate in physical activity for at least thirty minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower/mopping floor?

	Number of Students	Percent of Total
0 DAYS	250	31
1 DAY	111	14
2 DAYS	101	13
3 DAYS	72	9
4 DAYS	46	6
5 DAYS	51	6
6 DAYS	36	5
7 DAYS	127	16

Frequency Missing = 23

2006 Van Buren County Youth Health Survey

80. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?

	Number of Students	Percent of Total
0 DAYS	210	26
1 DAY	61	8
2 DAYS	82	10
3 DAYS	70	9
4 DAYS	52	6
5 DAYS	103	13
6 DAYS	44	5
7 DAYS	181	23

Frequency Missing = 14

**81. On an average school day,
how many hours do you watch TV?**

	Number of Students	Percent of Total
NO TV	80	10
LT ONE HOUR	132	17
1 HOUR	111	14
2 HOURS	202	25
3 HOURS	127	16
4 HOURS	66	8
5+ HOURS	81	10

Frequency Missing = 18

2006 Van Buren County Youth Health Survey

82. In an average week when you are in school, on how many days do you go to physical education classes?

	Number of Students	Percent of Total
0 DAYS	311	42
1 DAY	15	2
2 DAYS	16	2
3 DAYS	57	8
4 DAYS	9	1
5 DAYS	328	45

Frequency Missing = 81

83. In an average week when you are in school, on how many minutes do you spend actually exercising or playing sports?

	Number of Students	Percent of Total
NO PE CLASS	311	42
LT 10 MINUTES	30	4
10-20 MINUTES	41	6
21-thirty MINUTES	44	6
31-40 MINUTES	87	12
41-50 MINUTES	124	17
51-60 MINUTES	47	6
OVER 60 MINUTES	58	8

Frequency Missing = 75

84. During the past 12 months, on how many sports teams did you play?		
	Number of Students	Percent of Total
0 TEAMS	310	39
1 TEAM	217	27
2 TEAMS	152	19
3+ TEAMS	115	14

Frequency Missing = 23

85. Have you ever been taught about AIDS or HIV infection in school?		
	Number of Students	Percent of Total
YES	595	75
NO	113	14
NOT SURE	89	11

Frequency Missing = 20

86. Has a doctor or nurse ever told you that you have asthma?		
	Number of Students	Percent of Total
A	204	26
B	557	70
C	33	4

Frequency Missing = 23

87. During the past 12 months, have you had an episode of asthma or an asthma attack?		
	Number of Students	Percent of Total
A	556	71
B	111	14
C	81	10
D	38	5

Frequency Missing = 31

Internet Resources for Educators, Parents, and Teens

For more information about the County Youth Health Survey (CYHS) and the risk behaviors it covers, please see the following Internet resources.

■ ***The Youth Risk Behavior Study***

This page is the United States Centers for Disease Control and Prevention's (CDC's) overview of the methods, results, and uses of CYHS data.

<http://www.cdc.gov/healthyyouth/yrbs/index.htm>

■ ***Violence***

These sites include information about warning signs and prevention of violence among adolescents.

The American Psychological Association's site about youth violence warning signs, and information about how to get help for violent youth.

<http://helping.apa.org/warningsigns/index.html>

This information about understanding violent behavior among youth is provided by the American Academy of Adolescent and Child Psychiatry.

<http://www.aacap.org/publications/factsfam/behavior.htm>

■ ***Tobacco , Alcohol, and Other Drug Use***

These pages provide information about tobacco, alcohol, and other drug use prevention, and treatment for youth and their families.

The Campaign for Tobacco-Free Kids is the country's largest non-government initiative ever launched to protect children from tobacco addiction and exposure to second-hand smoke.

<http://www.tobaccofreekids.org>

Arkansans for Drug Free Youth is an organization dedicated to educating and motivating Arkansas youth, families, and communities in the development of healthy, drug free youth.

<http://www.adfy.com>

PREVline (Prevention Online) offers hundreds of files about alcohol, tobacco, and other drugs from the National Clearinghouse for Alcohol and Drug Information.

<http://www.health.org>

Internet Resources for Educators, Parents, and Teens (cont'd)

■ *Teen Pregnancy and Sexual Behavior*

These sites provide information about teen sexuality, pregnancy, and STD's.

The Alan Guttmacher Institute provides reliable, balanced, nonpartisan information on sexual activity, contraception, abortion, and childbearing. <http://www.agi-usa.org/home.html>

The mission of the National Campaign to Prevent Teen Pregnancy is to prevent teen pregnancy by supporting values and stimulating actions that are consistent with a pregnancy-free adolescence. Their site contains tips for teens, parents, and faith communities on ways they can help prevent teen pregnancy and the spread of sexually transmitted diseases.

<http://www.teenpregnancy.org/>

■ *Nutrition and Physical Activity*

The following sites are dedicated to providing information about healthy eating and exercise.

The American Dietetic Association promotes optimal nutrition and well being for all people.

<http://www.eatright.org>

The American Council on Exercise (ACE) is committed to promoting active, healthy lifestyles and their positive effects on the mind, body and spirit.

<http://www.acefitness.org/>

■ *Mental Health Issues*

This sites provides information regarding mental health issues including depression, suicide, mental illnesses, and how to get help.

The National Mental Health Association is dedicated to promoting mental health, preventing mental disorders and achieving victory over mental illnesses through advocacy, education, research and service.

<http://www.nmha.org>

■ *Parenting Teens*

These links connect to sites for parents of teenagers. Issues covered include tips for communicating with teens, health, education, substance abuse, eating disorders, and other topics of interest to parents of teenagers.

From About.com, a site with original articles about parenting and links to other sites of interest to parents of teens.

<http://parentingteens.about.com/home/parenting/parentingteens/>

From Parent's Soup, a site with articles and information from educators, experts, and parents.

<http://www.parentsoup.com/community/teens.html>

Internet Resources for Educators, Parents, and Teens (cont'd)

■ *Links for Teens*

The following sites are designed for teenagers with content by teens covering a variety of topics including health and education, creative expression, and practical advice.

About.com's site for teenagers, including message boards and creative writing from real teens.

<http://teenexchange.about.com/kidsteens/ktteens/teenexchange/>

Teen Voice is a youth magazine covering issues facing teenage girls and young women today including topics such as health, education, substance abuse, and body image.

<http://www.teenvoices.com>

■ *Miscellaneous*

The Annie E. Casey Foundation is a private charitable organization dedicated to helping build better futures for disadvantaged children in the U.S.

<http://www.aecf.org>

The U.S. Department of Health & Human Services

<http://www.dhhs.gov>